



WAG and MAG Equipment Norms for Gymnastics BC Sanctioned Events

The following equipment norms have been established by the Men's and Women's AG Technical Committees for sanctioned events. This document does not preclude any club from hosting a competition, but it may mean that they use a facility other than their own training gym to host sanctioned competitions.

If a club is not able to meet the requirements, it must be indicated on the Sanctioning Form. Deviations from this equipment list must be clearly indicated in the invitation.

Facility Requirements

- Gymnasium with a minimum of 25 m x 30 m (approx 80 x 100 feet) of floor area. The gym may be smaller if men's and women's equipment is not set up at the same time.
- Ceiling height of at least 7 meters (approx. 22 ft clearance).
- Gymnastics Canada requires a length of 33 meters for vault.
- Two or three sets of floor plates are ideal, separated by a distance of 4 m x 5.5 m (13' 1" x 18' 1"). If floor plates are not available, free standing equipment may be used.
- Seating for spectators must be far enough away so that it does not interfere with the competition.

FIG and Provincial Equipment Requirements

Vault

| | |
|---------------------|---|
| Table: | Only vault table that meet FIG specs may be used (adjustable 100cm to 135cm) |
| Runway: | 25 m |
| Boards: | Boards meeting FIG specs |
| Landing mats: | 20 cm thick (surface must be stable) |
| Supplementary Mats: | 10 cm mats must be available for landing 20 cm safety mat must be available 50 cm + 70 cm stack mat configuration for Elite 3 40 cm mat stack configuration for JO1-2 80 cm mat stack configuration for JO3 150 cm mat stack configuration for JO6-7 |
| Yurchenko: | A Yurchenko collar (around the board) and hand mat must be available for higher level competitions |
| Other: | A square bed mini-tramp may be required in some categories |

Uneven Bars

| | |
|---------------------|--|
| Bar height: | Must meet FIG Standards Wires must be free from burrs |
| Width: | Must be adjustable from 130 cm to minimum 180 cm |
| Rails: | Must be round |
| Boards: | Boards meeting FIG specs |
| Landing mats: | 20 cm thick |
| Supplementary Mats: | 10 cm mats must be available for landing 20 cm safety mat must be available |

Beam

| | |
|---------------------|--|
| Beam | Must meet FIG Standard (padded beam with no rips) |
| Boards: | Boards meeting FIG specs |
| Landing Mats: | 20 cm thick (under the beam and for landing area) |
| Supplementary Mats: | 10 cm mats must be available for landing 20 cm safety mat must be available |



Floor

The floor mat must be a sprung surface 12 m x 12 m with a safety area of at least 30 cm

Safety Mats: 10 cm mats must be available for landing

Pommel Horse

Pommel Horse: must meet FIG standards (adjustable from 105 cm and downwards) Free of rips or tears (or taped),

S/A "Colt" 40-45cm from floor for Elite 3

Mushroom: The cover should be free of rips or tears (or taped)

Landing Mats: 10 cm thick

Still Rings

Ring frame: Must meet FIG specs (Ceiling hung rings are not sufficient) (260 cm from floor)
Wires must be free from burrs

Landing Mats: 20 cm thick

Supplementary Mats: 10 cm mats must be available for landing
20 cm safety mat must be available

Parallel Bars

Parallel Bars: Must meet FIG specs (adjustable up to 200 cm from floor)

Boards: Boards meeting FIG specs

Landing Mats: 20 cm thick

Supplementary Mats: 10 cm mats must be available for landing
20 cm safety mat must be available

Mount / dismount: A 3 m run up for mounts and a 3.5 m dismount area must be available at opposite ends of the bars

Horizontal Bar

High Bar: Must meet FIG specs (260 cm from floor). Wires must be free from burrs.

Landing Mats: 20 cm thick

Supplementary Mats: 10 cm mats must be available for landing
20 cm safety mat must be available

Other

- Sound system (WAG) with CD and cassette player
- Tables and chairs for judges, line judges, timers and scorers on each event
- Score board on each event (plus 1 extra for vault number)
- Supply of chalk and chalk boxes
- Spray bottles for water
- Computer, printer for scoring
- Podium
- Timers, flags