



2019/20 Annual Report



GYMNASTICS BC

Providing positive and diverse gymnastics experiences.

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ABOUT THIS REPORT

This report provides an overview of the organization's achievements and activities throughout each fiscal year.

Statistical information on membership numbers and participant numbers are as of membership year end, August 31, 2020.

All other information presented in this report is as of fiscal year end June 30, 2020.

ABOUT GYMNASTICS BC

VISION

To be a provincial leader in the delivery of quality foundational and high performance programs and services that foster lifelong sport participation.

MISSION

To provide positive and diverse gymnastics experiences for province-wide participation at all levels.

MESSAGE FROM THE CHAIR

Sherri Taylor | Chair, Gymnastics BC

It gives me great pleasure to present my first annual report as Chair of Gymnastics BC. In 2019, GBC celebrated a milestone year - our 50th anniversary!

Throughout 2019, GBC worked with a committee to organize events honoring those who've helped develop gymnastics in the province over the last 50 years. This past year, we celebrated in many ways - we coordinated a BC Lions halftime show performance, history trivia quizzes, coaching and zone grants, increased scholarships, and ended the year with a celebration gala!

The past year has also seen significant change and growth. GBC was presented with many situations which compelled staff and members to plan, enact, and adapt to changing circumstances.

The start of the fiscal year saw a shift in the gymnastics insurance landscape across the country, specifically relating to trampoline activities. In September 2019, an insurance policy came into effect which placed limitations on the use of trampoline apparatus in unstructured gymnastics activities (birthday parties, drop-ins) and strengthened oversight.

I was both humbled and inspired by the resilience shown by GBC staff and members in response to the changes. GBC staff held courses to help coaches increase certification levels in order to continue providing excellent trampoline programming to all participants.

Over the past year, GBC staff, the Board of Directors, and some members began the groundwork to renew GBC's new strategic plan. In March 2020, strategic preparations were put on pause as a result of COVID-19.

Although the COVID-19 pandemic has presented new challenges, I have been inspired by many of our members, who have developed creative ways to stay healthy and active; we've seen new conditioning activities, remote training opportunities, social media challenges, and more.

Reflecting on the past year, I am reminded that without change, there is no growth. The past year was GBC's 50-year milestone, and has served as an important reminder that together we are stronger, and together we can overcome.

Looking forward, I am confident that GBC will remain focused on its priorities; safeguarding its members, and delivering excellent gymnastics programming province-wide.

Here's to another year of fun, fitness, and fundamentals!



MESSAGE FROM THE CEO

Andrée Montreuil | CEO, Gymnastics BC

It is with great pleasure that I present to you Gymnastics BC's Annual Report for the 2019-2020 fiscal year.

The past year has provided its share of challenges not only for the sports community but for the entire world. I would like to start by acknowledging the resilience and determination of our coaches, athletes, board members/owners and staff. I am so proud that our community has been able to work together and support each other throughout the year.

The beginning of the season saw many GBC staff move into new roles. The addition of new staff and portfolios has also allowed us to shift our priorities and focus on member services and risk management.

Aside from staff transitions, securing adequate insurance coverage while keeping the premium affordable to our members remains a priority. Throughout the process of gathering insurance quotes, negotiations, and subsequently securing an insurance provider, GBC staff remained committed to putting in place risk management strategies that will benefit and better protect clubs.

In March 2020, the COVID-19 pandemic hit, which halted the competition season, temporarily shut clubs down and continues to raise new issues for the sports industry and the world. GBC staff developed new communication tools and increased communication efforts as a result - introducing additional news streams, Virtual Town Hall meetings, and developing resources including a Return to Sport guide and a media kit to educate participants on new health and safety requirements.

Although the pandemic has slowed our momentum and we had to temporarily readjust our priorities, GBC remains committed to pursuing our strategic goals and focused on assisting and collaborating with our clubs and advocating on their behalf.

