

# 2024 WAG Optional, MAG, Gymnastics BC Championships Workplan #1



<p><b>EVENT INFORMATION</b></p>	<p><b>Dates:</b> March 28 – 30, 2024  <b>Location:</b> <a href="#">PNE Forum</a>, Vancouver BC</p> <p><b>2024 Event Website</b>  <i>Workplans, schedules, event information will consistently be updated on the event website.</i></p>
<p><b>HOST CLUB CONTACTS</b></p>	<p>TAG Sports Centre          1110-819 Seaborn Ave          Port Coquitlam, BC          V3B 8G8</p> <p><b>Leonna Wojcik</b>          P: (604) 375-7846          E: <a href="mailto:leonnaw@telus.net">leonnaw@telus.net</a></p> <p><b>Barb Fraser</b>          P: (604) 763-8414          E: <a href="mailto:gymnut@telus.net">gymnut@telus.net</a></p>
<p><b>GYMNASTICS BC CONTACTS</b></p>	<p>Gymnastics BC          268-828 West 8<sup>th</sup> Ave          Vancouver, BC          V5Z 1E2</p> <p><b>Aidan Muth</b>          Communications and Events Coordinator          P: (604) 333-3490          E: <a href="mailto:amuth@gymbc.org">amuth@gymbc.org</a></p>
<p><b>MEDIA INFORMATION</b></p>	<p><b>Social Media Handles:</b>  <b>Instagram:</b> @gymnasticsbc   @tag.gymnastics  <b>Facebook:</b> Gymnastics BC   TAG Gymnastics  <b>X:</b> @GymnasticsBC</p> <p><b>Hashtags:</b>          #GymBCChamps2024 #ProvincialChamps2024 #GymnBCxTAG</p> <p>Media Contact: <a href="mailto:communications@gymbc.org">communications@gymbc.org</a></p>



# EVENT INFORMATION

<b>COMPETITION DATES</b>	March 28 – 30, 2024															
<b>VENUE</b>	<p>PNE Forum 2901 E Hasting St. Vancouver, BC V5K 5J1</p> <p>To find out more, visit the website to view the facility <a href="https://www.pne.ca/">https://www.pne.ca/</a></p>															
<b>FEES</b>	<table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="text-align: left;">Dates</th> <th style="text-align: center;">Athlete</th> <th style="text-align: center;">Coach</th> </tr> </thead> <tbody> <tr> <td>On or before March 3, 2024</td> <td style="text-align: center;">\$150</td> <td style="text-align: center;">\$25</td> </tr> <tr> <td>March 4-7, 2024 (Late Registration)</td> <td style="text-align: center;">\$170</td> <td style="text-align: center;">\$35</td> </tr> <tr> <td>March 8-10, 2024 (Very Late Registration)</td> <td style="text-align: center;">\$200</td> <td style="text-align: center;">\$60</td> </tr> <tr> <td colspan="3" style="text-align: center;">Entries will not be accepted after March 10, 2024</td> </tr> </tbody> </table> <p><b><u>Apparatus Finals (WAG Only)*</u></b></p> <ul style="list-style-type: none"> <li>In order to cover the cost of additional awards and competition time, all athletes registering in L7-8-9-10 will be charged an additional \$5 at the time of registration (early January, 2024)</li> <li>Deadline: all hopeful finalists must indicate so when registering for BC Champs. There will be a radio button to indicate yes or no. Should a change be needed, clubs must inform GymBC no later than Wednesday March 20, 2024.</li> </ul> <p><i>*See detailed information below</i></p>	Dates	Athlete	Coach	On or before March 3, 2024	\$150	\$25	March 4-7, 2024 (Late Registration)	\$170	\$35	March 8-10, 2024 (Very Late Registration)	\$200	\$60	Entries will not be accepted after March 10, 2024		
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<b>REGISTRATION</b>	<p><b><u>Registration Information:</u></b> Registration will be conducted through Kscore. Registration opens in January. <a href="#">Click here</a> to access the Kscore registration website.</p> <p><b><u>Registration Deadlines:</u></b></p> <table border="1" style="width: 100%; border-collapse: collapse;"> <tbody> <tr> <td style="width: 25%;">March 1, 2024</td> <td>Deadline to make changes to an athlete's category with Gymnastics BC (WAG/MAG).</td> </tr> <tr> <td>March 3, 2024</td> <td>First registration deadline for all categories.</td> </tr> <tr> <td>March 10, 2024</td> <td>Very late registration deadline: Absolutely no registrations will be accepted after March 10, 2024.</td> </tr> </tbody> </table> <p><b><u>Please note:</u></b> Floor music <b><u>MUST</u></b> be uploaded through Kscore. There will be no access to play music directly off of a device.</p>	March 1, 2024	Deadline to make changes to an athlete's category with Gymnastics BC (WAG/MAG).	March 3, 2024	First registration deadline for all categories.	March 10, 2024	Very late registration deadline: Absolutely no registrations will be accepted after March 10, 2024.									
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<b>REFUNDS AND WITHDRAWALS</b>	<ul style="list-style-type: none"> <li>Please complete the <a href="#">Request for Refund Form</a>, to request a refund.</li> <li>A medical certificate <b>must be provided</b> for all athlete withdrawing from the competition, after the first registration deadline (March 3, 2024).</li> <li>A medical certificate <b>is not required</b> for coaches withdrawing from the competition.</li> <li>Following March 3, 2024, a \$10 administration fee will be withheld for athletes withdrawing from the competition.</li> <li>No fees will be held from coach withdrawals.</li> <li>No refunds will be issued after Wednesday, March 27, 2024.</li> <li><b><i>Please note: Refund requests will ONLY be monitored via <a href="#">the electronic form</a>. Scanned paper copies from previous years will not be accepted.</i></b></li> </ul>															

