



**Call for
Applications to
Host:
2019 BC
Gymnaestrada**

August 2017



Gymnastics BC is seeking proposals from GBC full member clubs interested in being the club host for the 2019 BC Gymnaestrada.

Gymnaestrada is a unique form of participation in gymnastics. It is a celebration of Gymnastics For All that is non-competitive, and includes a variety of performance, games and sport activities, with or without apparatus. It is inclusive – participants of all ages, skill levels and those with physical or developmental disabilities are welcomed.

The main purpose of Gymnaestrada is mass participation in gymnastics. The goals of Gymnaestrada are to promote and encourage the growth of Gymnastics For All, inspire and encourage joy in exercise and lifelong love of activity, and to demonstrate the development of its participants.

About BC Gymnaestrada

The BC Gymnaestrada is held each spring and is the largest recreational gymnastics event in British Columbia. Offering workshops, performance opportunities and fun, it is a two or three-day event attended by 500 or more participants from throughout B.C. Additionally, groups from other provinces have been known to participate in this special event.

The BC Gymnaestrada offers a unique opportunity for full member clubs to be actively involved in planning and coordinating this weekend event. In addition to helping grow and enhance the event, the BC Gymnaestrada may benefit your club by:

- Raising your profile amongst gymnastics providers;
- Showcasing your club and community;
- Establishing a collaborative relationship with Gymnastics BC; and
- Raising funds for your club.

New ideas and initiatives are encouraged to continue to expand the scope of the BC Gymnaestrada.

Gymnastics BC manages the organization of the BC Gymnaestrada in conjunction with the club host. In order to plan and execute a successful BC Gymnaestrada, host clubs should be:

- Highly organized and cooperative;
- Willing to collaborate with Gymnastics BC;
- Able to dedicate 10-11 months of planning leading up to the event;
- Child focused;
- Passionate about recreational gymnastics and the Gymnastics For All philosophy; and
- Able to assemble and manage a team of parent and/or community volunteers and committee members

Budget

BC Gymnaestrada expenses such as facility rental, honorariums, audio/visual support and administration will be recovered through registration and sponsorship. Community and event grants may also be included in the budget. In the past five years, host clubs have earned between \$11,000 and \$17,000 on the event.

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Proposed dates

2019

- May 10 – 12, 2019 (preferred)
- May 24 – 26, 2019

Based on the proposal, the event may take place over two to three days (Friday, Saturday and Sunday).

Requirements

Please see Appendix A for BC Gymnaestrada hosting requirements.

Submitting a proposal and deadline

Proposals may be completed using the application form (Appendix B). The deadline to submit completed applications is [Friday, September 22 at 4:00 p.m.](#)

Contact information

Please direct all responses and/or any questions to:

Keara Hooi
Gymnastics For All Manager

Gymnastics BC
268-828 West 8th Ave
Vancouver, BC V5Z 1E2
604-333-3494
khooi@gymbc.org



Appendix A ~ Requirements

Items	Description
Facility	<ul style="list-style-type: none"> • Large facility capable of accommodating performance, rehearsal session and <u>at least</u> six workshops with 30+ athletes in each (please see attached appendix C for sample workshop schedule) • Seating for a <u>minimum</u> of 1000 spectators for the Gymnaestrada performances. If the venue itself does not meet the minimum, then there should be enough space to bring in temporary seating. • Two additional rooms available for hospitality (coaches, volunteers) and meetings in venue. • Sufficient parking in proximity to the venue to accommodate all spectators. • A facility exclusively available for the Gymnaestrada dates (no other programming). • Time available for set-up and take-down.
Equipment	<ul style="list-style-type: none"> • Use of a 40x40 non-sprung floor (or ability to bring to the facility). • Provision of other small pieces of equipment for routines. • 4 strips (minimum) of additional non-sprung floor or similar adequate matting for performance day warm-up.
Hotel accommodation	<ul style="list-style-type: none"> • It is necessary that there are enough accommodation options in the vicinity of your club/facility that meet the following criteria: <ul style="list-style-type: none"> ○ 100 – 150 rooms in close proximity of the venue ○ Inclusive breakfast preferred ○ Competitive rates <p>*Please note Gymnastics BC will send an RFP to all hotels in the community after confirmation of the host club. Please do NOT secure hotels ahead of time.</p>

Note: If you are interested in hosting the event, but do not meet all the requirements, please contact us to discuss.