I am proud of all GBC staff efforts but am particularly inspired by their creativity in response to many of the complex circumstances faced by GBC over the past year. Above all, I am honoured to work with such a knowledgeable and supportive group.

I would also like to sincerely thank the GBC Board of Directors for their commitment, hard work and dedication. In this year of unprecedented challenges, GBC Board members have gone above and beyond what is required to ensure the security and stability of our organization.

Specifically, I would like to thank our chairs, Ana Arciniega and Sherri Taylor, for their expertise and contribution to GBC at the community. Their leadership has helped us adapt and grow over the past year.

Sincerely,



MEET THE TEAM

BOARD OF DIRECTORS

CHAIR

Sherri Taylor

VICE-CHAIR

Michael Hood

DIRECTOR OF FINANCE

Katherine Reinhardt

GYMNASTICS FOR ALL CHAIR

Mary Morice

MAG TECHNICAL CHAIR

Michael Hood

WAG TECHNICAL CHAIR

Alana Jensen

TG TECHNICAL CHAIR

Megan Conway

DIRECTOR AT LARGE

Su Bailey

DIRECTOR AT LARGE

Missy Preston

DIRECTOR AT LARGE

Twyla Ryan



COMMITTEE DIRECTORS

ZONE 1 DIRECTOR

Vivian Hughan

ZONE 2 DIRECTOR

Heather Ivanitz

ZONE 3 DIRECTOR

Melissa Coombes (19-20)
Richard Ikeda (20)

ZONE 4 DIRECTOR

George Burgoyne

ZONE 5 DIRECTOR

Carlene Lewall

ZONE 6 DIRECTOR

Heather LaPage

ZONE 7 DIRECTOR

Karl McPherson

ZONE 8 DIRECTOR

Lucia Fendelet

STAFF

CEO

Andrée Montreuil

MEMBER SERVICES MANAGER/BOOKEEPER

Catherine Dubinsky

STAFF

TECHNICAL DIRECTOR

John Carroll

RECREATION PROGRAM MANAGER

Keara Urquhart

EVENTS MANAGER/COACHING COORDINATOR

Leanne James

COMMUNICATIONS & MARKETING MANAGER

Melissa Mungall

WAG COORDINATOR

Crystal Gilhooly

TG COORDINATOR

Debbie McBoyle

IST COORDINATOR

Gavin Leung

PROVINCIAL COACH

Richard Ikeda

EQUIPMENT COORDINATORS

Marc Crippen,
Michelle Ricks

MEMBER SERVICES OVERVIEW

36,864

Total unique members

GBC experienced a decrease of 32% in membership compared to 2019. This is due to the COVID-19 pandemic.

79 member clubs

One new member club: Pacific Rim Gymnastics!

It is important to note that the COVID-19 pandemic has reduced the number of clubs in BC, which will be reflected in the next annual report.

Uplifter

Gymnastics BC has now completed one full membership year using the Uplifter platform! GBC will continue efforts to streamline registration and make the process easier.

