

# 2020-21 ANNUAL REPORT

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**Gymnastics BC**

Providing positive and diverse gymnastics experiences

604-333-3496 | [www.gymbc.org](http://www.gymbc.org) | #268 - 828 West 8th Ave, Vancouver, BC

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## ABOUT THIS REPORT

This report provides an overview of the organization's achievements and activities throughout each fiscal year.

Statistical information on membership numbers and participant numbers are as of membership year end, August 31, 2021.

All other information presented in this report is as of fiscal year end June 30, 2021.

## ABOUT GYMNASTICS BC

### VISION

To be a provincial leader in the delivery of quality foundational and high performance programs and services that foster lifelong sport participation.

### MISSION

To provide positive and diverse gymnastics experiences for province-wide participation at all levels.

### OUR VALUES

Excellence ● Leadership ● Transparency ● Ethics ● Professionalism ● People Focus Business Management ● Programming Excellence ● Customer Service ● Safety and Risk Management

# MESSAGE FROM THE CHAIR

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This past year has been unlike any other. They say change is good for an organization as it encourages creativity and innovation. No matter your size or demographic, private business or not-for-profit, or an athletic facility or provincial sport organization, the ability to embrace and adapt, on what seemed like a daily basis, has shown that we are a dedicated member team who is resilient and passionate!

Members first. This was the rallying call for Gymnastics BC's work in the 2020-21 fiscal year, as we listened to member priorities. The leadership team continues to be at the forefront of Provincial Sport Organizations, advocating for and behalf of sport in British Columbia, while seeking clarifications of provincial and regional health orders that impact the member clubs. A daunting task in itself, and one that we are grateful we do not have to do individually, this helped to provide a fun and safe environment for athletes to continue training in the sport discipline of their choice, while following well-established Covid-19 safety plans. For all staff and volunteers that managed their normal tasks as well as these additional "extras", thank you, and please know that the sport community members are appreciative!

Our member club teams connected on many virtual platforms for discussion and knowledge sharing between coaches and administrators, technical committee members focused on virtual competitions and technical program discipline changes, and with each connection there was support, encouragement and sharing. As things continue to change and member club operations experience growth (while remembering that each club will experience growth at different rates and in accordance with regional orders), we hope that you continue to remain connected and to provide support and encouragement to one another.

Your Gymnastics BC board of directors continued its important strategic work and strives to be known as the "organization of organizations" dedicated to member support, its commitment to governance and operations, and a leader in Safe Sport. As the fiscal year closed, Gymnastics BC's commitment to being responsive to members' needs was seen in ways we could never have imagined. Recognizing that each club is unique, the scope of impact on operational and financial uncertainties and obligations from Covid-19, the Kickstart Funding initiative was released with nearly \$250,000 distributed to member clubs.

On behalf of the board of directors, I want to express my ongoing confidence in and gratitude to Nigel Loring, the Gymnastics BC leadership team and the entire member club team for being present and purposeful in everything they do. Our athletes, employees and communities are better for it.

I am thankful for the leadership of our past and present board of directors, and for the dedication of our many volunteers, members and employees, whose contribution enabled us to hold fast to Gymnastics BC's values and vision, even as we navigated through the uncertainties of the time. We move into the future with renewed resolve - together.



**Jennifer Lyster**

CHAIR, GYMNASTICS BC

# MESSAGE FROM THE CEO

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In a year of unprecedented disruption to normal activities and operations, the Gymnastic BC community has demonstrated remarkable resilience and ability to adapt. The fluctuating government restrictions compelled most clubs to re-evaluate their business plans. This had a profound impact on a club's ability to retain staff, maintain facilities and successfully promote programs and activities for all users. For some clubs, there was no choice but to close either temporarily, or worse, permanently.

Despite the many uncertainties, gymnastics found a way to endure and even flourish. Through determination, dedicated leadership and a meticulous attention to detail, there were many examples of how the membership embraced the unfavorable conditions and fought to keep our sport alive. Overall registrations came in at just over 27,000. A total of 16 virtual competitions were held for TG, MAG and WAG, and over 600 gymnasts participated in the virtual BC Championships. Gymnasts in the women's artistic program competed in a virtual Canadian Championships. While some sports found it difficult to train, much less compete, gymnastics has shown how the power of imagination and invention can pave the way for unforeseen opportunities. Congratulations to the many coaches, judges and volunteers who made possible the impossible and in doing so, supported continuity and vital development along the athlete pathway.

