

2026 Artistic and Trampoline GymBC Championships

Co-Hosted by Flip City Gymnastics Club and Gymnastics BC

Event Workplan #1



EVENT INFORMATION

April 10-12, 2026

North Surrey Sport and Ice Complex - 10950 126A St, Surrey, BC V3V 0E5

[Event Website](#) - Workplans, schedules, event information will consistently be updated on the event website

HOST CONTACT INFORMATION

Flip City Gymnastics Club

20279 97 Ave #4, Langley Twp, BC V1M 4B9

Bobbie Worrall

Competitive Director

competitive.flipcity@gmail.com

(604) 888-3366

Gymnastics BC

268-828 West 8th Avenue, Vancouver BC, V5Z 1E2

Aidan Muth

Communications and Events Manager

events@gymbc.org

(604) 333-3490

MEDIA INFORMATION

Social Media

Instagram: @gymnasticsbc || @flipcitygymnasticsclub

Facebook: Gymnastics BC || Flip City Gymnastics Club

Please Use Hashtags: #2026GymBCChamps #GymBCxFlipCity

Media Contact

For press releases, news coverage, and other media inquiries, please email: communications@gymbc.org.

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ADMINISTRATIVE INFORMATION

Fees & Deadlines

| Discipline | Category | On/Before March 16 | March 17-19 | March 20-22 |
|-----------------------|-------------------|--------------------|----------------|----------------|
| Artistic & Trampoline | Athlete | \$150 | \$170 | \$200 |
| Artistic & Trampoline | Coach | \$50 | \$70 | \$200 |
| Trampoline | Additional Events | \$10 per event | \$10 per event | \$10 per event |
| WAG CCP 7-10 | Apparatus Finals | \$5 | \$5 | \$5 |

Absolutely no entries will be accepted after **11:59 p.m. on March 22, 2026.**

Registration Information

| Artistic Gymnastics | Trampoline Gymnastics |
|--|---|
| Registration will be conducted on Kscore . | Registration will be conducted on Sportzsoft . |

Payment of Fees

Payment is due upon registering and can be made by:

- **Credit card** (contact GymBC; transaction fees apply)
- **E-transfer** to accounting@gymbc.org (include your club name and event in the memo)
- **Cheque**, payable to *Gymnastics BC*

Payment is due to GymBC by **March 31, 2026**. Payments received after this date are subject to a **\$100 late penalty**.

Withdrawals, Event Scratches (TG Only) & Refund Requests

To withdrawal and request a refund, complete the [Withdrawal Form](#). Refunds will be processed **after** the competition.

- Refund minus **\$15** fee before **March 16, 2026**.
- Refund minus **\$25** fee between **March 17-22, 2026**. *A medical note is required for athletes.*
- Refund minus **\$50** fee between **March 22-April 9, 2026**. *A medical note is required for athletes.*
- **Coaches** can withdrawal at any time before **April 9, 2026**. *No fees kept.*
- **TG** refunds will only be given for withdrawals from the entire competition. Event scratches must be submitted through the Withdrawal form.
- No refunds will be issued after **April 9, 2026**, except under special circumstances approved by GymBC.

Club Declaration of Compliance

To participate, each club must submit a signed [Declaration of Compliance](#) form by **Sunday, March 22, 2026**. Any questions about the details of the form may be sent to events@gymbc.org.

Important Deadlines At-A-Glance

| | |
|-----------------------|---|
| March 1, 2026 | Deadline to make a change to an athlete's category with GymBC (WAG and MAG) |
| March 2, 2026 | Deadline to make a change to an athlete's level within Sportzsoft club account (TG) |
| March 16, 2026 | First registration deadline for all categories |
| March 22, 2026 | Final registration deadline for all categories |
| March 22, 2026 | Club Declaration of Compliance due |
| March 31, 2026 | Full payment due to GymBC |
| April 9, 2026 | Deadline to submit a request for a refund |

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Results

Results will be consistently posted during the event on [Kscore for Artistic](#) and [Sportzsoft for Trampoline](#).

Venue Information

[Click here](#) for various information of what the North Surrey Sport and Ice Complex offers.

Parking and Transit

There are a limited number of parking stalls at the North Surrey Sport & Ice Complex; however, additional nearby street parking is available as well as a paid parking lot located at the Scott Road Skytrain Station. The closest sky train station to the venue is Scott Road Station. Plan your trip [online here](#).