MEMBERS BY THE NUMBERS

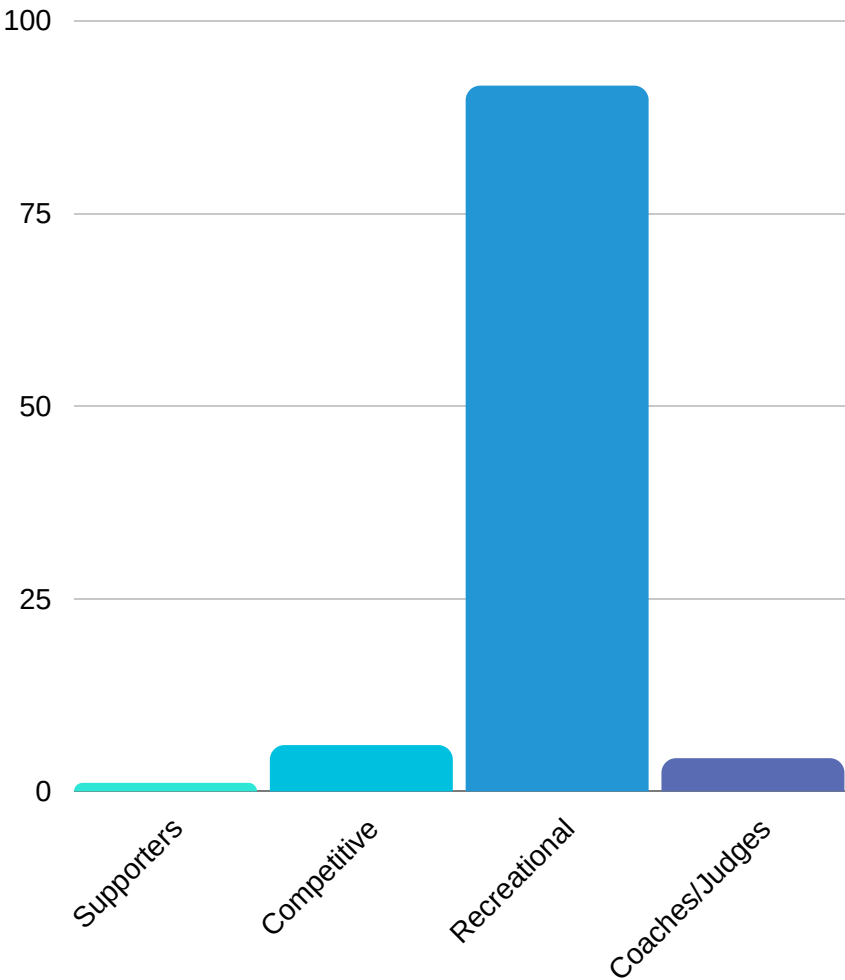
Recreational Athletes

- Artistic (28,763)
- Trampoline (925)
- Artistic Casual (1,032)
- Trampoline Casual (2)
- Artistic Interclub Performance (1,124)
- Artistic Interclub Performance Plus (571)
- Artistic Interclub Performance Challenge (191)
- Trampoline - Interclub (29)
- Acrobatic (62)
- Circus Arts (636)
- Parkour (398)
- Cheerleading (0)

Coaches and Judges

- Artistic Recreational Coach (766)
- Artistic Pre-CIT & CIT (197)
- Trampoline Recreational Coach (91)
- Men’s Artistic Gymnastics Coach (43)
- Women’s Artistic Gymnastics Coach (272)
- Trampoline Gymnastics Coach (55)
- Acrobatic Coach (5)
- Men’s Artistic Gymnastics Judge (10)*
- Women’s Artistic Gymnastics Judge (81)*
- Trampoline Gymnastics Judge (31)*

** individuals registered with Gymnastics BC*



Competitive Athletes

- Men’s Artistic Gymnastics (265)
- Women’s Artistic Gymnastics (1,655)
- Trampoline Gymnastics (256)
- Acrobatic (9)

Supporters

- Board of Directors (189)
- Club Staff (120)
- Volunteers (15)
- Other (44)

GYMNASTICS FOR ALL



	2018	2019	2020
ARTISTIC RECREATIONAL	44,396	45,064	28,763
TG RECREATIONAL	659	824	925
ARTISTIC CASUAL	3,116	2,613	1,032
TG CASUAL	22	17	2
ARTISTIC INT. PERFORMANCE	1,590	1,447	1,124
ARTISTIC INT. PERF. PLUS	314	356	571
ARTISTIC INT. PERF. CHALLENGE	101	140	191
ACROBATIC RECREATIONAL	94	82	62
RECREATIONAL CHEERLEADING	11	-	-
TG INTERCLUB	3	5	29
CIRCUS ARTS	-	-	636
PARKOUR	-	-	398
TOTAL	50,306	50,548	33,733

WORLD GYMNAESTRADA

The 2019 World Gymnaestrada was held in Austria from July 7 - 13, 2019.

