## 2024 WAG Optional, MAG, Gymnastics BC Championships Workplan #2

Sunnastico Sunnastico Sunnastico Strange Strange	GYMNASTICS BC BC CHAMPIONSHIPS * 2024 * *	TRAMPOLINE & ARTISTIC G Y M N A S T I C S	
	Dates: March 28 - 30, 2024 Location: <u>PNE Forum</u> , Vancouver BC	<b>SPORT HOSTING</b>	
EVENT INFORMATION		JF UKT HUJTINU	
	2024 Event Website	VANCOUVER	
		consistently be updated on the event website.	
	TAG Sports Centre		
	1110-819 Seaborn Ave		
	Port Coquitlam, BC		
HOST CLUB CONTACTS	V3B 8G8		
	Leonna Wojcik Barb	Fraser	
	-	4) 763-8414	
		nnut@telus.net	
	Gymnastics BC		
	, 268-828 West 8 <sup>th</sup> Ave		
	Vancouver, BC		
	V5Z 1E2		
GYMNASTICS BC CONTACTS			
	Aidan Muth		
	Communications and Events Coordinat	tor	
	P: (604) 333-3490		
	E: amuth@gymbc.org		
	Social Media Handles: Instagram: @gymnasticsbc   @tag.gymnastics		
	Facebook: Gymnastics BC   TAG Gymnastics		
	X: @GymnasticsBC		
MEDIA INFORMATION			
	Hashtags:		
	#GymBCChamps2024 #ProvincialChar	mps2024 #GymnBCxTAG	
	Madia Cantach communication of a material		
	Media Contact: <u>communications@gym</u>		

## **EVENT INFORMATION**

COMPETITION DATES	March 28 – 30, 2024				
	PNE Forum				
	2901 E Hasting St. Vancouver, BC V5K 5J1				
VENUE					
	To find out more, visit the website to view the facility https://www.pne.ca/				
	Dates		Athlete	Coach	
	March 4-7, 2024 (Late	Registration)	\$170	\$35	
	March 8-10, 2024 (Ve	ry Late Registration)	\$200	\$60	
	Entries will no	t be accepted after Marc	h 10, 2024		
	Payment of Fees				
	• E-Transfer: may be	sent to <u>accounting@gym</u>	<u>nbc.org</u> . Ple	ase inclu	de the
	following information	on:			
	<ul> <li>2024 BC C</li> </ul>	hamps;			
	<ul> <li>GymBC Inv</li> </ul>	voice			
	<ul> <li>Club Name; and</li> </ul>				
	$\circ$ Number of athletes & coaches you are paying for.				
	• Cheques are payable to: Gymnastic BC, #268 – 828 West 8th Avenue,				
	Vancouver, B.C. V5	Z 1E2			
FEES AND REGISTRATION	Invoices will be sent to clubs following the first registration deadline.				
FEES AND REGISTRATION					
	Apparatus Finals (WAG	<u>i Only)*</u>			
		e cost of additional awar			
		in L7-8-9-10 will be char			
		ul finalists must indicate s be a radio button to indi			
	Champs. There will be a radio button to indicate yes or no. Should a change be needed, clubs must inform GymBC no later than Wednesday March 20,				
	2024.				
	*See detailed information below				
	Registration Information:				
	Registration will be conducted through Kscore. <u>Click here</u> to access the Kscore				
	registration website.				
	Registration Deadlines:				
	March 10, 2024	Very late registration de			
		registrations will be acc	epted after	March 1	0, 2024.