## EVENT INFORMATION (CON'T)

### ATHLETE ELIGIBILITY

- All athletes registering for the 2024 WAG Optional and MAG Gymnastics BC Championships will be verified by Gymnastics BC. Any athlete who is not registered properly (i.e. not in the correct category, registered as interclub or recreational, etc.) will be subject to a \$200 fine (charged to the club) and may be ruled ineligible for the championships.
- Please see specific eligibility requirements per discipline, below.
- As indicated in the [GymBC Registration Handbook](#), a club may not change the category of an athlete after March 1, 2024. It is the club's responsibility to ensure that all athletes are registered in the appropriate category by that date. If you have any questions regarding your athletes and their categories, please contact [membership@gymbc.org](mailto:membership@gymbc.org) prior to the March 1 deadline.

### COACH ELIGIBILITY

#### NCCP Certification

- All coaches must have the appropriate NCCP certification to be on the field of play as per the [GymBC Coaching Education Operations Manual](#) as well as successful completion of the Respect in Sport (RiS) program. Coaching certification and RiS completion will be verified by Gymnastics BC for all coaches registered for the competition. Coaches with inadequate certification will be contacted to advise them of the situation.
- Any coach with missing certification who is found to be coaching on the field of play during the event, will be subject to a \$200 fine.
- Coaches not meeting the minimum level of certification may apply for a one-time exemption. The exemption will be granted until the next applicable NCCP course(s) is/are offered. For more information on exemptions consult the [GymBC Coaching Education Operations Manual](#) or contact [coaching@gymbc.org](mailto:coaching@gymbc.org).

#### Minimum Certification Requirements

MAG Provincial Level 1	NCCP Gymnastics Foundations Certified and Respect in Sport (RiS)
MAG Provincial Level 2	NCCP Competition Introduction (Comp 1) Certified and RiS
MAG Provincial Level 3-4, Aspire, WAG L6-8	NCCP Competition Introduction Advanced (Comp 2) Certified and RiS
MAG Provincial Level 5, Open Junior, Senior, WAG L9-10, HP	NCCP Competition Development (Comp 3) Certified and RiS