Approximately 18,000 participants from 65 nations took part, including 786 Canadian participants from 6 provinces, and 285 from BC (largest contingent in Canada!)

Congratulations to all participants!

ADAPTIVE & INCLUSIVE SERIES

We are happy to report the successful delivery of 6 virtual workshops over a two-part series on how to start an Adaptive/Inclusive Program in clubs.

Session topics included comprehensive inclusion process and intake procedures, common disabilities and characteristics, therapeutic benefits of gymnastics, and more!

GYMNASTICS FOR ALL HIGHLIGHTS

9.1%

INCREASE IN 2019 REC
CONFERENCE
ATTENDEES, FOR A
TOTAL OF 48
ATTENDEES.

14

LIVE, VIRTUAL
GYMNASTICS FOR ALL
WORKSHOPS WITH 315
ATTENDEES IN TOTAL.

6

BRAND-NEW
ADAPTIVE/INCLUSIVE
VIRTUAL WORKSHOPS
ON HOW TO START
AN ADAPTIVE OR
INCLUSIVE PROGRAM
IN CLUBS.

285

PARTICIPANTS FROM
BC AT THE 2020 WORLD
GYMNAESTRADA.

TECHNICAL HIGHLIGHTS

RESPECT IN SPORT COMPLIANCE

With the addition of RiS compliance for all levels of coaches at national events, there has been an increase in the number of individuals completing this important program, with over 400 individuals in BC. The cost of RiS Certification is covered within GBC's membership budget.

INCREASING COACH EVALUATORS IN BC

With the increased number of trained Trampoline Foundations, Active Start and Competition 1 coaches, GBC offered webinar training for CE disciplines to increase the opportunities for coaches to complete certification evaluations. This increased GBC's CE count for those disciplines by 10 – 12 in each area.



HIGHLIGHTS

NCCP LOCKER

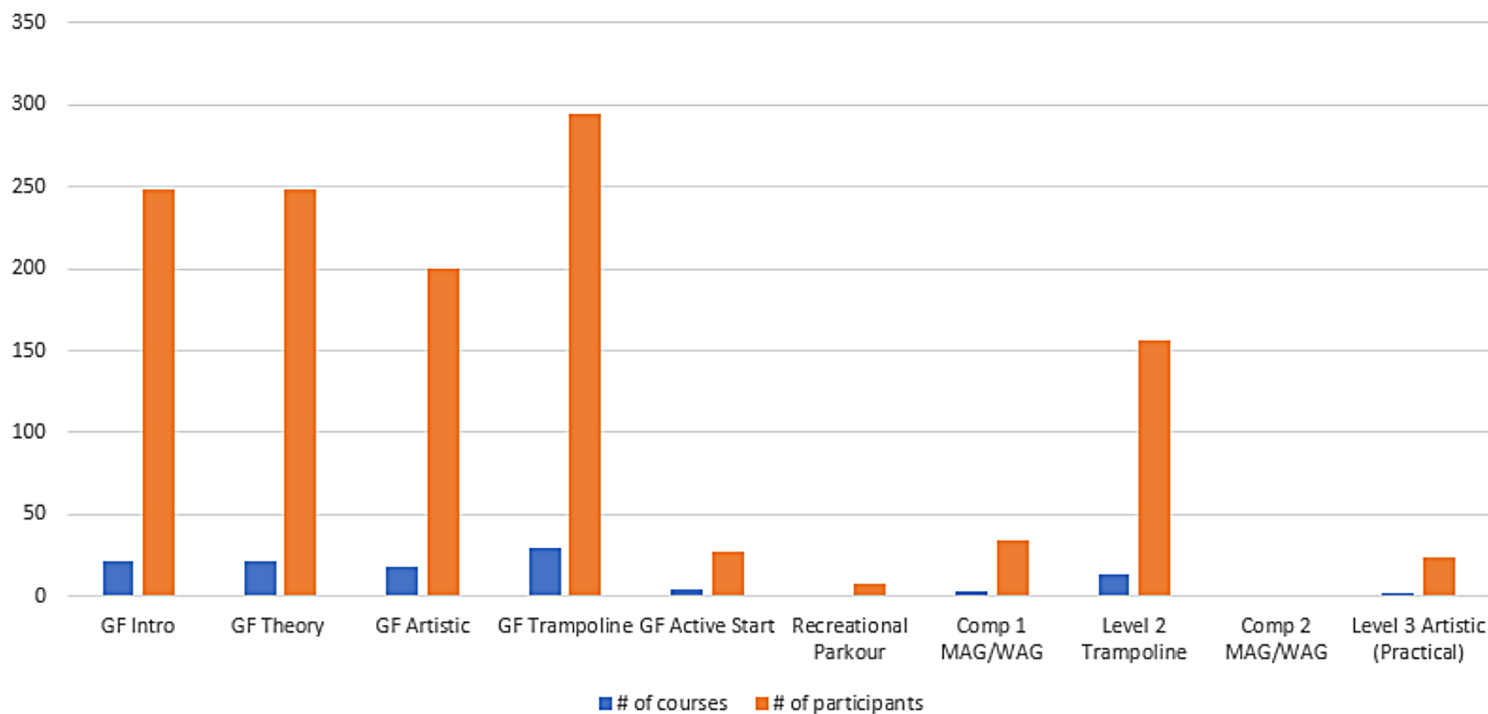
Over this 12 month period, there have been a large number of requests to find missing documentation for coach training in the NCCP Locker. Although this is a challenging area to feel accomplishment, there have been many Locker mysteries solved for many coaches in the past year.