Accommodations



| | |
|---------------------|---|
| Address | 13475 Central Ave, Surrey, BC, V3T 0L8 |
| Phone | (604) 951-3331 |
| Room Type & Rate | 2 Queens at \$199.00 per night |
| Booking Deadline | March 18, 2026 |
| Reservations | Book Online |
| Cancellation Policy | Reservations can be cancelled up until 48 hours before arrival. |



| | |
|---------------------|---|
| Address | 15269 104 Ave, Surrey, BC V3R 1N5 |
| Phone | (604) 582-9288 |
| Room Type & Rate | 1 King + Sofa at \$205.00 or 2 Queens at \$215.00 per night. |
| Booking Window | January 13-March 13, 2026 |
| Reservations | A link to book online will be communicated in January 2026. |
| Cancellation Policy | Reservations can be cancelled up until 48 hours before arrival. |

Medical Services

Qualified medical professionals will be on-site throughout all competition hours and will be stationed at the First Aid area.

Live Stream

GymBC is excited to be livestreaming the GymBC Championships Events in 2026! Livestream information will be available for purchase and viewing on [HomeTeam Network](#).

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ATHLETE INFORMATION

Eligibility

All athletes registered for the 2026 Artistic and Trampoline GymBC Championships will be verified by GymBC. For Artistic Athletes, clubs must ensure athletes are registered in the correct category with GymBC by 11:59 p.m. PST on **March 1, 2026**. For Trampoline Athletes, clubs must ensure any changes to levels is done within their Sportzsoft account by 11:59 p.m. PST on **March 2, 2026**. Incorrect registrations (e.g., interclub or recreational) will result in a \$200 fine per athlete and possible ineligibility.

Attire

Athletes must adhere to GymBC's attire guidelines as outlined in the [TG](#), [MAG](#), and [WAG](#) Operations Manuals, ensuring compliance with competition standards during warm-up and competition.

Warm-Up Procedures

Consult the [TG](#), and [MAG](#) Operations Manual or for WAG, the [BC CCP Charts & Xcel Program Document](#) for more information.

COACH INFORMATION

Eligibility

All coaches must have the required NCCP certification and complete the Respect in Sport (RiS) program, as outlined in the [GymBC Coaching Education Operations Manual](#). GymBC will verify these for all registered coaches. Those coaching without proper certification during the event will face a \$200 fine. A one-time exemption may be requested until the next applicable NCCP course. For details, see the Coaching Education Operations Manual or email coaching@gymbc.org.

Attire

Coaches must adhere to GymBC's attire guidelines in the [TG](#), [MAG](#), and [WAG](#) Operations Manuals, maintaining a professional image during warm-up and competition.

Coaches Group Chat

Coaches who provide a mobile phone number during registration will be added to a WhatsApp community group for on-site announcements and updates from event organizers.

JUDGE INFORMATION

All judges must be registered with Gymnastics BC. Consult the [TG](#), [MAG](#), and [WAG](#) Operations Manuals for more information regarding each disciplines judges.

PARENT INFORMATION

Parents, athletes, and coaches can subscribe to the [2026 GymBC Championships Email List](#) to stay up to date with event information. Participating clubs will continue to receive all event information directly.

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COMPETITION INFORMATION - TG

Categories, Eligibility, and Awards

| Category | Eligibility | Awards |
|---|---|--|
| Provincial Level 1-4, National Level 5-Senior | Eligible to compete at GymBC Championships. | Team Awards: Medal 1-3 for Trampoline, Double Mini, Tumbling. Provincial Individual: Medal 1-3, Ribbon 4-10. National Individual: Medal 1-3, Ribbon 4-6 All Around: Plaque 1-6. |
| Synchronized Trampoline (Provincial Level 1-4) | Eligible to compete at GymBC Championships. | Team Awards: Medal 1-3 for Trampoline Individual: Medal 1-3, Ribbon 4-10. |
| Synchronized Trampoline (National Level 5-SR M & W, Level 5-Senior Mixed) | Eligible to compete at GymBC Championships. | Team Awards: Medal 1-3 for Trampoline Individual: Medal 1-3, Ribbon 4-6. |

Tie-Breaking

In both the Preliminary and Final round, there will be no ties. Athletes will automatically be ranked according to the [GymCan Competition Regulations](#).

Corrections & Level Changes

Corrections or level changes can be made in your Sportzsoft Account until **March 2, 2026**. Corrections or level changes needed after this date must be submitted via the official [Corrections/Level Changes Form](#).

Event Scratches & Competition Withdrawal

All scratches; whether for a single TG event or a full TG withdrawal; must be submitted to GymBC using the official [Request for Refund Form](#). Clubs **must not** scratch athletes directly in Sportzsoft. Once the form is received, GymBC will manually update the athlete's registration accordingly. Refunds will only be given for withdrawals from the entire competition (no refunds for single event scratches).