# EVENT INFORMATION (CON'T)

## ACCOMMODATIONS

### Pinnacle Hotel Harbourfront

- How to Book:
  - [Booking Link](#)
  - **Cut-off Date:** February 27, 2024

### Vancouver Marriott Pinnacle Downtown

- How to Book:
  - [Booking Link](#)
  - **Cut-off Date:** March 5, 2024

### Residence Inn by Marriott

- How to Book:
  - [Booking Link](#)
  - **Cut-off Date:** February 11, 2024

## PARKING & TRANSIT

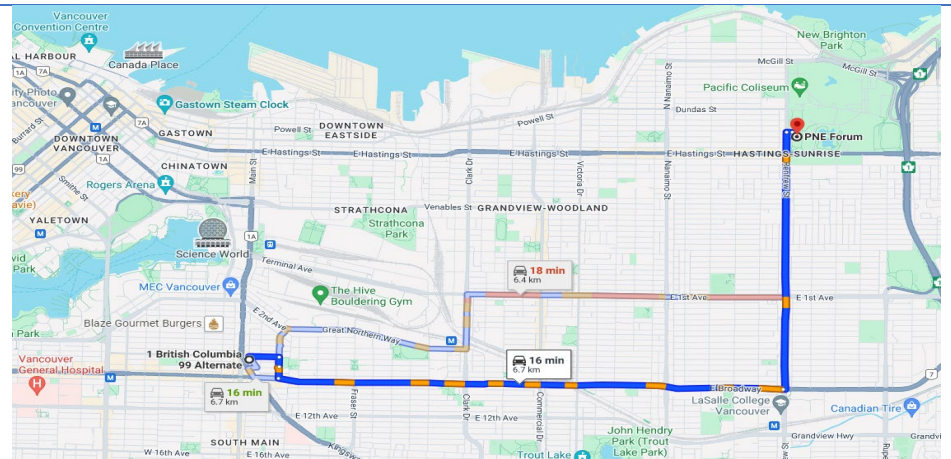
### Parking

- Parking is available in the PNE's secure, well-lit lot located at Hastings & Windermere across the street from the Playland main gate; overflow parking is available in lot nine located off Bridgeway Street.
- Parking for disabled guests is available on both lots. Accepted methods of payment for parking: cash, credit and debit.

### Public Transit

- Busses available to EB E Hastings St @ Renfrew St. The venue is a 5-minute walk from the bust stop.

## GETTING THERE



## DECLARATION OF COMPLIANCE AND MEDIA RELEASE

- In order to participate in this event, each club must sign a [Declaration of Compliance form](#) and submit it to GymBC with your registration fees.
- By signing this document, you are also ensuring that your club has attained a media release form for all participating athletes, coaches and/or members at your club that may appear on camera during the competition, and giving GymBC and TAG Sports Centre permission to post media to social media channels and websites during and after the competition.
- The deadline to complete the Declaration of Compliance form is Friday March 22, 2024.
- If you need a media release form template, please contact [safety@gymbc.org](mailto:safety@gymbc.org).

Any questions regarding these requirements can be sent to [events@gymbc.org](mailto:events@gymbc.org).