COACH DEVELOPMENT

GBC works to provide meaningful education and professional development to coaches.

The following charts provide a closer look into the coach development that occurred during fiscal 2020.

	Courses			Participants		
	2018	2019	2020	2018	2019	2020
GF INTRO	18	26	22	253	346	248
GF THEORY	18	25	22	252	339	248
GF AG	19	23	18	236	308	200
GF TRAMPOLINE	7	12	30	74	125	294
GF ACTIVE START	5	2	4	40	29	28
REC. PARKOUR	2	2	1	42	29	8
C1 MAG/WAG	11	7	3	156	101	34
L2 TRAMPOLINE	4	2	14	33	19	156
C2 MAG/WAG	2	1	0	41	12	0
L3 MAG/WAG	1	11	2	8	3	24
L3 TRAMPOLINE	0	1	1	0	13	0
TOTAL	86	102	117	1135	1324	1240



COACHING HIGHLIGHTS

COACHING REBATES

As part of GBC's 50th year celebrations, coach education course rebates were allocated to coaches across the province. 24 coaches (3 coaches from each zone) were randomly selected to receive \$102 rebates on Gymnastics Foundations programs.

RESPECT IN SPORT COMPLIANCE

Respect in Sport (RIS) and Criminal Record Check (CRC) Compliance reports were sent to clubs for the second year to ensure adherence to GBC safety standards. Many clubs put in the effort to submit missing certifications for all of their coaches. Nearly 3/4 of GBC member clubs maintained compliance and/or submitted before the deadline.



HIGHLIGHTS

WEBINARS

GFA, coach and judge education webinars ran between April and June 2020. 41 sessions were presented by gymnastics experts from across the country on a variety of topics related to WAG, MAG, TG, GFA and judge programs.

TRAMPOLINE GYMNASTICS

The 2019-2020 season opened with great excitement and optimism for our trampoline gymnastics (TG) athletes on the domestic and international stage. There was great anticipation as the Olympic selection entered the final stages, beginning with the World Championships in November and the following World Cup schedule.