# EVENT INFORMATION (CON'T)

	Disconcerning to the Demuset for De			
	Please complete the <u>Request for Re</u>	-		
	• A medical certificate <b>must be provided</b> for all athlete withdrawing from the			
	competition. A medical certificate <b>is not required</b> for coaches withdrawing from the competition.			
REFUNDS AND WITHDRAWALS	<ul> <li>A \$10 administration fee will be withheld for athletes withdrawing from the competition.</li> </ul>			
	<ul> <li>No fees will be held from coach wit</li> </ul>	thdrowalc		
	<ul> <li>No refunds will be issued after Wednesday, March 27, 2024.</li> </ul>			
	<ul> <li>Please note: Refund requests will ONLY be monitored via <u>the electronic form</u>.</li> <li>Scanned paper copies from previous years will not be accepted.</li> </ul>			
		4 WAG Optional and MAG Gymnastics		
		by Gymnastics BC. Any athlete who is		
	not registered properly (i.e. not in t			
		be subject to a \$200 fine (charged to the		
	club) and may be ruled ineligible for			
	<ul> <li>Please see specific eligibility require</li> </ul>			
ATHIETE ELIGIBILITY		ation Handbook, a club may not change		
		rch 1, 2024. It is the club's responsibility		
		tered in the appropriate category by that		
	date. If you have any questions reg	arding your athletes and their		
	categories, please contact <u>membership@gymbc.org</u> prior to the March 1			
	deadline.			
	NCCP Certification			
	• All coaches must have the appropriate NCCP certification to be on the field			
	of play as per the <u>GymBC Coaching</u>	g Education Operations Manual as well		
	as successful completion of the Respect in Sport (RiS) program. Coaching			
	certification and RiS completion will be verified by Gymnastics BC for all			
	coaches registered for the competition. Coaches with inadequate			
	certification will be contacted to advise them of the situation.			
	• Any coach with missing certification who is found to be coaching on the			
	field of play during the event, will be subject to a \$200 fine.			
	Coaches not meeting the minimum level of certification may apply for a     one time exemption. The exemption will be granted until the payt			
	one-time exemption. The exemption will be granted until the next applicable NCCP course(s) is/are offered. For more information on			
COACH ELIGIBILITY	••	aching Education Operations Manual or		
	contact <u>coaching@gymbc.org</u> .	<u> </u>		
	Minimum Certification Requirements			
	MAG Provincial Level 1	NCCP Gymnastics Foundations		
		Certified and Respect in Sport (RiS)		
	MAG Provincial Level 2	NCCP Competition Introduction		
		(Comp 1) Certified and RiS		
	MAG Provincial Level 3-4, Aspire,	NCCP Competition Introduction		
	WAG L6-8	Advanced (Comp 2) Certified and RiS		
	MAG Provincial Level 5, Open	NCCP Competition Development		
	Junior, Senior, WAG L9-10, HP	(Comp 3) Certified and RiS		

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# EVENT INFORMATION (CON'T)

PARKING & TRANSIT	<ul> <li>Parking</li> <li>Parking is available in the PNE's secure, well-lit lot located at Hastings &amp; Windermere across the street from the Playland main gate; overflow parking is available in lot nine located off Bridgeway Street.</li> <li>Parking for disabled guests is available on both lots. Accepted methods of payment for parking: cash, credit and debit.</li> <li>Public Transit</li> <li>Busses available to EB E Hastings St @ Renfrew St. The venue is a 5-minute walk from the bust stop.</li> </ul>			
GETTING THERE	Vid Park Blaze Gournet Burgers Park Blaze Gournet Burgers Park Vancouver Generatal/dispital Park Vancouver Science Word Park Blaze Gournet Burgers Park Vancouver Science Word Park Blaze Gournet Burgers Park Vancouver Science Word Park Blaze Gournet Burgers Park Vancouver Science Word Park Blaze Gournet Burgers Park Vancouver Science Word Park Park Vancouver Science Vancouver Science Vanc	tinge Ster E Hustinge S CONA Cona Wendeles Str GRANDVIEW-WO Faithons Park G Gym Cons Ran Cona Con	Lister College Laselle Colleg Vancouve Park (Trout Lake Park)	E te Ave
DECLARATION OF COMPLIANCE AND MEDIA RELEASE	<ul> <li>In order to participate in this event, each club must sign a <u>Declaration of Compliance form</u> and submit it to GymBC with your registration fees.</li> <li>By signing this document, you are also ensuring that your club has attained a media release form for all participating athletes, coaches and/or members at your club that may appear on camera during the competition, and giving GymBC and TAG Sports Centre permission to post media to social media channels and websites during and after the competition.</li> <li>The deadline to complete the Declaration of Compliance form is Friday March 22, 2024.</li> <li>If you need a media release form template, please contact <u>safety@gymbc.org</u>.</li> </ul>			
ADMISSIONS	Type         Adult         Child (5-16)/Senior         4 and Under         Family (2 adults, 2 students)         • Click here to pre-pay for ad         • Payment is also accepted o tickets. It is strongly recommonline!	1 Day Pass \$25 \$15 Free \$60 missions online. n-site: there will	<b>3 Day Pass</b> \$60 \$35 Free \$145 be a QR code to	purchase
ACCREDITATION	• All athletes, coaches, judges, vendors, and any recognized VIP personnel must pick up their accreditation badge from the accreditation table before attending the event.			

