

2019 TG Canadian Championships Schedule (Detailed-Draft July 10)

THURSDAY, JULY 25th

	TUMBLING		TRAMPOLINE Training Gym	TRAMPOLINE Competition Gym	DMT		
TRAINING & MEETINGS	9:00 - 10:45	TRAINING #1: ON (122) ** (minus Airborne North, Airborne KW and Synergy)					
	10:45 - 12:15	TRAINING#2: QC (75), NB (7), SK (11)					
	12:15 - 13:45	TRAINING #3: AB (71), NS (11), NL (1) ** Plus (ON) Synergy (6 TRA)					
	13:45 - 15:15	TRAINING #4: BC (65), MB (3) ** Plus (ON) Airborne Trampoline North & Airborne KW (11TRA)					
	13:00 - 15:00	JUDGE CHAIRS OF CANADA MEETING (Location: Boardroom)					
	15:15 - 15:45	JUDGES TECHNICAL MEETING (Location: Boardroom)					
	15:15 - 15:45	ORIENTATION MEETING (Coaches) - Location: G213					
	15:50-16:35	GENERAL WARM-UP (BLOCK 1)					
16:35-16:45	OPENING CEREMONIES						
BLOCK 1		16:00 - 16:45	SYN L5 W (Flight 1 - 15)		16:45 - 17:05	TRAINING	L5 17+ M (12)
		16:45 - 17:15	SYN L5 W (Flight 2 - 15)	SYN L5 W (Flight 1 - 15)	17:05 - 17:40	COMP	
		17:15 - 17:45	SYN L5 W (Flight 3 - 14)	SYN L5 W (Flight 2 - 15)	17:40 - 18:00	TRAINING	L6 18+ M (13)
		17:45 - 18:15	SYN L5 M (Flight 1 - 13)	SYN L5 W (Flight 3 - 14)	18:00 - 18:35	COMP	
		18:15 - 18:45	SYN L5 M (Flight 2 - 13)	SYN L5 M (Flight 1 - 13)	18:35 - 18:55	TRAINING	L6 18+ W (14)
		18:45 - 19:15	SYN SENIOR W (4)	SYN L5 M (Flight 2 - 13)	18:55 - 19:30	COMP	
		19:15 - 19:45	SYN SENIOR M (8)	SYN SENIOR W (4)	19:30 - 19:50	TRAINING	L6 17U M (10)
		19:45 - 20:30		SYN SENIOR M (8)	19:50 - 20:15	COMP	
TTPC MEETING - TIME TBA Location: Boardroom							
20:00 - 24:00: Welcome Social - The Simcoe House Ales & Grill, Campus Ice Centre							

2019 TG Canadian Championships Schedule (Detailed-Draft July 10)

FRIDAY JULY 26th

TUMBLING Competition Gym				TRAMPOLINE Training Gym	TRAMPOLINE Competition Gym	DMT Competition Gym								
8:00 - 8:45		GENERAL WARM-UP (BLOCK 2)												
BLOCK 2			8:00 - 8:45	L5 16U W (Flight 1 - 12)		8:45 - 9:05	TRAINING	L5 16U M (Flight 1 - 11)						
			8:45 - 9:20	L5 16U W (Flight 2 - 12)	L5 16U W (Flight 1 - 12)	9:05 - 9:35	COMP							
			9:20 - 9:55	L5 16U W (Flight 3 - 12)	L5 16U W (Flight 2 - 12)	9:35 - 9:55	TRAINING	L5 16U M (Flight 2 - 11)						
			9:55 - 10:30	L5 16U W (Flight 4 - 12)	L5 16U W (Flight 3 - 12)	9:55 - 10:25	COMP							
	11:00 - 12:30		TUMBLING TRAINING (AB, SK, MB)		10:30 - 11:05	L5 16U W (Flight 5 - 11)	L5 16U W (Flight 4 - 12)	10:25 - 10:45	TRAINING	L5 16U M (Flight 3 - 10)				
					11:05 - 11:40		L5 16U W (Flight 5 - 11)	10:45 - 11:10	COMP					
12:00 - 12:45		GENERAL WARM-UP (BLOCK 3)												
12:30-12:45		Tumbling Coaches' Orientation Meeting		12:00 - 12:45	JUNIOR W (11)		12:45 - 13:05	TRAINING	L6 17U W (Flight 1 - 10)					
				12:45 - 13:20	JUNIOR M (Flight 1 - 9)	JUNIOR W (11)	13:05 - 13:30	COMP						
BLOCK 3	13:00 - 14:30		TUMBLING TRAINING (NS, QC, ON, BC)		13:20 - 13:50	JUNIOR M (Flight 2 - 8)	JUNIOR M (Flight 1 - 9)	13:30 - 13:50	TRAINING	L6 17U W (Flight 2 - 9)				
					13:50 - 14:20	L6 17U M (11)	JUNIOR M (Flight 2 - 8)	13:50 - 14:15	COMP					
	14:30 - 16:00		TUMBLING TRAINING (AB, SK, MB)		14:20 - 14:55	L6 17U W (Flight 1 - 10)	L6 17U M (11)	14:15 - 14:35	TRAINING	SENIOR W (6)				
					14:55 - 15:25	L6 17U W (Flight 2 - 9)	L6 17U W (Flight 1 - 10)	14:35 - 14:55	COMP					
					15:25 - 15:55	L6 18+ W (Flight 1 - 9)	L6 17U W (Flight 2 - 9)	14:55 - 15:15	TRAINING					
	16:00 - 17:30		TUMBLING TRAINING (NS, QC, ON, BC)		15:55 - 16:25	L6 18+ W (Flight 2 - 9)	L6 18+ W (Flight 1 - 9)	15:15 - 15:50	COMP	SENIOR M (11)				
					16:25 - 16:55		L6 18+ W (Flight 2 - 9)	15:50 - 16:10	TRAINING					
									16:10 - 16:45			COMP	JUNIOR M (12)	
									16:45 - 17:05			TRAINING		
							17:05 - 17:30	COMP	JUNIOR W (8)					
17:30 - 18:15		GENERAL WARM-UP (BLOCK 4)												
BLOCK 4	18:15 - 18:30		TRAINING		L5 15U MEN (8)		17:30 - 18:15	SENIOR W (10)		18:15 - 18:35	TRAINING	L5 17+ W (Flight 1 - 10)		
							18:15 - 18:55	SENIOR M (Flight 1 - 9)	SENIOR W (10)	18:35 - 19:00	COMP			
	18:55 - 19:10		TRAINING		L5 16+ MEN (4)		18:55 - 19:30	SENIOR M (Flight 2 - 9)	SENIOR M (Flight 1 - 9)	19:00 - 19:20	TRAINING	L5 17+ W (Flight 2 - 9)		
							19:30 - 20:05		SENIOR M (Flight 2 - 9)	19:20 - 19:45	COMP			