Together with the rest of the world, TG has had to face the current COVID-19 pandemic with great courage, imagination and creativity. With the loss of an entire domestic competitive season, clubs and their families continue to grapple with this new reality. However, a number of events give cause for celebration.

HP DMT TRAINING CAMP

BC's top DMT athletes and coaches were invited to take part in the first high-performance DMT camp.

Nine athletes and three coaches took part in the two-day training camp.

		2018	2019	2020
PROVINCIAL MALE	TRAMPOLINE	51	49	49
	DMT	46	47	47
	TUMBLING	13	7	7
PROVINCIAL FEMALE	TRAMPOLINE	124	115	115
	DMT	121	111	111
	TUMBLING	77	64	64
NATIONAL/HP MALE	TRAMPOLINE	22	21	21
	DMT	25	20	20
	TUMBLING	3	2	2
NATIONAL/HP FEMALE	TRAMPOLINE	37	31	31
	DMT	36	35	35
	TUMBLING	6	5	5

JUDGE TRAINING SESSIONS

Newly-certified judges were invited to take part in additional mentoring sessions offered at all the BC Provincial Cups. These sessions provided an opportunity to improve their abilities in becoming certified in more than one discipline. Participation was on a voluntary basis. Each session was facilitated by a National or FIG certified judge.

TRAMPOLINE HIGHLIGHTS

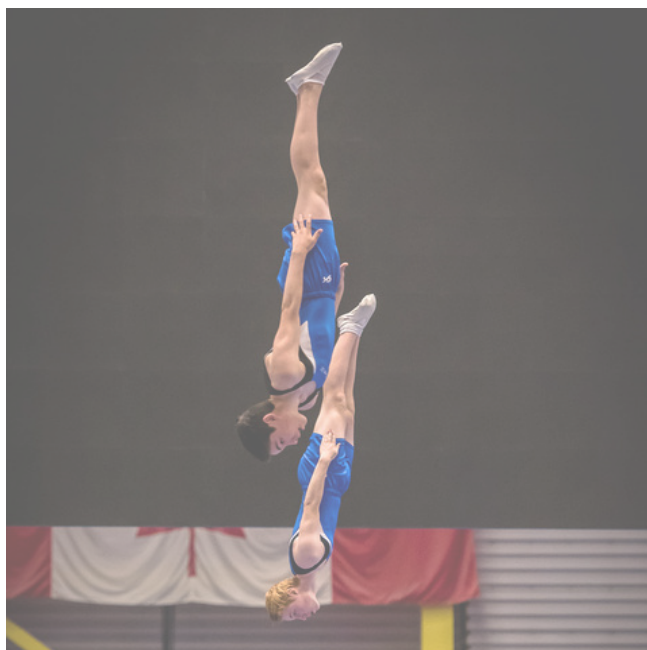


25

**MEDALS PRESENTED
TO TG BC ATHLETES
AT CANADIAN
CHAMPIONSHIPS**

2019 WORLD
CHAMPIONSHIPS

**SAM SMITH
3RD SYNCHRO,
3RD TEAM**



PAN AM GAMES

**SAM SMITH,
GOLD, WOMEN'S
INDIVIDUALS
TRAMPOLINE**

WOMENS ARTISTIC GYMNASTICS HIGHLIGHTS



WORLD CHAMPIONSHIPS

**SHALLON OLSEN,
4TH VAULT, 7TH TEAM**

2020 TOKYO OLYMPIC GAMES

**GORDON BENNETT
SELECTED AS JUDGE**



2019 PAN AM GAMES

**SHALLON OLSEN &
ISABELA ONYSHKO:
TEAM SILVER;
SHALLON OLSEN:
VAULT, BRONZE**



WOMEN'S ARTISTIC GYMNASTICS (WAG)

ATHLETE, COACH AND JUDGE DEVELOPMENT

Over the past year, GBC's WAG staff continued their strong relationship with Canadian Sport Institute (CSI) Pacific, and GBC athletes made use of CSI services. CSI representatives attended GBC's annual retreat, and provincial members participated in the "Powering Podiums" sessions. All targeted athletes received Functional Assessments and IST services, either through GBC or through GymCan.