## COMPETITION INFORMATION - MAG

<b>CATEGORIES</b>	Provincial Level's 1-5 and National Open Aspire, JR15, JR17, SR-NG, and SR21+	
	<b>Category</b>	<b>Birth Year</b>
	<b>Individual Awards</b>	
	Provincial 1	<ul style="list-style-type: none"> <li>• 2014-2016, 2013 or earlier</li> </ul>
	Provincial 2 Provincial 3 Provincial 4 Provincial 5 National Open Aspire Junior Senior	<ul style="list-style-type: none"> <li>• 2011-2016</li> <li>• 2012-2014, 2011 or earlier</li> <li>• 2012-2014, 2011 or earlier</li> <li>• 2007-2010</li> <li>• 2009 or earlier</li> <li>• 2010-2011</li> <li>• 2008-2009, 2006-2007</li> <li>• 2004-2005, 2003 or earlier</li> </ul>
		<ul style="list-style-type: none"> <li>• Ribbons for each apparatus</li> <li>• AA medal</li> <li>• Certificates and All-Star Certificates</li> <li>• Medal 1-3 (10+)</li> </ul>
<b>RESTRICTIONS</b>	If there is only one competitor in any one (1) category, only an all-around award will be given. If there are two or more competitors, all awards will be given.	
<b>TIE-BREAKERS</b>	There is no tie-breaking rule. If there is a tie, the following position is skipped. For example; if there are two athletes tied for second place, there will be no third place awarded. The next athlete in rank order will receive the fourth-place award.	
<b>TRIALS</b>	This event serves as trials for the 2024 Canadian Artistic Gymnastics Championships for Open, Aspire, Junior, and Senior.	
<b>WARM UP PROCEDURES</b>	Please review the GymBC Warm-Up Procedures found in Appendix A of the <a href="#">MAG Operations Manual</a> .	
<b>JUDGES</b>	<ul style="list-style-type: none"> <li>• Judges assigned at the 2024 Artistic Gymnastics BC Championships (or at any other meet) must be registered as judges with Gymnastics BC.</li> <li>• The organizing committee (host club) will pay for transportation and accommodation of all judges.</li> </ul>	
<b>COMPETITION ATTIRE (COACHES)</b>	<ul style="list-style-type: none"> <li>• Coaches must be dressed according to GymBC Guidelines; outlined in the <a href="#">MAG Operations Manual</a>.</li> <li>• In order to maintain a professional image, coaches are required to abide by the regulations for attire while on the competition floor, during warm-up and competition:               <ul style="list-style-type: none"> <li>○ Appropriate club/team uniform;</li> <li>○ T-shirt, polo shirt, or training jacket; appropriate indoor sport footwear; and</li> <li>○ No hats, sandals, slippers, shorts, crop tops, tank tops, jeans, ripped, or torn clothing or similar</li> </ul> </li> <li>• Coaches dressed inappropriately will receive a warning from the Competition Head Judge. The coach will have 30 minutes to comply.</li> </ul>	
<b>ADDITIONAL INFORMATION</b>	Winners of the MAG Provincial Camp Challenge Cup series will be announced at the event.	

# COMPETITION INFORMATION - WAG

CATEGORIES	<ul style="list-style-type: none"> <li>• CCP Levels 6,7,8,9,10</li> <li>• HP Novice, Junior, Senior</li> <li>• Athletes registered in the CCP categories will be grouped by birth year(s). Ideally, groupings for awards will be balanced with a maximum of approximately 24 in any given level/birth year. Athletes registered in level/birth year with few participants will be grouped together. No changes to the groupings will be made once they are circulated with the final schedule.</li> <li>• Coaches are reminded that attendance at the 2024 Artistic Gymnastics BC Championships for all HP athletes is mandatory. HP athletes who do not compete, or demonstrate full or partial routine, coach or judge must be available for other activities such as award presentations. Clubs must request in writing to the WTC that athletes be exempt.</li> </ul>			
	<b>Category*</b>	<b>Eligibility</b>	<b>Individual Awards</b>	<b>Team Awards</b>
	CCP L6-10 <b>Optional</b>	<ul style="list-style-type: none"> <li>• CCP 6 athletes attaining qualifying score (32.00+ AA - must be indicated upon registration)</li> <li>• All registered CCP 7-10 athletes</li> </ul>	<ul style="list-style-type: none"> <li>• All-Around: by category and by competitive age groupings</li> <li>• Medals 1-3</li> <li>• Ribbons 4-10</li> <li>• Plaque AA Champion</li> </ul>	<ul style="list-style-type: none"> <li>• Club awards (1-3) for each level. Min 3 athletes per club, all birth years combined. Top 3 scores on each apparatus to count</li> </ul>
	HP Novice, Junior, Senior <b>Mandatory</b>	<ul style="list-style-type: none"> <li>• No qualification standards, but they must attend as an athlete, coach, judge, demonstrator or volunteer</li> </ul>	<ul style="list-style-type: none"> <li>• All-Around (JR+SR combined): by category</li> <li>• Medal 1-3,</li> <li>• Ribbon 4-10</li> <li>• Plaque AA Champion</li> </ul>	<ul style="list-style-type: none"> <li>• No Team Awards</li> </ul>
Apparatus Finals**	<ul style="list-style-type: none"> <li>• L7-10</li> <li>• Top 8 athletes (all age groups combined) per apparatus, per level within 1 session</li> </ul>	<ul style="list-style-type: none"> <li>• Medals 1-3</li> <li>• Ribbons 4-8</li> </ul>	<ul style="list-style-type: none"> <li>• No Team Awards</li> </ul>	
<p><i>*There will be no Aspire category at this event.</i></p> <p><i>**Apparatus Finals awards will be given in addition to all other regular awards.</i></p>				
RESTRICTIONS	If there is only one competitor in any one (1) category, only an all-around award will be given. If there are two or more competitors, all awards will be given.			
TIE-BREAKERS	There is no tie-breaking rule. If there is a tie, the following position is skipped. For example; if there are two athletes tied for second place, there will be no third place awarded. The next athlete in rank order will receive the fourth-place award.			
TRIALS	This event serves as trials for the 2024 Canadian Artistic Gymnastics Championships for L9 and L10.			
WARM UP PROCEDURES	Please review the GymBC Warm-Up Procedures found in the <a href="#">BC CCP Charts and Xcel Program Manual</a> .			