Two BC gymnasts in particular overcame substantial obstacles and set-backs as they each forged an incredible path to the 2020 Olympic Games in Tokyo. Shallon Olsen and Samantha Smith had remarkable performances at the Games, and thrilled crowds in living rooms and on mobile devices across the nation. We are so proud and honored to have these outstanding athletes and role models represent BC and Canada at the highest level of sport on the world stage.

With the establishment of a new strategic plan, GymBC has acknowledged the reality of both the challenges and opportunities we are now faced with. Our stated goals and objectives focus our attention on providing value-added services to our clubs and stakeholders. In the short-term, this has meant prioritizing the development and promotion of safe sport initiatives, implementing risk management protocols, filtering and communicating Return to Sport guidance, and offering increased coach education courses and club support tools. In the longer-term (through 2024), we have built out an implementation strategy that focuses on securing new partnerships and funding sources, addressing the wellbeing of individuals and groups, providing a consistent experience and inclusive culture, promoting coach development (LTCD), and sharing best practices and resources to support our clubs better manage the business of gymnastics.

As we look back on the year, there has also been considerable change within the organization. The GymBC staff and volunteer board of directors has experienced significant turn-over, as tends to happen from time to time. I would like to take this opportunity to thank both past and present staff and board members for their many contributions to the success of our programs, events and services. Their passion and dedication have been essential in shaping our community, and we all have benefitted from their many contributions and efforts.

Finally, thank you to all our clubs and stakeholders for your continued energy, engagement and commitment to excellence. I look forward to working closely with everyone in the community as the calendar turns again back to a new season which we hope will see us all back together, in real time and in a real space.



**Nigel Loring**

CEO, GYMNASTICS BC



# THE GYMBC TEAM

## BOARD OF DIRECTORS

### CHAIR

Jennifer Lyster

### VICE-CHAIR

Mary Morice

### DIRECTOR OF FINANCE

Vivien Chow

### GYMNASTICS FOR ALL CHAIR

Sherri Taylor

### MAG TECHNICAL CHAIR

Michael Hood

### WAG TECHNICAL CHAIR

Jennifer Dober (Interim Chair)

### TG TECHNICAL CHAIR

Kirsty Griffiths (Porter)

### DIRECTOR AT LARGE

Denise May

### DIRECTOR AT LARGE

Peggy Wilcox

### DIRECTOR AT LARGE

Missy Preston

## COMMITTEE DIRECTORS

### ZONE 1 DIRECTOR

Vivian Hugan

### ZONE 2 DIRECTOR

Heather Ivanitz

### ZONE 3 DIRECTOR

Richard Ikeda

### ZONE 4 DIRECTOR

Bobbie Worrall (Interim Chair)

### ZONE 5 DIRECTOR

Carlene Lewall

### ZONE 6 DIRECTOR

Heather LaPage

### ZONE 7 DIRECTOR

Lara Collingwood

### ZONE 8 DIRECTOR

Chantelle Yates (Interim Chair)

## STAFF

### CEO

Andrée Montreuil,  
Nigel Loring

### MEMBER SERVICES MANAGER/BOOKKEEPER

Catherine Dubinsky

## STAFF (cont.)

### TECHNICAL DIRECTOR/MAG COORDINATOR

John Carroll

### SAFETY OFFICER

Nathan Kindrachuk

### RECREATION PROGRAM MANAGER

Keara Urquhart (mat leave)