Additionally, GBC developed a province-wide Physical Testing program, which was provided to all 51 active clubs along with a link to submit results. It also allowed clubs to review their own athlete's scores from training camps and see progress from test to test.

Additionally, the Women's Judges' Committee (WJC) organized and ran 1 FIG/HP and 16 JO judging courses throughout the province. GBC has one of the strongest WAG judging communities in Canada, with over 160 active judges in our province.

ATHLETES PER LEVEL

	2018	2019	2020
JO 1	264	202	206
JO 2	256	294	269
JO 3	291	341	314
JO 4	175	148	182
JO 5	71	58	69
JO 6	268	311	281
JO 7	123	137	144
JO 8	96	77	83
JO 9	50	51	50
JO 10	36	32	49
ASPIRE	41	34	33
HIGH PERFORMANCE	16	18	13
TOTAL	1,687	1,703	1,692

MEN'S ARTISTIC GYMNASTICS (MAG)

GBC continued to have a strong presence on the Junior and Senior National Teams in the 2019-20 season. The senior national team included BC's Zachary Clay (Twisters Gym Club) and Darren Wong (Vancouver Phoenix - Cal Berkley) and the junior national team included BC's Evan Fedder (Vancouver Phoenix).

	2018	2019	2020
PROVINCIAL LEVEL 1	105	108	91
PROVINCIAL LEVEL 2	31	36	42
PROVINCIAL LEVEL 3	48	52	47
PROVINCIAL LEVEL 4	31	20	25
PROVINCIAL LEVEL 5	7	12	5
NATIONAL OPEN	16	19	16
ELITE 3 & 4	19	23	21
HP JUNIOR	3	4	13
HP SENIOR	11	10	6
TOTAL	262	284	266

MEN'S JUDGES

This past year, four BC judges worked to develop online judging certification courses for all of Canada.

They have since released a second-level judging course: Club Level Judge, which is now available on the GymCan website!

MEN'S ARTISTIC GYMNASTICS HIGHLIGHTS



ELITE CANADA

**DARREN WONG,
2ND ALL AROUND,
2ND FLOOR**

**ZACH CLAY,
3RD ALL AROUND,
2ND POMMEL HORSE**

PAN AM GAMES

**ZACH CLAY
3RD TEAM,
6TH POMMEL HORSE**



TOYOTA CUP

**ZACH CLAY,
3RD POMMEL
HORSE**

ADMINISTRATION & EVENTS

A MILESTONE YEAR: OUR 50TH ANNIVERSARY

2019 marked Gymnastics BC's 50th anniversary; to commemorate this milestone, GBC worked with its 50th anniversary committee to organize events honouring those who've helped develop gymnastics in the province over the last 50 years. Throughout the year, we celebrated in many ways - we coordinated a BC Lions halftime show performance, history trivia quizzes, coaching and zone grants, increased scholarships, and ended the year with a celebration gala!

The BC Lions halftime show was wildly successful. More than 250 participants, coaches, and volunteers took part in the event on Sept 28, 2019.

The 50th Anniversary Celebration Gala, which followed our annual Awards and Scholarships event, at the Yaletown Roundhouse had over 200 attendees. This event included 50th anniversary memorabilia, a silent auction, dinner, a 50th Anniversary history book and the announcement of our latest winners of the Life Member and Member of Distinction awards for our celebration year.

The year ended off with the 50th anniversary committee issuing Zone coaching education grants and coaching rebates to 24 Gymnastics Foundations program participants across the province.

\$1,500

RAISED AT THE 50TH
ANNIVERSARY SILENT
AUCTION THIS YEAR.

\$5,000

IN SCHOLARSHIPS
AWARDED TO FIVE
APPLICANTS.

