



COACH DEVELOPMENT GUIDE  
Training and Certification Pathways

## Coach Information

Coach Name: \_\_\_\_\_

Coach NCCP Number: \_\_\_\_\_

Current Club of Employment: \_\_\_\_\_

Current Supervisor: \_\_\_\_\_

Mentor Coach(es): \_\_\_\_\_

Date of Most Recent First Aid Course: \_\_\_\_\_

Date of Most Recent Criminal Record Check (19 years old +): \_\_\_\_\_

Date of Most Recent Code of Conduct Review: \_\_\_\_\_

This document is for individual tracking only and does not need to be submitted.

## Screening Policy Checklist

1. Reviewed GymBC Code of Conduct (Annually)
2. Criminal Record Check + vulnerable sector search (every 3 years, 19+ only)
3. CAC Safe Sport Training
4. Respect in Sport for Activity Leaders


## Gymnastics Foundations (15 years old+) Checklist

1. GF Theory Course (can be taken either before or after Intro)
  - 1a. Emergency Action Plan Online Module
  - 1b. Making Ethical Decisions Online Evaluation
2. GF Introduction Course
3. GF Discipline Specific Course (Artistic/Trampoline/Active Start)
4. Fill Out **Evaluation Guide** in Full
5. Submit Evaluation Guide to Trained GF Evaluator or to GymBC
6. Portfolio Debrief with Evaluator(s)
7. Lesson Observation and Debrief with Evaluator(s)
8. Sign and Submit **Required Pages** to Gymnastics BC (16+ years old)


**Repeat Steps 3-8 for any new discipline in which you wish to become certified**

Gymnastics Foundations Evaluations cost \$100 to be paid directly to the Evaluator(s)

## Competition Introduction - Comp 1 - (16+) Certification Checklist

1. Locker Status Shows GF Trained in the Relevant Discipline
2. Comp 1 Theory Course (Before or After Technical Course)
3. Comp 1 Technical Course (MAG/WAG/TG)
4. Complete Evaluation Guide in Full (**MAG/WAG/TG**)
5. Submit Evaluation Guide to Comp 1 Evaluator or GymBC
6. Portfolio Debrief with Evaluator(s)
7. Lesson Observation and Debrief with Evaluator(s)
6. Submit **Required Pages** to GymBC
7. Lesson Observation and Debrief with Evaluator(s)
8. Sign and Submit Required Pages to GymBC


**Repeat steps 3-8 for every new discipline in which you wish to become certified.**

Competition Introduction Evaluations cost \$150 to be paid directly to the Evaluator(s)

## Competition Introduction Advanced - Comp 2 - Certification Checklist

1. Locker Status Shows C1 Certified in the Relevant Discipline
2. Comp 2 Technical Course (MAG/WAG/TG)
3. Begin Filming **Evaluation Videos**
4. Complete Evaluation Guide in Full (**MAG/WAG/TG**)
5. Submit Evaluation Guide to Comp 2 Evaluator or GymBC
6. Portfolio Debrief with Evaluator(s)
7. Video Presentation and Debrief with Evaluator(s)
8. Sign and Submit **Required Pages** to GymBC


**Repeat steps 2-8 for every new discipline in which you wish to become certified.**

Competition Introduction Advanced Evaluations cost \$200 to be paid directly to the Evaluator(s)

## Competition Development - Comp 3 - Certification Checklist

1. Locker Status Shows C2 Certified in the Relevant Discipline
2. Psychology of Performance\*
3. Manage a Sport Program\*
4. Managing Conflict\*
  - 4a. Managing Conflict Online Evaluation
5. Coaching and Leading Effectively\*
6. Comp 3 Technical Course (MAG/WAG/TG)
7. Complete Evaluation Guide in Full (**MAG/WAG/TG**)
8. Submit Evaluation Guide to Comp 3 Evaluator or GymBC
9. Portfolio Debrief with Evaluator(s)
10. Competition Observation and Debrief with Evaluator(s)
11. Sign and Submit **Required Pages** to GymBC


\*Theory modules are not offered by GymBC or GymCan, please register through ViaSport or any other provincial multi-sport organization. Theory modules can be completed before or after the technical courses.

**Repeat steps 6-11 for every new discipline in which you wish to become certified.**

Competition Development Evaluations cost \$200 to be paid directly to the Evaluator(s)

## Recommended Professional Development

### E-Learning Modules in The Locker

1. Coaching Athletes with a Disability
2. Creating a Positive Sport Environment
3. Understanding the Rule of Two
4. Anti-Racism in Sport
5. Mental Health in Sport

### Webinars (no PD points awarded for viewing recordings)

1. Attend a Live Webinar (Check the Education Calendar for Options)
2. Competition Tips and Etiquette
3. Planning for All Levels
4. Introducing Weight Training
5. Sleep- Recovery, Prevention, Travel
6. Mobility Training
7. Coach Safety
8. Developing Artistry

### External Recommended Modules

1. Positive Coaching Alliance – Triple Impact Competitor
2. Positive Coaching Alliance – Culture, Practices, and Games
3. Positive Coaching Alliance – Coaching for Winning and Life Lessons

### Additional Professional Development Opportunities

1. Participate in GymBC Mentorship Program
2. Attend Judging Course
3. Attend annual conference/retreat for GFA, MAG, WAG, or TG
4. Attend training camp
5. Become a Coach Developer (Evaluator or Learning Facilitator)
6. Attend USAG National or Regional Congress