# EVENT INFORMATION (CON'T)

EVENT PHOTOGRAPHER	• Cakewalk Media Inc will be the official photographer of the event. The best deal is to pre-buy the "All Photos of 1 Athlete" package early for the biggest savings. Check out <a href="https://www.cakewalkmedia.ca/BCGYM/">https://www.cakewalkmedia.ca/BCGYM/</a> for information on how to pay and to view your athletes photo galleries
RAFFLES	• There will be a silent auction on site. Check the vendor area to see what is available!
CONCESSION	<ul><li>The venue has a concession with hot/cold snacks and beverages.</li><li>Cash, credit, and debit accepted.</li></ul>
VENDORS	<ul> <li>Below are the official vendors of the 2024 WAG Optional, MAG, and TG Gymnastics BC Championships:         <ul> <li>GymGear: www.gymgear.ca</li> <li>Airbound Trampoline Shoes: www.airbound.ca</li> <li>Northwest Designs: www.nwdinc.ca</li> <li>Cakewalk Media: www.cakewalkmedia.ca</li> </ul> </li> </ul>
MUSIC	<ul> <li><u>REMINDER</u>: Floor music <u>MUST</u> be uploaded through Kscore. There will be no access to play music directly off of a device.</li> </ul>
EVENT SPONSORS	Thank you to our event sponsors for making this event into a reality! Starkey Hear better. Live better. Hear better. Live better. KINETICS GROUP
TRAVEL SUBSIDY	<ul> <li>Gymnastics BC is pleased to allocate funds to contribute towards travel costs for athletes (age 18 years and under) who attend the 2024 WAG Optional, MAG, TG Gymnastics BC Championships</li> <li>Please review the <u>Travel Subsidy Criteria document</u> for information on the selection and allocation process.</li> <li>Applications must be submitted no later than 11:59 p.m. on Friday May 3, 2023. No late submissions will be accepted.</li> <li>If you have any questions regarding the application process, please email <u>events@gymbc.org</u>.</li> </ul>

## **COMPETITION INFORMATION - MAG**

Provincial Level's 1-5 and National Open Aspire, JR15, JR17, SR-NG, and SR21+

Aspire, JR15, JR17, SR-NG, and SR21+				
	Category	Birth Year	Individual Awards	
CATEGORIES	Provincial 1	• 2014-2016, 2013 or earlier	<ul> <li>Ribbons for each apparatus</li> <li>AA medal</li> <li>Certificates and All- Star Certificates</li> <li>Medal 1-3 (10+)</li> </ul>	
	Provincial 2 Provincial 3 Provincial 4 Provincial 5 National Open Aspire Junior Senior	<ul> <li>2011-2016</li> <li>2012-2014, 2011 or earlier</li> <li>2012-2014, 2011 or earlier</li> <li>2007-2010</li> <li>2009 or earlier</li> <li>2010-2011</li> <li>2008-2009, 2006-2007</li> <li>2004-2005, 2003 or earlier</li> </ul>	<ul> <li>Medal 1-3</li> <li>Rosettes 4-6</li> <li>Ribbon 4-6</li> <li>Plaque AA Champion</li> </ul>	
RESTRICTIONS	If there is only one competitor in any one (1) category, only an all-around award will be given. If there are two or more competitors, all awards will be given.			
TIE-BREAKERS	There is no tie-breaking rule. If there is a tie, the following position is skipped. For example; if there are two athletes tied for second place, there will be no third place awarded. The next athlete in rank order will receive the fourth-place award.			
TRIALS	This event serves as trials for the 2024 Canadian Artistic Gymnastics Championships for Open, Aspire, Junior, and Senior.			
WARM UP PROCEDURES	Please review the GymBC Warm-Up Procedures found in Appendix A of the <u>MAG</u> <u>Operations Manual.</u>			
JUDGES	<ul> <li>Judges assigned at the 2024 Artistic Gymnastics BC Championships (or at any other meet) must be registered as judges with Gymnastics BC.</li> <li>The organizing committee (host club) will pay for transportation and accommodation of all judges.</li> </ul>			
COMPETITION ATTIRE (COACHES)	<ul> <li>Coaches must be dressed according to GymBC Guidelines; outlined in the MAG <u>Operations Manual.</u></li> <li>In order to maintain a professional image, coaches are required to abide by the regulations for attire while on the competition floor, during warm-up and competition:         <ul> <li>Appropriate club/team uniform;</li> <li>T-shirt, polo shirt, or training jacket; appropriate indoor sport footwear; and</li> <li>No hats, sandals, slippers, shorts, crop tops, tank tops, jeans, rippled, or torn clothing or similar</li> </ul> </li> <li>Coaches dressed inappropriately will receive a warning from the Competition Head Judge. The coach will have 30 minutes to comply.</li> </ul>			
ADITIONAL INFORMATION	Winners of the Ma event.	AG Provincial Camp Challenge Cup se	eries will be announced at the	

