

2026 Artistic and Trampoline GymBC Championships

Co-Hosted by Flip City Gymnastics Club and Gymnastics BC

ARTISTIC DRAFT SCHEDULE

This is a **draft schedule only** and may change following the final registration deadline. A finalized schedule will be released on **March 25, 2026**. Award ceremonies will begin approximately 15 minutes after each session.

Friday, April 10, 2026	
SESSION 1	
08:00 - 10:45	
CCP 6 - Mar. 2014 and Younger	
08:00 - 08:15 - Warmup	
08:20 - 10:45 - Competition	
SESSION 2	
11:00 - 13:45	
CCP 6 - Feb. 2014 and Older	
11:00 - 11:15 - Warmup	
11:20 - 13:45 - Competition	
SESSION 3	
14:00 - 16:45	
CCP 9 (Trials + BC Champs Awards)	
14:00 - 14:20 - Warmup	
14:25 - 16:45 - Competition	
SESSION 4	
17:00 - 20:00	
CCP 10 (Trials + BC Champs Awards)	
17:00 - 17:20 - Warmup	
17:25 - 20:00 - Competition	

Saturday, April 11, 2026	
SESSION 5	
08:00 - 10:30	
CCP 7 - 2013 and Younger	
08:00 - 08:15 - Warmup	
08:20 - 10:30 - Competition	
P1 - Rank (24)	
08:00 - 08:15 - Warmup	
08:20 - 10:30 - Competition	
SESSION 6	
10:45 - 13:30	
CCP 7 - 2012 and Older	
10:45 - 11:00 - Warmup	
11:05 - 13:30 - Competition	
P2 (38)	
10:45 - 11:00 - Warmup	
11:05 - 13:30 - Competition	
SESSION 7	
13:45 - 16:30	
CCP 8	
13:45 - 14:00 - Warmup	
14:05 - 16:30 - Competition	
P3 + P4 + P5 (42)	
13:45 - 14:05 - Warmup	
14:10 - 16:30 - Competition	
SESSION 8	
16:45 - 20:50	
HP WAG	
Time TBC - Long Warmup	
HP MAG (48)	
16:45 - 18:15 - Warmup	
18:20 - 20:50 - Competition	

Sunday, April 12, 2026	
SESSION 9	
08:00 - 10:45	
Aspire	
08:00 - 08:15 - Warmup	
08:20 - 10:45 - Competition	
P1 - GSB (39)	
08:00 - 08:15 - Warmup	
08:20 - 10:45 - Competition	
SESSION 10	
11:00 - 14:15	
Appratus Finals	
11:00 - 11:20 - Warmup	
11:25 - 14:15 - Competition	

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TRAMPOLINE DRAFT SCHEDULE

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Friday, April 10, 2026			
Trampoline	Double Mini Trampoline	Tumbling	Synchronized Trampoline
08:00 - 12:00	08:00 - 12:00	08:00 - 12:00	08:00 - 12:00
L3 & 4 Preliminary Competition	L3 & 4 Preliminary Competition	L1 & 2 Preliminary Competition	
12:00 - 12:30 Break	12:00 - 12:30 Break	12:00 - 12:30 Break	12:00 - 12:30 Break
12:30 - 17:30	12:30 - 17:30	12:30 - 17:30	12:30 - 19:30
Level 3 & 4 Preliminary Competition	L1 & 2 Preliminary Competition	L3 & 4 Preliminary Competition	
17:30 - 18:00 Break	17:30 - 18:00 Break	17:30 - 18:00 Break	17:30 - 18:00 Break
18:00 - 19:30	18:00 - 20:30	18:00 - 20:30	19:30 - 20:30
L1 & 2 Preliminary Competition	National Preliminary Competition	National Preliminary Competition	
Saturday, April 11, 2026			
08:00 - 12:00	08:00 - 12:00	08:00 - 12:00	08:00 - 12:00
Level 1 & 2 Preliminary Competition	National Preliminary Competition	National Preliminary Competition	
12:00 - 12:30 Break	12:00 - 12:30 Break	12:00 - 12:30 Break	12:00 - 12:30 Break
12:30 - 17:30	12:30 - 17:30	12:30 - 17:30	16:30 - 17:30
National Preliminary Competition	National Preliminary Competition	L3 & 4 Final Competition	
17:30 - 18:00 Break	17:30 - 18:00 Break	17:30 - 18:00 Break	17:30 - 18:00 Break
18:00 - 19:00	18:00 - 19:00	18:00 - 19:00	18:00 - 19:00
			L3 & 4 Prelim and Final Competition
19:00 - 20:30	19:00 - 20:30	19:00 - 20:30	19:00 - 20:30
Team Finals	Team Finals	Team Finals	
Sunday, April 12, 2026			
08:00 - 12:00	08:00 - 12:00	08:00 - 12:00	08:00 - 12:00
L1 & 2 Final Competition	L1 & 2 Final Competition	L1 & 2 Final Competition	L1 & 2 Prelim and Final Competition
12:00 - 12:30 Break	12:00 - 12:30 Break	12:00 - 12:30 Break	12:00 - 12:30 Break
12:30 - 15:30	12:30 - 15:30		15:30 - 17:30
Level 3 & 4 Final Competition	Level 3 & 4 Final Competition		National Prelim and Final Competition
16:30 - 17:00	16:30 - 17:00		
17:30 - 18:30	17:00 - 18:00		
National Final Competition	National Final Competition		