

# 2026 Xcel GymBC Championships

Co-Hosted by TAG Sports Centre and Gymnastics BC



April 17-19, 2026

The Cam Neely Arena (Planet Ice) - 23588 Jim Robson Way, Maple Ridge, BC V2W 1E1

[Event Website](#) - Workplans, schedules, event information will consistently be updated on the event website

## EVENT SCHEDULE

Award ceremonies will begin approximately 15 minutes after each session. See the next page for detailed award groupings.

Friday, April 17, 2026
<b>SESSION 1</b>
10:00 - 12:30
Xcel Bronze - May 2016 and Younger 10:00 - 10:15 Warmup 10:20-12:30 Competition
<b>SESSION 2</b>
12:45 - 15:15
Xcel Bronze - Apr. 2016 and Older 12:45 - 13:00 Warmup 13:05 - 15:15 Competition
<b>SESSION 3</b>
15:30 - 18:00
Xcel Silver - Jul. 2013 - May 2014 15:30 - 15:45 Warmup 15:50 - 18:00 Competition
<b>SESSION 4</b>
18:15 - 20:45
Xcel Silver - Jun. 2013 and Older 18:15 - 18:30 Warmup 18:35 - 20:45 Competition

Saturday, April 18, 2026
<b>SESSION 5</b>
07:30 - 10:00
Xcel Silver - 2016 and Younger 07:30 - 07:45 Warmup 07:50 - 10:00 Competition
<b>SESSION 6</b>
10:15 - 12:45
Xcel Silver - May 2015 - Dec. 2015 10:15 - 10:30 Warmup 10:35 - 12:45 Competition
<b>SESSION 7</b>
13:00 - 15:30
Xcel Silver - Jun. 2014 - Apr. 2015 13:00 - 13:15 Warmup 13:20 - 15:30 Competition
<b>SESSION 8</b>
15:45 - 18:15
Xcel Gold - Aug. 2011 - Oct. 2012 15:45 - 16:00 Warmup 16:05 - 18:15 Competition
<b>SESSION 9</b>
18:30 - 21:00
Xcel Gold - Jul. 2011 and Older 18:30 - 18:45 Warmup 18:50 - 21:00 Competition

Sunday, April 19, 2026
<b>SESSION 10</b>
08:00 - 10:30
Xcel Gold - 2017 - 2014 08:00 - 08:15 - Warmup 08:20 - 10:30 - Competition
<b>SESSION 11</b>
10:45 - 13:15
Xcel Gold - Nov. 2012 - 2013 10:45 - 11:00 - Warmup 11:05 - 13:15 - Competition
<b>SESSION 12</b>
13:30 - 16:00
Xcel Platinum - Oct. 2010 and Younger 13:30 - 13:45 - Warmup 13:50 - 16:00 - Competition
<b>SESSION 13</b>
16:15 - 18:45
Xcel Platinum - Sep. 2010 and Older Xcel Diamond 16:15 - 16:30 - Warmup 16:35 - 18:45 - Competition

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## AWARD GROUPINGS

Friday, April 17, 2026
<b>SESSION 1 - 10:00 - 12:30</b>
Xcel Bronze - May 2016 and Younger
XB A: May 2016 - Sep 2016 XB B: Oct 2016 - Feb 2017 XB C: Mar 2017 - Aug 2017 XB D: Sep 2017 and Younger
<b>SESSION 2 - 12:45 - 15:15</b>
Xcel Bronze - Apr. 2016 and Older
XB E: Jun 2014 and Older XB F: Jul 2014 - Feb 2015 XB G: Mar 2015 - Sep 2015 XB H: Oct 2015 - Apr 2016
<b>SESSION 3 - 15:30 - 18:00</b>
Xcel Silver - Jul. 2013 - May 2014
XS A: Jul 2013 - Sep 2013 XS B: Oct 2013 - Jan 2014 XS C: Feb 2014 - Mar 2014 XS D: Apr 2014 and Younger
<b>SESSION 4 - 18:15 - 20:45</b>
Xcel Silver - Jun. 2013 and Older
XS E: Aug 2011 and Older XS F: Sep 2011 - Jul 2012 XS G: Aug 2012 - Jan 2013 XS H: Feb 2013 - Jun 2013

Saturday, April 18, 2026
<b>SESSION 5 - 07:30 - 10:00</b>
Xcel Silver - 2016 and Younger
XS I: Jan 2016 - Apr 2016 XS J: May 2016 - Jun 2016 XS K: Jul 2016 - Oct 2016 XS L: Nov 2016 and Younger
<b>SESSION 6 - 10:15 - 12:45</b>
Xcel Silver - May 2015 - Dec. 2015
XS M: May 2015 - Jun 2015 XS N: Jul 2015 XS O: Aug 2015 - Oct 2015 XS P: Nov 2015 - Dec 2015
<b>SESSION 7 - 13:00 - 15:30</b>
Xcel Silver - Jun. 2014 - Apr. 2015
XS Q: Jun 2014 - Sep 2014 XS R: Oct 2014 - Nov 2014 XS S: Dec 2014 - Jan 2015 XS T: Feb 2015 - Apr 2015
<b>SESSION 8 - 15:45 - 18:15</b>
Xcel Gold - Aug. 2011 - Oct. 2012
XG A: Aug 2011 - Oct 2011 XG B: Nov 2011 - Feb 2012 XG C: Mar 2012 - May 2012 XG D: Jun 2012 - Oct 2012
<b>SESSION 9 - 18:30 - 21:00</b>
Xcel Gold - Jul. 2011 and Older
XG E: Jun 2009 and Older XG F: Jul 2009 - Jun 2010 XG G: Jul 2010 - Jan 2011 XG H: Feb 2011 - Jul 2011

Sunday, April 19, 2026
<b>SESSION 10 - 08:00 - 10:30</b>
Xcel Gold - 2017 - 2014
XG I: Jan 2014 - Apr 2014 XG J: May 2014 - Oct 2014 XG K: Nov 2014 - Jun 2015 XG L: Jul 2015 and Younger
<b>SESSION 11 - 10:45 - 13:15</b>
Xcel Gold - Nov. 2012 - 2013
XG M: Nov 2012 - Feb 2013 XG N: Mar 2013 - Jun 2013 XG O: Jul 2013 - Sep 2013 XG P: Oct 2013 - Dec 2013
<b>SESSION 12 - 13:30 - 16:00</b>
Xcel Platinum - Oct. 2010 and Younger
XP A: Oct 2010 - May 2011 XP B: Jun 2011 - May 2012 XP C: Jul 2012 - May 2013 XP D: Jun 2013 and Younger
<b>SESSION 13 - 16:15 - 18:45</b>
Xcel Platinum - Sep. 2010 and Older + Diamond
XP E: Mar 2009 and Older XP F: Apr 2009 - Sep 2010 XD A: 2009 and Older XD B: 2010 and Younger