### EVENTS MANAGER/COACHING COORDINATOR

Leanne James,  
Bobbie Worrall

### COMMUNICATIONS & MARKETING MANAGER

Melissa Mungall

### WAG COORDINATOR

Crystal Gilhooly

### TG COORDINATOR

Debbie McBoyle

### PROVINCIAL COACH

Richard Ikeda

### EQUIPMENT COORDINATOR

Michelle Ricks



# MEMBERSHIP OVERVIEW

27,276

**TOTAL**  
(UNIQUE INDIVIDUALS)

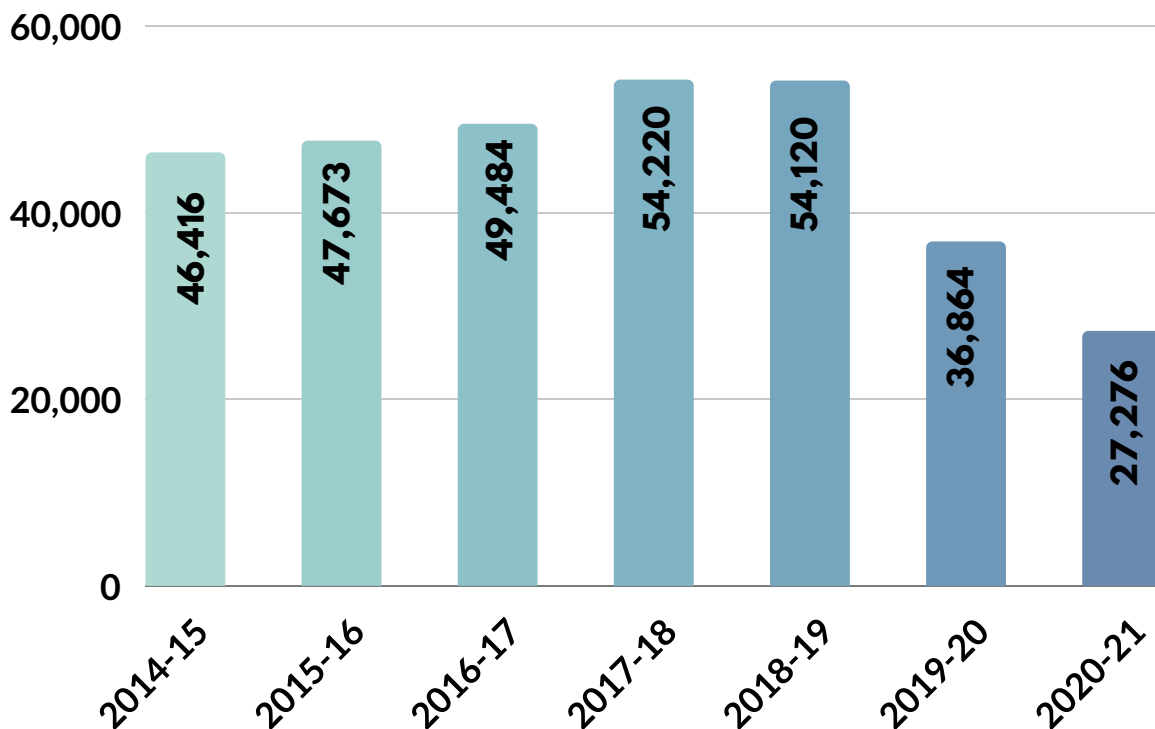
GymBC experienced a decrease of 26% in registrations compared to 2019-2020.

This is due to the COVID-19 pandemic.

71

**MEMBER CLUBS**

**TOTAL (UNIQUE INDIVIDUALS)**



# MEMBERS BY THE NUMBERS

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## RECREATIONAL ATHLETES (25,289)

- Artistic (19,770)
- Trampoline (862)
- Artistic Casual (1,795)
- Trampoline Casual (0)
- Artistic Interclub Performance (764)
- Artistic Interclub Performance Plus (22)
- Trampoline - Interclub (605)
- Acrobatic (74)
- Circus Arts (266)
- Parkour (1,131)
- Adaptive/Inclusive (40)