## **COMPETITION INFORMATION - WAG**

	<ul> <li>HP Novic</li> <li>Athletes a Ideally, gr 24 in any participar once they</li> <li>Coaches a Champion compete, for other</li> </ul>	els 6,7,8,9,10 e, Junior, Senior registered in the CCP categ roupings for awards will be given level/birth year. Ath nts will be grouped togethe v are circulated with the fin are reminded that attendar nships for all HP athletes is or demonstrate full or par activities such as award pr that athletes be exempt.	balanced with a maxin letes registered in leve er. No changes to the g hal schedule. Ince at the 2024 Artistic mandatory. HP athlet tial routine, coach or ju	num of approximately el/birth year with few roupings will be made c Gymnastics BC es who do not udge must be available
	Category	Eligibility	Individual Awards	
CATEGORIES	CCP L6- 10 <b>Optional</b>	<ul> <li>CCP 6 athletes attaining qualifying score (32.00+ AA – must be indicated upon registration)</li> <li>All registered CCP 7-10 athletes</li> </ul>	<ul> <li>All-Around: by category and by competitive age groupings</li> <li>Medals 1-3</li> <li>Ribbons 4-10</li> <li>Plaque AA Champion</li> </ul>	<ul> <li>Club awards (1-3) for each level. Min 3 athletes per club, all birth years combined. Top 3 scores on each apparatus to count</li> </ul>
	HP Novice, Junior, Senior <i>Mandatory</i>	• No qualification standards, but they must attend as an athlete, coach, judge, demonstrator or volunteer	<ul> <li>All-Around (JR+SR combined): by category</li> <li>Medal 1-3,</li> <li>Ribbon 4-10</li> <li>Plaque AA Champion</li> </ul>	<ul> <li>No Team Awards</li> </ul>
	Apparatus Finals**	<ul> <li>L7-10</li> <li>Top 8 athletes (all age groups combined) per apparatus, per level within 1 session</li> </ul>	<ul><li>Medals 1-3</li><li>Ribbons 4-8</li></ul>	<ul> <li>No Team Awards</li> </ul>
		no Aspire category at this ev		
	**Apparatus F	inals awards will be given in	addition to all other reg	ular awards.
RESTRICTIONS	If there is only one competitor in any one (1) category, only an all-around award will be given. If there are two or more competitors, all awards will be given.			
TIE-BREAKERS	There is no tie-breaking rule. If there is a tie, the following position is skipped. For example; if there are two athletes tied for second place, there will be no third place awarded. The next athlete in rank order will receive the fourth-place award.			
TRIALS	This event serves as trials for the 2024 Canadian Artistic Gymnastics Championships for L9 and L10.			
WARM UP PROCEDURES	Please review	the GymBC Warm-Up Pro	ocedures found in the l	BC CCP Charts and
	Xcel Program	Manual.		

