

# 2026 Xcel GymBC Championships

Co-Hosted by TAG Sports Centre and Gymnastics BC

## DRAFT SCHEDULE

This is a **draft schedule only** and may change following the final registration deadline. A finalized schedule will be released on **March 25, 2026**. Award ceremonies will begin approximately 15 minutes after each session.

Friday, April 17, 2026
SESSION 1
10:00 - 12:30
<b>Xcel Bronze - May 2016 and Younger</b> 10:00 - 10:15 Warmup 10:20-12:30 Competition
SESSION 2
12:45 - 15:15
<b>Xcel Bronze - Apr. 2016 and Older</b> 12:45 - 13:00 Warmup 13:05 - 15:15 Competition
SESSION 3
15:30 - 18:00
<b>Xcel Silver - Jul. 2013 - May 2014</b> 15:30 - 15:45 Warmup 15:50 - 18:00 Competition
SESSION 4
18:15 - 20:45
<b>Xcel Silver - Jun. 2013 and Older</b> 18:15 - 18:30 Warmup 18:35 - 20:45 Competition

Saturday, April 18, 2026
SESSION 5
07:30 - 10:00
<b>Xcel Silver - 2016 and Younger</b> 07:30 - 07:45 Warmup 07:50 - 10:00 Competition
SESSION 6
10:15 - 12:45
<b>Xcel Silver - May 2015 - Dec. 2015</b> 10:15 - 10:30 Warmup 10:35 - 12:45 Competition
SESSION 7
13:00 - 15:30
<b>Xcel Silver - Jun. 2014 - Apr. 2015</b> 13:00 - 13:15 Warmup 13:20 - 15:30 Competition
SESSION 8
15:45 - 18:15
<b>Xcel Gold - Aug. 2011 - Oct. 2012</b> 15:45 - 16:00 Warmup 16:05 - 18:15 Competition
SESSION 9
18:30 - 21:00
<b>Xcel Gold - Jul. 2011 and Older</b> 18:30 - 18:45 Warmup 18:50 - 21:00 Competition

Sunday, April 19, 2026
SESSION 10
08:00 - 10:30
<b>Xcel Gold - 2017 - 2014</b> 08:00 - 08:15 - Warmup 08:20 - 10:30 - Competition
SESSION 11
10:45 - 13:15
<b>Xcel Gold - Nov. 2012 - 2013</b> 10:45 - 11:00 - Warmup 11:05 - 13:15 - Competition
SESSION 12
13:30 - 16:00
<b>Xcel Platinum - Oct. 2010 and Younger</b> 13:30 - 13:45 - Warmup 13:50 - 16:00 - Competition
SESSION 13
16:15 - 18:45
<b>Xcel Platinum - Sep. 2010 and Older</b> <b>Xcel Diamond</b> 16:15 - 16:30 - Warmup 16:35 - 18:45 - Competition