## COACHES AND JUDGES (1,343)

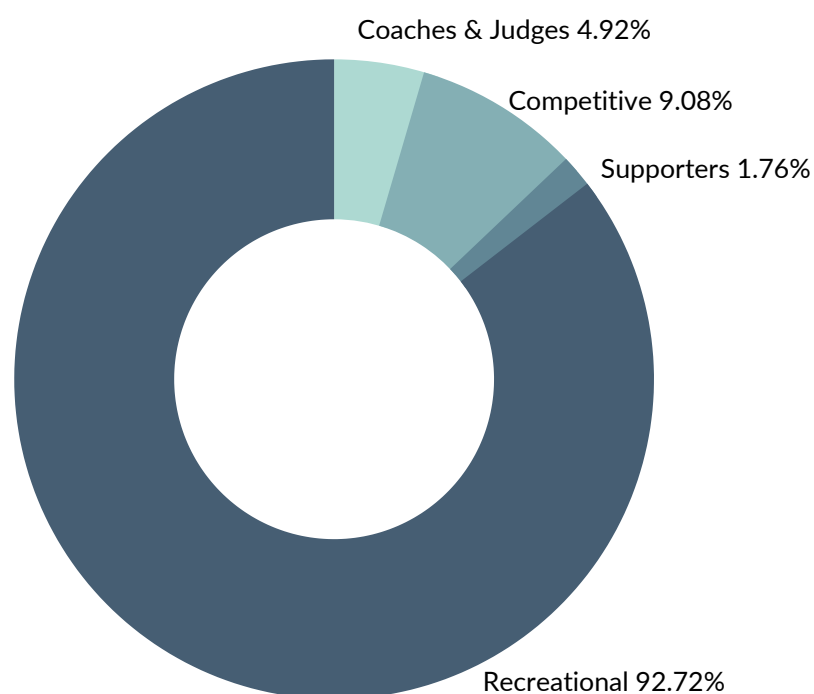
- Artistic Recreational Coach (575)
- Artistic Pre-CIT & CIT (98)
- Trampoline Recreational Coach (66)
- Men's Artistic Gymnastics Coach (44)
- Women's Artistic Gymnastics Coach (285)
- Trampoline Gymnastics Coach (56)
- Acrobatic Coach (5)
- Independent Coach (36)
- Men's Artistic Gymnastics Judge (34)
- Women's Artistic Gymnastics Judge (115)
- Trampoline Gymnastics Judge (29)

## COMPETITIVE ATHLETES (2,477)

- Men's Artistic Gymnastics (201)
- Women's Artistic Gymnastics (2,033)
- Trampoline Gymnastics (227)
- Acrobatic (16)

## SUPPORTERS (480)

- Board of Directors & Volunteers (346)
- Club Staff (81)
- Other (53)



*Note: Percentages add up to over 100% as there were 2,353 individuals registered in two or more roles.*

# GYMNASTICS FOR ALL (GFA)

## GFA YEAR AT A GLANCE

Between COVID-19 and a gap in staff personnel during the 2020-21 season, development of certain program areas was put on hold.

As we emerge from the pandemic, a full program review and analysis will be conducted in consultation with member clubs.

GymBC looks forward to resuming new GFA initiatives in partnership with the GFA committee and membership in the 2021-22 season.



## GFA REGISTRATION NUMBERS

	2018-19	2019-20	2020-21
ARTISTIC RECREATIONAL	44,762	28,763	19,770
TG RECREATIONAL	758	925	862
ARTISTIC CASUAL	2,542	1,032	1,795
TG CASUAL	17	2	-
RECREATIONAL ACRO	80	62	74
INTERCLUB PERFORMANCE	1,368	1,124	764
INTERCLUB PERF. PLUS	325	571	22
INTERCLUB PERF. CHALLENGE	126	191	-
TG INTERCLUB	5	29	605
CIRCUS ARTS	-	636	266
RECREATIONAL PARKOUR	-	398	1,131
ADAPTIVE/INCLUSIVE	-	-	40
<b>TOTAL</b>	<b>49,983</b>	<b>33,733</b>	<b>25,329</b>

Note:

- Interclub decrease was largely due to the adoption of the Xcel Program.
- TG Interclub increase was largely due to the adoption of the CanJump Program.



# TECHNICAL HIGHLIGHTS

## 2021 TOKYO OLYMPIC GAMES

BC is proud to have had the following athletes, coaches and judges attend the Olympic Games:

- Shallon Olsen and coach Dorina Stan, Flicka Gymnastics Club (WAG)
- Judge Gordon Bennett
- Sam Smith and coach Curtis DeWolf, Shasta Trampoline Club (TG)
- Jeff Thomson, MAG Technical Committee
- Richard Ikeda, Liaison, Team Canada

## 54TH ANNUAL SPORTBC AWARDS

Jeff Thomson was the recipient of the 54th Annual SportBC "Official of the Year" award.

Jeff is a life member of both Gymnastics BC and Gymnastics Canada. He is also a member of the FIG Technical Committee for Men's Artistic Gymnastics.

## RETURN TO SPORT

GymBC helped member clubs to navigate the dynamic requirements imposed by the BC Provincial Government with its Return to Sport Documents. This included facilitating 16 competitions in a season where most sports were only able to complete drills and skills activities.