2019 TG Canadian Championships Schedule (Detailed-Draft July 10)

SATURDAY JULY 27th

TUMBLING Competition Gym				TRAMPOLINE Training Gym	TRAMPOLINE Competition Gym	DMT Competition Gym				
		GENERAL WARM-UP (BLOCK 5)								
BLOCK 5	8:00 - 8:45			8:00 - 8:45	L5 17+ W (Flight 1 - 13)		8:45 - 9:05	TRAINING	L5 16U W (Flight 1 - 14)	
	8:45 - 9:00	TRAINING	L5 15U W (Flight 1 - 11)	8:45 - 9:25	L5 17+ W (Flight 2 - 12)	L5 17+ W (Flight 1 - 13)	9:05 - 9:45	COMP		
	9:00 - 9:35	COMP		L5 15U W (Flight 1 - 10)	9:25 - 10:00	L5 17+ W (Flight 3 - 12)	L5 17+ W (Flight 2 - 12)	9:45 - 10:05	TRAINING	L5 16U W (Flight 2 - 14)
	9:35 - 9:55	TRAINING	L6 W (Flight 1 - 9)		10:00 - 10:35	L5 17+ M (Flight 1 - 11)	L5 17+ W (Flight 3 - 12)	10:05 - 10:45	COMP	
	9:55 - 10:25	COMP		L6 W (Flight 2 - 9)	10:35 - 11:10	L5 17+ M (Flight 2 - 10)	L5 17+ M (Flight 1 - 11)	10:45 - 11:05	TRAINING	L5 16U W (Flight 3 - 14)
	10:25 - 10:45	TRAINING	JUNIOR & SENIOR M & W (11)		11:10 - 11:40	L6 18+ MEN (15)	L5 17+ M (Flight 2 - 10)	11:05 - 11:45	COMP	
	10:45 - 11:10	COMP		FINALS	11:40 - 12:30		L6 18+ MEN (15)	11:45 - 12:05	TRAINING	L5 17+ WOMEN (10)
	11:10 - 11:30	TRAINING	AWARDS - BLOCK 5 & 6					12:05 - 12:30	COMP	
	11:30 - 11:55	COMP								
	11:55 - 12:25	TRAINING								
12:25 - 13:00	COMP									
		GENERAL WARM-UP (BLOCK 6)								
BLOCK 6	13:00 - 13:45			13:00 - 13:45	L5 16U M (Flight 1 - 11)		FINALS			
	13:45 - 14:00	TRAINING	L5 16+ W (Flight 1 - 10)	13:45 - 14:20	L5 16U M (Flight 2 - 11)	L5 16U M (Flight 1 - 11)	13:45 - 14:05	TRAINING	JUNIOR MEN (10)	
	14:00 - 14:30	COMP		14:20 - 14:55	L5 16U M (Flight 3 - 11)	L5 16U M (Flight 2 - 11)	14:05 - 14:30	COMP		
	14:30 - 14:50	TRAINING	L5 16+ W (Flight 2 - 10)	14:55 - 15:30	L5 16U M (Flight 4 - 11)	L5 16U M (Flight 3 - 11)	14:30 - 14:50	TRAINING	JUNIOR WOMEN (8)	
	14:50 - 15:20	COMP		15:30 - 16:05		L5 16U M (Flight 4 - 11)	14:50 - 15:15	COMP		
	15:20 - 15:40	TRAINING	L5 16+ W (Flight 3 - 9)				15:15 - 15:35	TRAINING	SENIOR WOMEN (6)	
	15:40 - 16:10	COMP					15:35 - 15:55	COMP		
							15:55 - 16:15	TRAINING	SENIOR MEN (10)	
							16:15 - 16:40	COMP		
			AWARDS - BLOCK 5 & 6							
		GENERAL WARM-UP (BLOCK 7 - FINALS)								
BLOCK 7	17:45 - 18:00	TRAINING	L6 MEN (11)	FINALS			FINALS			
	18:00 - 18:35	COMP		17:00 - 17:45	JUNIOR WOMEN (10)		17:45 - 18:05	TRAINING	L5 17+ MEN (10)	
				17:45 - 18:10	SENIOR MEN (10)	JUNIOR WOMEN (10)	18:05 - 18:30	COMP		
	18:35 - 18:50	TRAINING	L5 15U MEN (8)	18:10 - 18:35	SENIOR WOMEN (10)	SENIOR MEN (10)	18:30 - 18:50	TRAINING	L6 17U WOMEN (10)	
	18:50 - 19:15	COMP		18:35 - 19:00	JUNIOR MEN (10)	SENIOR WOMEN (10)	18:50 - 19:15	COMP		
	19:15 - 19:30	TRAINING	L5 16+ MEN (4)	19:00 - 19:25	L6 17U MEN (10)	JUNIOR MEN (10)	19:15 - 19:35	TRAINING	L6 18+ MEN (10)	
	19:30 - 19:45	COMP		19:25 - 19:50	L6 17U WOMEN (10)	L6 17U MEN (10)	19:35 - 20:00	COMP		
				19:50 - 20:15	L5 17+ MEN (10)	L6 17U WOMEN (10)	20:00 - 20:20	TRAINING	L6 18+ WOMEN (10)	
				20:15 - 20:40		L5 17+ MEN (10)	20:20 - 20:45	COMP		
			AWARDS - BLOCK 7							
		20:45 - 21:15								