## COMPETITION INFORMATION – WAG (CON'T)

	• Structure: top 8 athletes (all age groups combined) per apparatus, per level within 1 session		
	<ul> <li>4 rotation format</li> </ul>		
	<ul> <li>Split warm-up for all rotations</li> </ul>		
	<ul> <li>Starting apparatus: L10 – vault, L9 – uneven bars, L8 – balance beam, L7</li> <li>floor exercise</li> </ul>		
	• Qualification: top 8 athletes per level per apparatus + 1 reserve athlete		
APPARATUS FINALS	<ul> <li>During qualifications: judging panels to remain the same (as much as possible) per level for consistency and fairness across age groups.</li> </ul>		
	<ul> <li>If there is a tie in 8<sup>th</sup> place, all tied athletes will participate in the final, but no reserve athlete will be named.</li> </ul>		
	• There will be separate results pages in Kscore to follow qualifications.		
	<ul> <li>Finalists will be confirmed with clubs after each level (7-8-9-10), all age groups, is done competing.</li> </ul>		
	No petitions are permitted.		
	Judges assigned at the 2024 Artistic Gymnastics BC Championships (or at any		
JUDGES	other meet) must be registered as judges with Gymnastics BC.		
	The organizing committee (host club) will pay for transportation and		
	accommodation of all artistic judges.		
	<ul> <li>Coaches must be dressed according to GymBC Guidelines; outlined in the <u>WAG</u> <u>Operations Manual.</u></li> </ul>		
	In order to maintain a professional image, coaches are required to abide by the		
	regulations for attire while on the competition floor, during warm-up and		
	competition:		
COMPETITION ATTIRE	<ul> <li>Appropriate club/team uniform;</li> </ul>		
(COACHES)	<ul> <li>T-shirt, polo shirt, or training jacket; appropriate indoor sport footwear; and</li> </ul>		
	<ul> <li>No hats, sandals, slippers, shorts, crop tops, tank tops, jeans, rippled, or torn clothing or similar</li> </ul>		
	<ul> <li>Coaches dressed inappropriately will receive a warning from the Competition Head Judge. The coach will have 30 minutes to comply.</li> </ul>		

### **COMPETITION SCHEDULE – FINAL**

### Thursday, March 28, 2024

Session 1:

• <u>WAG</u> 07:30 – 11:00 – CCP 6 (8 rotations, 2 floors):

Feb 2014-Oct 2015 (20), Mar 2013-Jan 2014 (22), Aug 2012-Feb 2013 (20), Jan 2012-Jul 2012 (21)

Session 2:

• <u>WAG</u> 11:15 – 14:45 – CCP 6 (8 rotations, 2 floors):

Apr 2011-Dec 2011 (22), Sep 2010-Mar 2011 (22), Oct 2009-Jul 2010 (19), Mar 2007-Sep 2009 (22) Session 3:

 <u>WAG</u> 15:00 - 17:30 - CCP 9 (8 rotations, 2 floors): 2010-2012 (14), 1998-2009 (30)

### Opening Ceremonies: 17:45 – 18:00

Session 4:

 <u>WAG</u> 18:00 - 20:30 - CCP 10 (4 rotations): 2009-2011 (8), 2005-2008 (17)

### Friday, March 29, 2024

### Session 5:

- <u>WAG</u> 8:00 11:15 CCP 7 (8-rotations, 1 floor, in and out warm-up): Nov 2012-Jun 2015 (22), Feb 2012-Oct 2012 (21), Jan 2011-Jan 2012 (23)
- MAG 9:00 12:15 P2, P3-U13, P5

### Session 6:

- <u>WAG</u> 11:30 15:15 CCP 7 (8-rotations, 1 floor, in and out warm-up): Jun 2010-Dec 2010 (20), Aug 2009-May 2010 (21), Sep 2008-Jul 2009 (20), Jan 2006-Aug 2008 (19)
- <u>MAG</u> 12:45 16:00 P3-13+, P4

### Session 7:

- <u>WAG</u> 15:30 19:00 CCP 8 (8-rotations, 1 floor, in and out warm-up): May 2011-Mar 2013 (18), Jun 2009-Mar 2011 (17), Jul 2008-Apr 2009 (17), Oct 2005-May 2008 (18)
- MAG 16:30 20:30 Aspire, JR, SR, National Open

### Saturday, March 30, 2024

Session 8:

- <u>WAG</u> 10:00 12:30 High Performance (2 rotations): Novice (5), JR+SR (5)
- <u>MAG</u> 8:00 10:55 P1

Session 9:

• <u>WAG</u> 13:00 – 16:30 – Apparatus Finals (CCP 7-10) (4-rotations)