Moving forward, GymBC is committed to continue supporting member clubs with the most current information about COVID-19 requirements to maintain safe environments for its community



# TECHNICAL HIGHLIGHTS (CONT.)

## COACHING & JUDGING DEVELOPMENT

GymBC aimed to keep coaches and judges engaged by hosting virtual clinics, workshops and courses throughout the year.

The overall coach attendance for these offerings was 1,232. Attendance for judging courses totaled 237 this season.

## NATIONAL COACHING CERTIFICATION PROGRAM

Gymnastics Canada and the provincial and territorial organizations have been working hard to develop leading-edge coach education programs.

The updated courses ensure that participants receive current, up-to-date education, gain practical experience through evaluation, and help set them on the path to become confident, competent coaches. On June 1st, GCG transferred all of the completed artistic gymnastics education over to its new framework.

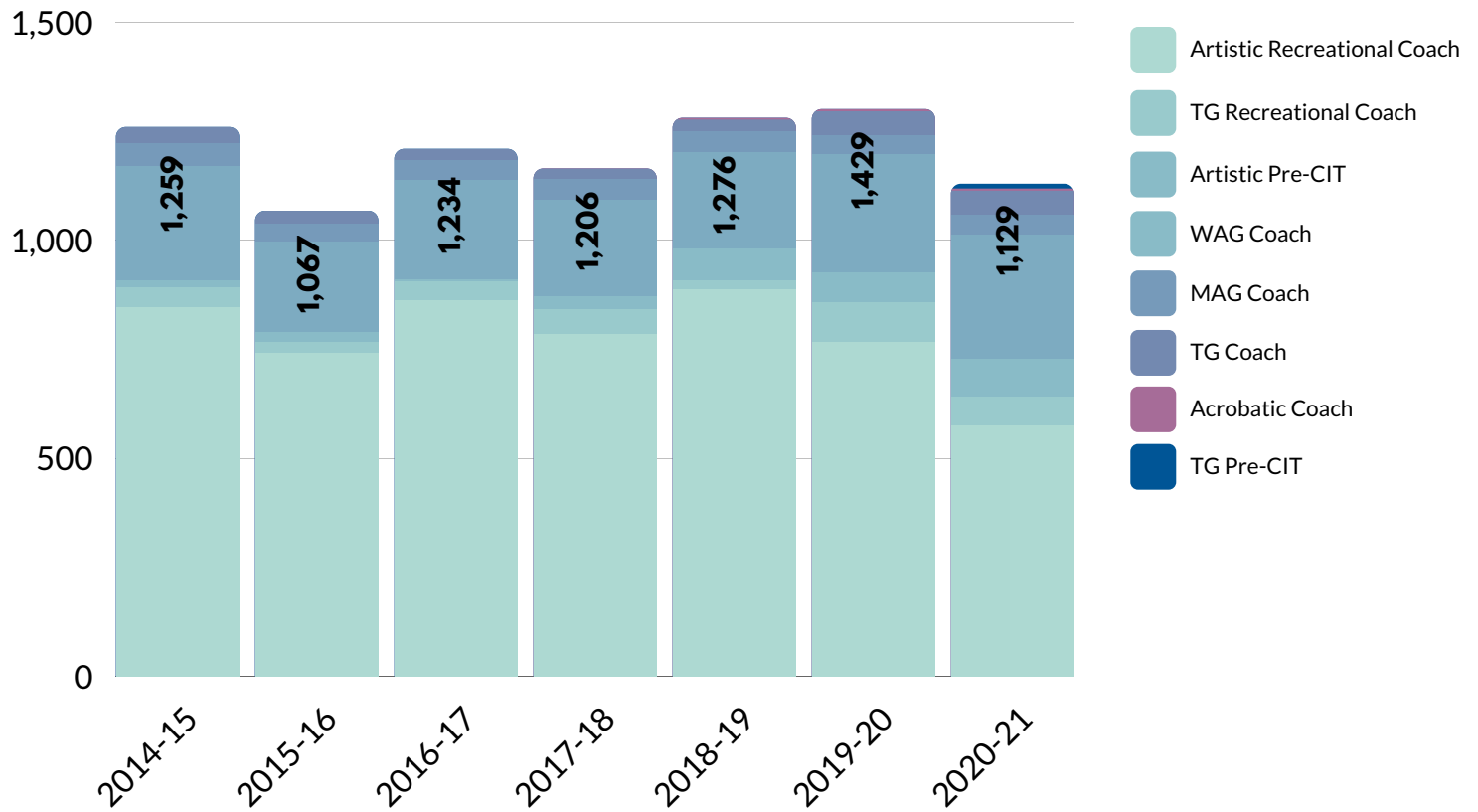
## RESPECT IN SPORT COMPLIANCE

With the addition of RiS compliance for all levels of coaches at national events, there has been an increase in the number of individuals completing this important program. Over 400 individuals in BC have completed the module this season. The cost of RiS Certification is covered within GymBC's membership budget.