Appendix B ~ Application form for 2019 BC Gymnaestrada (page 1 of 2)

Club name:

Contact person:	Phone number:	E-mail Address:
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Application for:

2019 BC Gymnaestrada

Preferred dates:	Alternative dates #1:	Alternative dates #2:
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Facility and equipment

Proposed facility:	40x40 non-sprung floor available: <input type="checkbox"/> Yes <input type="checkbox"/> No	Additional 4 strips (min.) floor available*: <input type="checkbox"/> Yes <input type="checkbox"/> No <small>*please see Appendix A- Equipment</small>
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Address:

Facility costs (including all meeting rooms):	Venue size:	Number of rooms (excluding performance venue):	Number of parking spots:
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Additional facility information:

Hotel information - Please list recommended hotels in close proximity to the proposed facility

Please note: Gymnastics BC will send an inquiry to all hotels in the community after confirmation of the host club. Please do NOT secure hotels ahead of time.

Hotel name:	Distance to venue:	Average cost of rooms:

Additional hotel information:

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Appendix B ~ Application form for 2019 BC Gymnaestrada (page 2 of 2)

Other information

Please outline other information such as new ideas, new initiatives, specific service, expertise, hosting grant access, volunteer base, sponsorship opportunities which you feel enhances your application to be the club host for the 2019 BC Gymnaestrada:

Office use only

Date received:

Notified to decision:

Yes Date:

Call for 2019 BC Gymnaestrada club hosts

#268 - 828 West 8th Ave • Vancouver, BC V5Z 1E2 • P 604-333-3496 • info@gymbc.org • www.gymbc.org



Appendix C ~ Sample Workshop Schedule (2017)

Morning Session (8:45 a.m. - 1:00 p.m.)							
8:30 - 8:45	Registration (Fieldhouse past the parent-drop off point)						
8:45 - 9:00	Warm Up Champion Court (performance floor) and Coaches Meeting (beside registration area)						
	THEATRE <i>West Track</i>	DANCE <i>North Track</i>	PYRAMIDS/ ACRO <i>Middle Court</i>	HAND APPARATUS <i>South Track</i>	PARKOUR/ TRAMP/DM <i>KGTC Gym</i>	BREAK/Extra Practice <i>Track: by bleachers</i>	REHEARSAL <i>Champion Court</i>
9:00 a.m. - 9:30 a.m.	White Rock 1 (28); White Rock 2 (9)	Illusions Rhythmic (25); Arbutus Club (8)	Whistler 1 (28)	Victoria Rhythmic (20); Gym Sense (14)	Twisters (20); Britannia (17)	Whistler 1 (21); Nanaimo (12)	KGTC 1 (13); KGTC 2 (19)
9:35 a.m. - 10:05 a.m.	KGTC 1 (13); KGTC 2 (19)	White Rock 1 (28); White Rock 2 (9)	Illusions Rhythmic (25); Arbutus Club (8)	Whistler 1 (28)	Victoria Rhythmic (20); Gym Sense (14)	Twisters (20); Britannia (17)	Whistler 1 (21); Nanaimo (12)
10:10 a.m. - 10:40 a.m.	Whistler 1 (21); Nanaimo (12)	KGTC 1 (13); KGTC 2 (19)	White Rock 1 (28); White Rock 2 (9)	Illusions Rhythmic (25); Arbutus Club (8)	Whistler 1 (28)	Victoria Rhythmic (20); Gym Sense (14)	Twisters (20); Britannia (17)
10:45 a.m. - 11:15 a.m.	Twisters (20); Britannia (17)	Whistler 1 (21); Nanaimo (12)	KGTC 1 (13); KGTC 2 (19)	White Rock 1 (28); White Rock 2 (9)	Illusions Rhythmic (25); Arbutus Club (8)	Whistler 1 (28)	Victoria Rhythmic (20); Gym Sense (14)
11:20 a.m. - 11:50 a.m.	Victoria Rhythmic (20); Gym Sense (14)	Twisters (20); Britannia (17)	Whistler 1 (21); Nanaimo (12)	KGTC 1 (13); KGTC 2 (19)	White Rock 1 (28); White Rock 2 (9)	Illusions Rhythmic (25); Arbutus Club (8)	Whistler 1 (28)
11:55 a.m. - 12:25 p.m.	Whistler 1 (28)	Victoria Rhythmic (20); Gym Sense (14)	Twisters (20); Britannia (17)	Whistler 1 (21); Nanaimo (12)	KGTC 1 (13); KGTC 2 (19)	White Rock 1 (28); White Rock 2 (9)	Illusions Rhythmic (25); Arbutus Club (8)
12:30 p.m. - 1:00 p.m.	Illusions Rhythmic (25); Arbutus Club (8)	Whistler 1 (28)	Victoria Rhythmic (20); Gym Sense (14)	Twisters (20); Britannia (17)	Whistler 1 (21); Nanaimo (12)	KGTC 1 (13); KGTC 2 (19)	White Rock 1 (28); White Rock 2 (9)
End of Morning Workshops							

