

2015 Artistic Gymnastics BC Championships



Capilano University Sportsplex

North Vancouver, BC

April 10-12, 2015

Workplan #2



FINAL SCHEDULE – March 2015

Thursday, April 9, 2015

19:00 - 19:30 WAG: Coaches Technical Meeting
19:30 - 21:30 WAG: Women's Technical Assembly

Friday, April 10, 2015 – Session 1

7:45 Gym opens – Athletes will not be allowed on the floor until the start of general warm up

Group A: WAG – JO Level 6 2007, 2006, 2005 (31)
Group B: WAG – JO Level 6 2004 (31)

8:00 – 8:20 General warm up
8:00 Judges meeting
8:30 – 11:00 Competition
11:15 Award presentation (all)

Friday, April 10, 2015 – Session 2

Group A: WAG – JO Level 6 2002 (24), 2001: Cartwheel Surrey, Falcon, Glacier, Nanaimo, White Rock (9)
Group B: WAG – JO Level 6 2003 (35)

11:15- 11:35 General warm up
11:15 Judges meeting
11:40 – 14:10 Competition
14:30 Award presentation (all except L6 2001, which will be after session 3)

Friday, April 10, 2015 – Session 3

Group A: WAG – JO Level 6 1997, 1998, 1999, 2000 (22) and 2001: Balance, Cartwheel Richmond, Duncan, Kitimat, Port Alberni, Prince George, Splitz, TAG (12)
Group B: WAG – JO Level 7 2001, 2000, 1999, 1998, 1997 (35)

14:30- 14:50 General warm up
14:30 Judges meeting
15:00 – 17:30 Competition
17:45 Award presentation (all, including 2001)

Friday, April 10, 2015 – Session 4

Group A: WAG – JO Level 7 2005, 2004 (22)

Group B: WAG – JO Level 7 2003, 2002 (32)

18:00 – 18:20 General warm up
18:00 Judges meeting
18:30 – 20:45 Competition
20:45 Award presentation (all)

20:45 - 22:00 WAG: Women's Judges Assembly

Saturday, April 11, 2015 – Session 5

7:45 Gym opens – Athletes will not be allowed on the floor until the start of general warm up

Group A: WAG – JO Level 8 2004, 2003, 2002 (30)

Group B: WAG – JO Level 5 2007-2005 (19) 2004-1999 (20)

8:00 – 8:20 General warm up
8:00 Judges meeting
8:30 – 11:00 Competition
11:15 Award presentation (all)

Saturday, April 11, 2015 – Session 6

Group A: WAG – JO Level 8 1999, 1998, 1997 (19)

Group B: MAG – Level 3 (29)

11:40 – 12:00 General warm up
11:30 MAG Judges meeting
12:10 – 14:00 Competition
14:15 Award presentation (all)

Saturday, April 11, 2015 – Session 7

Group A: WAG – JO Level 8 2001, 2000 (32)

Group B: MAG – Level 4 (18), Elite 4 (4), Elite 3 (9) (Compulsory Day)

14:00 – 14:20 General warm up
14:00 MAG Judges meeting
14:30 – 17:00 Competition
17:15 Award presentation (all)

Saturday, April 11, 2015 – Session 8

Group A: WAG – JO Level 9 (26)

Group B: MAG – Novice (4), Junior (1), Senior (12), Level 5 (9), National Open (5)

17:00 – 18:30	MAG 90 minute Open warm up – The floor will be available for warm up until 18:10. After which 18:10, the floor will be reserved for the WAG warm up.
17:30	MAG Judges meeting
18:10 – 18:30	WAG General warm up
18:10	WAG Judges meeting
18:40 – 21:00	Competition
21:15	Award presentation
21:15 – 22:30	MAG: Men's Technical Assembly

Sunday, April 12, 2015 – Session 9

7:45 Gym opens – Athletes will not allowed on the floor until the start of general warm up

Group A: WAG – CPN Aspire (16), Elite (13)

Group B: MAG – Level 1 (Balance, Campbell River, Chimo, Delta, Flicka, Flip City, Nanaimo)

8:00 – 8:20	General warm up
8:00	Judges meeting
8:30 – 11:00	Competition
11:15	Award presentation (all)

Sunday, April 12, 2015 – Session 10

Group A: WAG – National / HP Novice (16)

Group B: MAG – Level 1 (Langley, OGC, Selkirk, Surrey, TAG, Twisters, Phoenix, Richmond)

11:00 – 11:20	General warm up
11:00	MAG and WAG Judges meeting
11:30 – 13:30	Competition
13:45	Award presentation (all)

13:30 – 14:00 WAG: Meeting with parents of National/HP Novice and Open athletes attending Canadian Championships (the meeting will start as soon as the Novice session is done).

Sunday, April 12, 2015 – Session 11

Group A: WAG – National Open, Junior (30)

Group B: MAG – Level 2 (25), Elite 4 (4), Novice (4) (Optional Day)

13:30 – 13:50 General warm up

13:30 Judges meeting

14:00 – 16:30 Competition

16:45 Award presentation (all)

16:30 – 17:30 MAG: MTC meeting (Team Selection for Canadian Championships)

16:30 – 17:30 WAG: WTC meeting (Team Selection for Canadian Championships)