## COMPETITION INFORMATION – WAG (CON'T)

<b>APPARATUS FINALS</b>	<ul style="list-style-type: none"><li>• Structure: top 8 athletes (all age groups combined) per apparatus, per level within 1 session<ul style="list-style-type: none"><li>○ 4 rotation format</li><li>○ Split warm-up for all rotations</li><li>○ Starting apparatus: L10 – vault, L9 – uneven bars, L8 – balance beam, L7 – floor exercise</li></ul></li><li>• Qualification: top 8 athletes per level per apparatus + 1 reserve athlete<ul style="list-style-type: none"><li>○ During qualifications: judging panels to remain the same (as much as possible) per level for consistency and fairness across age groups.</li><li>○ If there is a tie in 8<sup>th</sup> place, all tied athletes will participate in the final, but no reserve athlete will be named.</li><li>○ There will be separate results pages in Kscore to follow qualifications.</li><li>○ Finalists will be confirmed with clubs after each level (7-8-9-10), all age groups, is done competing.</li></ul></li><li>• No petitions are permitted.</li></ul>
<b>JUDGES</b>	<ul style="list-style-type: none"><li>• Judges assigned at the 2024 Artistic Gymnastics BC Championships (or at any other meet) must be registered as judges with Gymnastics BC.</li><li>• The organizing committee (host club) will pay for transportation and accommodation of all judges.</li></ul>
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# COMPETITION SCHEDULE - DRAFT

This is a **draft schedule only** and may change following the first registration deadline. Please keep this in mind when making travel arrangements. Age groups for each session will only be confirmed once the final registration is complete.

## Thursday March 28, 2024

Session 1:

- **WAG** 07:30 – 11:00 – CCP 6

Session 2:

- **WAG** 11:15 – 14:45 – CCP 6

Session 3:

- **WAG** 15:00 – 17:30 – CCP 9

**Opening Ceremonies: 17:45 – 18:00**

Session 4:

- **WAG** 18:00 – 20:15 – CCP 10

## Friday March 29, 2024

Session 5:

- **WAG** 8:00 – 10:30 – CCP 7

Session 6:

- **WAG** 10:45 – 13:30 – CCP 7
- **MAG** 9:00 – 12:15 – P2, P3-U13

Session 7:

- **WAG** 13:45 – 16:00 – CCP 8
- **MAG** 12:45 – 16:00 – P3-13+, P4

Session 8:

- **WAG** 16:30 – 20:00 – CCP 8
- **MAG** 16:30 – 20:30 – P5, Aspire, JR, SR, National Open

## Saturday March 30, 2024

Session 9:

- **WAG** 10:00 – 12:30 – High Performance
- **MAG** 8:00 – 10:55 – P1

Session 10:

- **WAG** 13:00 – 16:30 – Apparatus Finals (CCP 7-10)

This schedule is based on the 2023 BC Championships registration numbers. It is our experience that these numbers can vary greatly from year to year. The competition days and time listed above are tentative until registration for the 2024 BC Championships is complete. To be finalized in workplan #2.