Afternoon Session (1:45 p.m. - 6:00 p.m.)							
1:30 - 1:45	Registration (Fieldhouse past the parent-drop off point)						
1:45 - 2:00	Warm Up Champion Court (performance floor) and Coaches Meeting (beside registration area)						
	THEATRE <i>West Track</i>	DANCE <i>North Track</i>	PYRAMIDS/ ACRO <i>Middle Court</i>	HAND APPARATUS <i>South Track</i>	PARKOUR/ TRAMP/DM <i>KGTC Gym</i>	BREAK/Extra Practice <i>Track: by bleachers</i>	REHEARSAL <i>Champion Court</i>
2:00 p.m. - 2:30 p.m.	Airdrie (14); Ultra (10); Dreams (11)	Delta Gymnastics (29); Quesnel (10)	Wayland: Surrey (20); Richmond (17); Chillwack (5)	Flip City (21); Calgary (16)	Okanagan Gymnastics (6); Bowen Island (35)	SCRG (31); Flicka (7)	Splitz (41)
2:35 p.m. - 3:05 p.m.	Splitz (41)	Airdrie (14); Ultra (10); Dreams (11)	Delta Gymnastics (29); Quesnel (10)	Wayland: Surrey (20); Richmond (17); Chillwack (5)	Flip City (21); Calgary (16)	Okanagan Gymnastics (6); Bowen Island (35)	SCRG (31); Flicka (7)
3:10 p.m. - 3:40 p.m.	SCRG (31); Flicka (7)	Splitz (41)	Airdrie (14); Ultra (10); Dreams (11)	Delta Gymnastics (29); Quesnel (10)	Wayland: Surrey (20); Richmond (17); Chillwack (5)	Flip City (21); Calgary (16)	Okanagan Gymnastics (6); Bowen Island (35)
3:45 p.m. - 4:15 p.m.	Okanagan Gymnastics (6); Bowen Island (35)	SCRG (31); Flicka (7)	Splitz (41)	Airdrie (14); Ultra (10); Dreams (11)	Delta Gymnastics (29); Quesnel (10)	Wayland: Surrey (20); Richmond (17); Chillwack (5)	Flip City (21); Calgary (16)
4:20 p.m. - 4:50 p.m.	Flip City (21); Calgary (16)	Okanagan Gymnastics (6); Bowen Island (35)	SCRG (31); Flicka (7)	Splitz (41)	Airdrie (14); Ultra (10); Dreams (11)	Delta Gymnastics (29); Quesnel (10)	Wayland: Surrey (20); Richmond (17); Chillwack (5)
4:55 p.m. - 5:25 p.m.	Wayland: Surrey (20); Richmond (17); Chillwack (5)	Flip City (21); Calgary (16)	Okanagan Gymnastics (6); Bowen Island (35)	SCRG (31); Flicka (7)	Splitz (41)	Airdrie (14); Ultra (10); Dreams (11)	Delta Gymnastics (29); Quesnel (10)
5:30 p.m. - 6:00 p.m.	Delta Gymnastics (29); Quesnel (10)	Wayland: Surrey (20); Richmond (17); Chillwack (5)	Flip City (21); Calgary (16)	Okanagan Gymnastics (6); Bowen Island (35)	SCRG (31); Flicka (7)	Splitz (41)	Airdrie (14); Ultra (10); Dreams (11)
End of All Workshops							

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