More Information

Consult the [TG Operations Manual](#) for further information.

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COMPETITION INFORMATION - MAG

Categories, Age Groups, and Awards

In the below table, ages have been indicated. Please consult the [GymBC Registration Handbook](#), sent to all clubs at the beginning of the season, or the GymCan program documents (Provincial or HP Pathways) to have exact birth years for each age group.

Age group:

| Category | Age Group | Awards |
|---------------|---------------|---|
| Provincial 1 | 7+ (Unranked) | No team awards Ribbons for each apparatus AA medal All-Star Certificates |
| | 10+ (Ranked) | No team awards Medal 1-3, Ribbon 4-6 (AA and Apparatus) Plaque AA Champion |
| Provincial 2 | 8-13 | No team awards Medal 1-3, Ribbon 4-10 (AA and Apparatus) Plaque AA Champion |
| Provincial 3 | 10-13, 14+ | |
| Provincial 4 | | |
| Provincial 5 | 14+ | |
| National Open | 15+ | |
| Novice | 13-14 | |
| Junior | 15-16, 17-18 | |
| Senior | 19-20, 21+ | |

Restrictions

If there is only one competitor, only an all-around award will be given. If there are two or more competitors, all awards will be presented.

National Team Members

National Team members are not required to compete at GymBC Championships, but they must be in attendance as judges, coaches, or award presenters.

Tie-Breaking

There is no tie-breaking rule. If there is a tie, the following position is skipped. For example; if there are two athletes tied for second place, there will be no third place awarded. The next athlete in rank order will receive the fourth-place award.

More Information

Consult the [MAG Operations Manual](#) for further information.

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COMPETITION INFORMATION - WAG

Music

Floor music **must** be submitted on Kscore with registration. We strongly recommend having backup music.

Categories, Eligibility, and Awards

| Category | Eligibility | Awards |
|--|--|--|
| CCP 6-7 | Minimum of 32.00 AA with verifiable online results prior to registering for the event. Extenuating circumstances may petition to the WTC for participation by emailing wag@gymbc.org with any supporting information available. | Team: Club awards (1-3) for each level. Min 3 athletes per club, all birth years combined. Top 3 scores on each apparatus to count By category and by competitive age groupings: Medal 1-3, Ribbon 4-10 (AA and Apparatus) Plaque AA Champion |
| CCP 8-10 Aspire 1-2 | Eligible to compete at GymBC Championships. | Team: Club awards (1-3) for each level. Min 3 athletes per club, all birth years combined. Top 3 scores on each apparatus to count By category and by competitive age groupings: Medal 1-3, Ribbon 4-10 (AA and Apparatus) Plaque AA Champion |
| HP Novice, Junior, Senior, National Open | Eligible to compete at GymBC Championships and attendance is mandatory as an athlete, coach, judge, demonstrator or volunteer. | No team awards By category: Medal 1-3, Ribbon 4-10 (AA and Apparatus) Plaque AA Champion |
| Apparatus Finals | CCP 7-10. Top 8 athletes per apparatus, per level, all ages combined. | No team awards Medal 1-3, Ribbon 4-8 (Apparatus) |

Restrictions

If there is only one competitor in any one (1) category, only an all-around award will be given. If there are two or more competitors, all awards will be given.

Category Grouping

For CCP 6-8, each competitive grouping will ideally be approximately 24 athletes. Groupings will not be changed once the official schedule for the event is circulated. For CCP 9-10, athletes will be split according to the GymCan Technical Regulations.

Tie-Breaking

There is no tie-breaking rule. If there is a tie, the following position is skipped. For example, if there are two athletes tied for second place, there will be no third place awarded. The next athlete in rank order will receive the fourth-place award.

More Information

Consult the [WAG Operations Manual](#) for further information.

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ARTISTIC DRAFT SCHEDULE

This is a **draft schedule only** and may change following the first registration deadline. Please keep this in mind when making travel arrangements. Age groups for each session will only be confirmed once the final registration is complete.