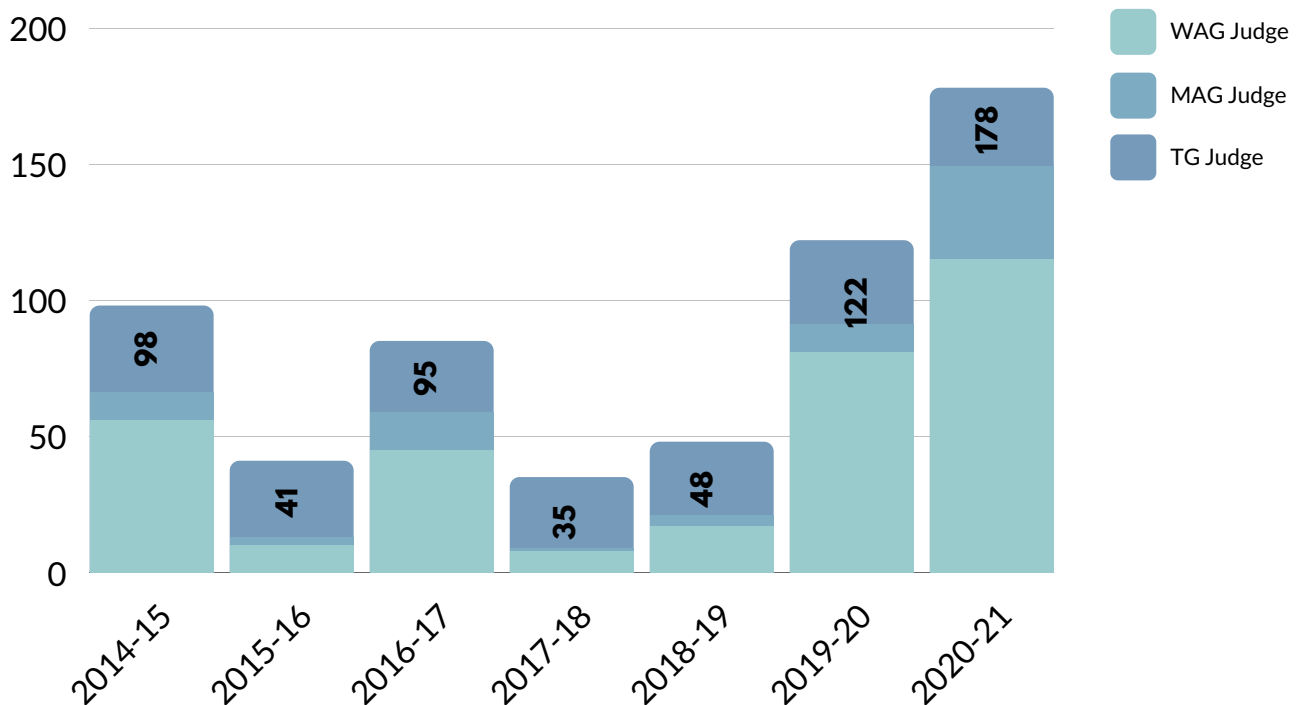


# COACHES AND JUDGES

## REGISTERED COACHES



## REGISTERED JUDGES





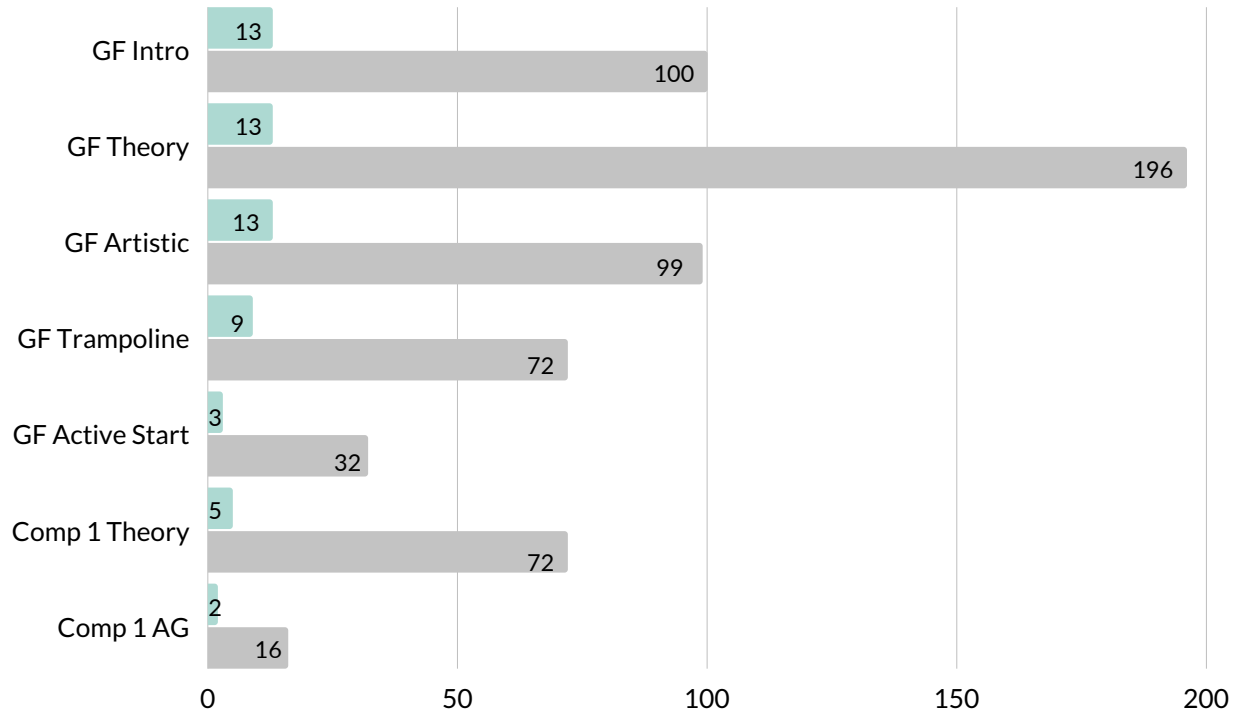
# COACH EDUCATION

GymBC works to provide meaningful education and professional development to coaches.

The following charts provide a closer look into the coach development that occurred during fiscal 2020-21.

	2018-19		2019-20		2020-21	
	COURSES	PARTICIPANTS	COURSES	PARTICIPANTS	COURSES	PARTICIPANTS
GF INTRO	26	346	22	248	13	100
GF THEORY	25	339	22	248	13	196
GF ARTISTIC	23	308	18	200	13	99
GF TRAMPOLINE	22	125	30	294	9	72
GF ACTIVE START	2	29	4	28	3	32
COMP 1 ARTISTIC	7	101	3	34	2	16
COMP 1 THEORY	7	101	3	34	5	72
L2 TRAMPOLINE	2	19	14	156	-	-
C2 MAG/WAG	1	12	-	-	-	-
L3 MAG/WAG	-	-	2	24	-	-
L3 TRAMPOLINE	1	13	1	13	-	-
REC. PARKOUR	2	29	1	8	-	-
<b>TOTAL</b>	<b>120</b>	<b>1,422</b>	<b>120</b>	<b>1,287</b>	<b>58</b>	<b>587</b>

## 2020-21 COACHING COURSES



# COACH EDUCATION

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**4**

THE NUMBER OF DISCIPLINES IN WHICH NEW COACH EVALUATORS WERE TRAINED VIRTUALLY (GF ARTISTIC, GF ACTIVE START, COMP 1 ARTISTIC & COMP 3 ARTISTIC)

