

## Minutes ~ Gymnastics For All Committee Meeting ~ September 26, 2014

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|---|--|----------------------|
| Location: GBC Office & Conference Call  |  | Time: 11:30 a.m. PST |
| <b>Attendance (GBC Office):</b><br>Aimee Kapil – Gymnastics BC (GBC)<br>Brittany Cawson – Gymnastics BC (GBC)<br>Mary Morice - Nanaimo Gymnastics (NGS)<br>Jaynie Ostrosser – Surrey Gymnastics (SGS)<br>Vicky Wong – Starjumper Performance (SP) | <b>Regrets:</b><br>Tami Mitchell – Whistler Gymnastics (WG)<br>Lisa Brougham – Bowen Island Gymnastics (BIG)<br>Chantelle Yates – North Peace Gymnastics (NPG) | <b>Absent:</b>       |
| <b>Conference Call:</b><br>Jen Smith – White Rock Gymnastics (WRG)<br>Penny Erickson – Kamloops Gymnastics (KGTC)   |  |                      |

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1. Welcome and call to order
2. Agenda
  - 2.1. Additions to agenda: no additions to the agenda.
  - 2.2. Approve agenda:

**Motion: “To approve of the GFA Committee agenda for Friday September 26, 2014”**

**Erickson, Penny (KGTC)/Smith, Jen (WRG)**

**Approved**

3. Program areas
  - 3.1. *Kids CanMove* – Instructor Course in North West Territories  
 GBC was approached by the NWT to deliver a KCM instructor course so that they are able to go into schools in their area to implement the program. A. Kapil to find out more details in terms of whether they are looking to purchase the entire program or just have access to the training component. A. Kapil will also look into cost of delivery. It was also brought up that if it goes ahead, school teachers, as well as clubs should receive training.
  - 3.2. *Kids CanMove* – Pre-school program  
 P. Erickson, M. Morice, and A. Kapil scheduled a conference call for next week to discuss the next steps in moving this program forward.
  - 3.3. 2015 World Gymnaestrada Funding  
 There is potential to offer funding to clubs, athletes, and coaches attending the 2015 World Gymnaestrada in Finland. Committee was asked whether this is an area that they would like to support. The consensus was that yes, the GFAC would like to support this area. As done in the past, a per athlete/coach funding allocation was thought to be fair. An idea brought forward was that perhaps the GFA budget could be increased for the 2015-16 year to help World

Gymnaestrada athletes and coaches. Another idea was that perhaps in the future, a portion of the BC Gymnaestrada revenue could be set aside to go towards Worlds. A. Kapil to research these ideas and this item will be discussed again at future meetings.

#### 3.4. GFA Retreat for Jan 2015.

The Winter retreat for 2015 has been tentatively scheduled for Jan 11-12. Location TBC, however it will be in the Lower Mainland. A 'sleepover' type retreat at a gymnastics club was discussed as a fun lower cost option to attract more coaches. The plan would be to begin on Saturday late afternoon, and all day Sunday. A. Kapil to confirm location, logistics, and details.

#### 3.5. Special Needs – Rebound Therapy

Rebound Therapy, a program that uses the trampoline to provide therapy to individuals was developed in the UK and now has a certified trainer in Alberta. The committee expressed interest in learning more about this program, and whether a speaker might be able to come out to the GFA retreat in January to learn more about it.

#### 3.6. ACRiX equipment

There is currently unused ACRiX equipment at the GBC office. A. Kapil to distribute some out to clubs for use in their programming.

#### 3.7. Interclub – 2014-15 Guide

No new changes to the Interclub guide for the 2015-16 year. There was a discussion around adjudicator evaluations of athletes and inconsistency between different events. The artistic guidelines chart will be made available as a separate document for easier access for adjudicators. Future monthly PLAY newsletters will also include 'tips' from the program. There was a discussion surrounding the effect JO will have on the Interclub program. The Interclub program will remain the same for this year; coaches will have the opportunity in the future to possibly incorporate some JO skills into their coaching. There was also a discussion about keeping the link between Interclub and High school gymnastics. A. Kapil to use the High School program as an extra resource under Interclub.

#### 3.8. Gymnaestrada – Sprung Floor

It was brought up that in order for some athletes to be able to perform skills safely, it would be beneficial if a sprung floor could be used at Gymnaestrada. The idea was discussed – it was pointed out that currently a non-sprung floor is used at Canadians, Westerns, and Worlds, so it would make sense if BC kept consistent with the current trend. A. Kapil to research which direction GCG is headed on this item, and what the cost would be to have a sprung floor at a provincial event.

#### 4. Next meeting:

Next meeting scheduled for **Friday December 12 at 11:30 a.m.** at the GBC Office & by conference call.

#### 5. Adjournment

**Motion: 'To adjourn the Friday September 26, 2014 GFA Assembly.**

**Ostrosser, Jaynie (SGS)/Erickson, Penny (KGTC)**

**Approved**