| Friday, April 10, 2026 | |
|------------------------------------|--|
| SESSION 1 | |
| 08:00 - 11:00 | |
| CCP 6 | |
| SESSION 2 | |
| 11:15 - 14:15 | |
| CCP 6 | |
| SESSION 3 | |
| 14:30 - 17:30 | |
| CCP 9 (Trials + BC Champs Awards) | |
| SESSION 4 | |
| 17:45 - 20:45 | |
| CCP 10 (Trials + BC Champs Awards) | |

| Saturday, April 11, 2026 | |
|--------------------------|--|
| SESSION 5 | |
| 08:00 - 10:30 | |
| CCP 7 | |
| 08:00 - 10:10 | |
| P3 | |
| SESSION 6 | |
| 10:45 - 13:30 | |
| CCP 7 | |
| 10:45 - 13:10 | |
| P4 + P5 | |
| SESSION 7 | |
| 13:45 - 16:30 | |
| CCP 8 | |
| 13:45 - 16:40 | |
| P1 + P2 | |
| SESSION 8 | |
| 16:45 - 20:45 | |
| HP WAG Long Warmup | |
| 16:45 - 20:50 | |
| HP MAG Long Warmup | |

| Sunday, April 12, 2026 | |
|------------------------|--|
| SESSION 9 | |
| 08:00 - 10:45 | |
| Aspire | |
| 08:00 - 10:45 | |
| P1 | |
| SESSION 10 | |
| 11:00 - 13:30 | |
| Apparatus Finals | |

WAG Scheduling Note:

Depending on registration numbers, HP athletes may be combined with Aspire on Sunday, or Aspire may be combined with HP on Saturday evening.

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TRAMPOLINE DRAFT SCHEDULE

This is a **draft schedule only** and may change following the first registration deadline. Please keep this in mind when making travel arrangements. Age groups for each session will only be confirmed once the final registration is complete.

| Friday, April 10, 2026 | | | | | | | |
|----------------------------------|--|----------------------------------|--|----------------------------------|--|----------------------------------|--|
| Trampoline | | Double Mini Trampoline | | Tumbling | | Synchronized Trampoline | |
| 08:00 - 12:00 | | 08:00 - 12:00 | | 08:00 - 12:00 | | 08:00 - 12:00 | |
| L3 & 4 Preliminary Competition | | L3 & 4 Preliminary Competition | | | | | |
| 12:00 - 12:30 Break | | 12:00 - 12:30 Break | | 12:00 - 12:30 Break | | 12:00 - 12:30 Break | |
| 12:30 - 17:30 | | 12:30 - 17:30 | | 12:30 - 17:30 | | 12:30 - 19:30 | |
| L1 & 2 Preliminary Competition | | L1 & 2 Preliminary Competition | | L3 & 4 Preliminary Competition | | | |
| 17:30 - 18:00 Break | | 17:30 - 18:00 Break | | 17:30 - 18:00 Break | | 17:30 - 18:00 Break | |
| 18:00 - 19:30 | | 18:00 - 20:30 | | 18:00 - 20:30 | | 19:30 - 20:30 | |
| L1 & 2 Preliminary Competition | | L1 & 2 Preliminary Competition | | L1 & 2 Preliminary Competition | | L1 & 2 Preliminary Competition | |
| Saturday, April 11, 2026 | | | | | | | |
| 08:00 - 12:00 | | 08:00 - 12:00 | | 08:00 - 12:00 | | 08:00 - 12:00 | |
| L3 & 4 Final Competition | | L3 & 4 Final Competition | | | | Preliminary Competition | |
| 12:00 - 12:30 Break | | 12:00 - 12:30 Break | | 12:00 - 12:30 Break | | 12:00 - 12:30 Break | |
| 12:30 - 17:30 | | 12:30 - 17:30 | | 12:30 - 17:30 | | 16:30 - 17:30 | |
| National Preliminary Competition | | National Preliminary Competition | | L3 & 4 Final Competition | | L3 & 4 Preliminary Competition | |
| 17:30 - 18:00 Break | | 17:30 - 18:00 Break | | 17:30 - 18:00 Break | | 17:30 - 18:00 Break | |
| 18:00 - 19:00 | | 18:00 - 19:00 | | 18:00 - 19:00 | | 18:00 - 19:00 | |
| | | National Preliminary Competition | | National Preliminary Competition | | National Preliminary Competition | |
| 19:00 - 20:30 | | 19:00 - 20:30 | | 19:00 - 20:30 | | 19:00 - 20:30 | |
| Team Finals | | Team Finals | | Team Finals | | | |
| Sunday, April 12, 2026 | | | | | | | |
| 08:00 - 12:00 | | 08:00 - 12:00 | | 08:00 - 12:00 | | 08:00 - 12:00 | |
| L1 & 2 Final Competition | | L1 & 2 Final Competition | | L1 & 2 Final Competition | | | |
| 12:00 - 12:30 Break | | 12:00 - 12:30 Break | | 12:00 - 12:30 Break | | 12:00 - 12:30 Break | |
| 12:30 - 13:30 | | 12:30 - 13:30 | | 12:30 - 13:30 | | 12:30 - 13:30 | |
| National Final Competition | | National Final Competition | | National Final Competition | | | |