2019 TG Canadian Championships Schedule (Detailed-Draft July 10)

SUNDAY JULY 28th

TUMBLING Competition Gym				TRAMPOLINE Training Gym		TRAMPOLINE Competition Gym		DMT Competition Gym		
GENERAL WARM-UP (BLOCK 8)										
FINALS			FINALS			FINALS				
BLOCK 8	8:00 - 8:45			8:00 - 8:45	L5 16U WOMEN (10)		9:45 - 10:05	TRAINING	L6 17U MEN (10)	
	8:45 - 9:00	TRAINING	L5 15U WOMEN (10)	8:45 - 9:10	L5 17+ WOMEN (10)	L5 16U WOMEN (10)	10:05 - 10:30	COMP		
	9:00 - 9:25	COMP		9:10 - 9:35	L6 18+ WOMEN (10)	L5 17+ WOMEN (10)	10:30 - 10:50	TRAINING	L5 16U WOMEN (10)	
	9:25 - 9:40	TRAINING	L5 16+ WOMEN (10)	9:35 - 10:00	L6 18+ MEN (10)	L6 18+ WOMEN (10)	10:50 - 11:15	COMP		
	9:40 - 10:05	COMP		10:00 - 10:25	L5 16U MEN (10)	L6 18+ MEN (10)	11:15 - 11:35	TRAINING	L5 16U MEN (10)	
	10:05 - 10:25	TRAINING	L6 WOMEN (10)	10:25 - 10:50	SYN L5 MEN (10)	L5 16U MEN (10)	11:35 - 12:00	COMP		
	10:25 - 10:55	COMP		10:50 - 11:15	SYN SENIOR WOMEN (4)	SYN L5 MEN (10)				
	10:55 - 11:15	TRAINING	L6 MEN (10)	11:15 - 11:40	SYN SENIOR MEN (8)	SYN SENIOR WOMEN (4)				
	11:15 - 11:45	COMP		11:40 - 12:05	SYN L5 WOMEN (10)	SYN SENIOR MEN (8)				
	11:45 - 12:10	TRAINING	JUNIOR, SENIOR MEN, WOMEN (11)	12:05 - 12:30		SYN L5 WOMEN (10)				
12:10 - 12:45	COMP									
AWARDS - BLOCK 8										
GENERAL WARM-UP (TEAM FINALS)										
TEAM FINALS				TEAM FINALS				TEAM FINALS		
BLOCK 9				13:35 - 14:20	TEAM FINAL TRA WOMEN					
					TEAM FINAL TRA WOMEN		14:45 - 15:30	TRAINING	TEAM FINAL DMT MEN	
					TEAM FINAL TRA MEN					
					TEAM FINAL TRA MEN		15:55 - 16:40	TRAINING	TEAM FINAL DMT WOMEN	
	16:25 - 17:55	TRAINING COMP	TEAM FINAL TUM MEN							
	TRAINING COMP	TEAM FINAL TUM WOMEN								
AWARDS - BLOCK 9										
2019 CANADIAN CHAMPIONSHIPS WRAP-UP PARTY - 20:00										