



# TRAMPOLINE DEVICE RULES

*for drop-in, field trips & birthday parties*



**Ages 6+  
Only**



**Direct  
Coach  
Supervision  
Required**



**One Person  
at a Time**  
(includes parents  
& caregivers)



**One Piece of  
Equipment  
at a Time**



**Bounce in  
the Middle,  
Bounce in  
Control**



**No  
Inversions  
or Flipping**



**Stop  
Bounce, Get  
Off Safely**



**Landing in a  
Foam Pit:**

- Ensure Clear Path
- No Inversions
- Feet First