NOMINATIONS | AWARDS

**SPORT BC HALL
OF FAME
INDUCTEE**

VAL JOHNSON

The 2019 Life members and Members of Distinction were recognized during the Celebration Gala at the Yaletown roundhouse on November 15, 2019.

LIFE MEMBER

TWYLA RYAN

Twyla Ryan was awarded the GBC Life Member Award, and Garry Ricks, Michelle Ricks, Penny Erickson, Jodie Hinks, and Sandy Smith were awarded as GBC Members of Distinction.

**MEMBERS OF
DISTINCTION**

**GARRY RICKS,
MICHELLE RICKS,
PENNY ERICKSON,
JODIE HINKS, AND
SANDY SMITH**

RISK MANAGEMENT

A CRITICAL SHIFT: RESOURCE DEVELOPMENT

In recent years, risk management has become an essential part of every club's operations. In the 2019-20 season, GBC increased its focus on risk management by hiring new staff dedicated to this important portfolio, by developing new resources and new policies for its member clubs, and by providing educational opportunities through Virtual Town Halls. By better understanding risks, clubs will be better equipped to address issues as they arise.

Over the past fiscal year, GBC began development of a risk management toolkit for clubs. Although resource identification and development remains an ongoing initiative, GBC made significant strides in 2019-2020 to strengthen areas of risk management for clubs; staff developed a pandemic response guide, club employment contracts, critical waivers and signage, and began work on renewing manuals and policies relating to participant safety.

Through its policies, procedures and practices, GBC implements a variety of measures to promote healthy environments and ensure the safety of all participants (including athletes, coaches, judges, and staff). The association continually works with its sport partners to promote safe and positive gymnastics experiences for all.

Gymnastics BC is actively taking additional measures to ensure its members participate in safe environments, with the principal aim of empowering its member clubs with the tools, knowledge and resources to protect children and youth from abuse. Working collaboratively with Gymnastics Canada, the Canadian Centre for Child Protection and viaSport, Gymnastics BC is currently developing policies and province-wide initiatives that will be critical to driving change within the system.



COMMUNICATIONS & MARKETING HIGHLIGHTS

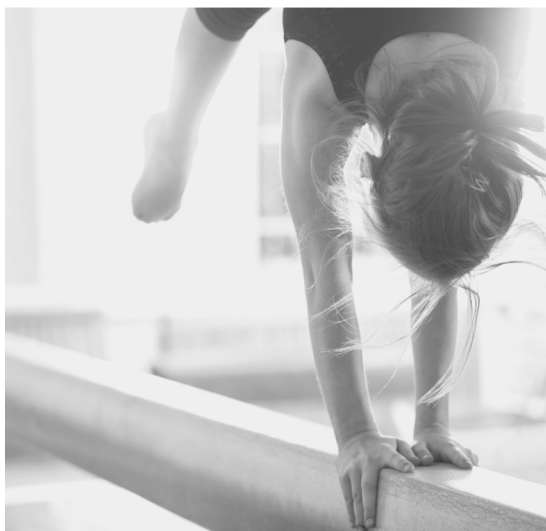


NEW WEBSITE

In 2019, GBC unveiled a brand-new website. The content and structure of the previous site was removed, and a new foundation was built. Feedback for the new site has been positive, and we look forward to continuing to serve our members needs through this new platform.

KNOWLEDGE BASE

In 2019, GBC embarked on a new communications path: prioritizing education and supporting career advancement. Thus, the online learning academy was conceptualized. This microsite will house valuable resources for all disciplines and categories of members, and is expected to go live in 2021.



NEW E-NEWS STREAMS

In response to the challenges faced over the past year, GBC ramped up its communications efforts; we started a bi-weekly CEO update, and regular membership updates.

SOCIAL STATS



2300+

facebook
likes



1500+

twitter
followers



3700+

Instagram
followers



21K+

website
visitors