PERCENTAGE OF THE 1,358 COACHES IN BC THAT HAVE COMPLETED THE RESPECT IN SPORT MODULE

**99.56%**

**268**

THE NUMBER OF COACHES TRAINED VIA VIRTUAL THEORY COURSES THIS YEAR

THE CONVERSION OF ALL WAG AND MAG CERTIFICATIONS IN THE LOCKER ARE COMPLETE

**100%**

# ARTISTIC GYMNASTICS HIGHLIGHTS



Photo Courtesy of John Cheng/Gymnastics Canada

## 2020 TOKYO OLYMPIC GAMES

SHALLON OLSEN,  
7TH VAULT

DORINA STAN, COACH  
GORDON BENNETT, JUDGE

## 2021 DOHA APPARATUS WORLD CUP

ANDRÉE MONTREUIL, JUDGE



Photo Courtesy of John Carroll

## 2021 BERLIN TEAM CUP

KAI IWAASA - 1ST AA, 1ST FX. 3RD PH,  
1ST SR, 2ND VT, 2ND PB

TREVOR MA - 2ND SR

MAXIMUS HEWSTAN-GATES

EVAN FEDDER - 3RD HB

## MENS NATIONAL TEAM

KAI IWAASA (PHOENIX GYMNASTICS)  
ADDED TO JR. NATIONAL TEAM

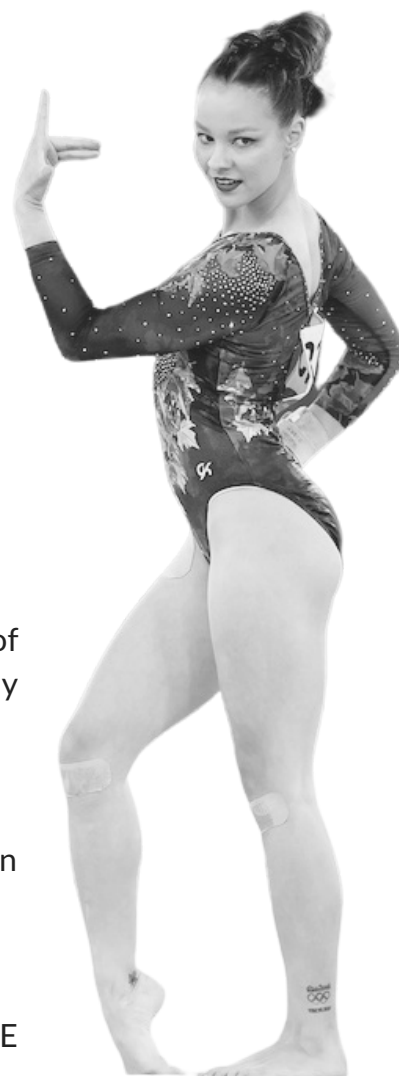
Kai joins Zachary Clay (Twisters Gymnastics),  
Darren Wong (Phoenix Gymnastics-Cal  
Berkeley) and Evan Fedder (Phoenix  
Gymnastics) on the National Team.



# WOMEN'S ARTISTIC GYMNASTICS (WAG)

## WAG YEAR AT A GLANCE

- The WAG Program introduced the Bronze, Silver and Gold categories of the Xcel Program. After a year of virtual competitions, the program seems to be well received. We look forward to continued program development to further serve our members.
- Member clubs hosted 12 virtual WAG competitions this season, including the BC Virtual Optional Championships and the BC Virtual Compulsory Championships.
- The WTC elected Laura-Ann Chong into the newly-introduced role of Athlete Representative. Each of the competitive disciplines (WAG, MAG, TG) now have an athlete representative on respective committees.



## ATHLETE, COACH AND JUDGE DEVELOPMENT

### Health Care/Sport Science

GymBC's current initiative with CSI Pacific is pending approval of the WAG/MAG/TG Gold Medal Pathway/Podium Pathway documents.

### Coach Development

GymBC hosted 13 workshops and clinics on a variety of topics in support of our athletes and coaches.

### Judge Development

The WJC provided 15 judging courses and dozens of online CPE hours.

## WAG REGISTRATION NUMBERS

	XCEL	1	2	3	4	5	6	7	8	9	ASPIRE	10	HP	TOTAL
2018-19	-	202	294	341	148	58	311	137	77	51	32	34	18	1,703
2019-20	-	206	269	314	182	69	281	144	83	50	33	49	13	1,692
2020-21	655	204	187	214	147	45	291	113	69	39	19	27	23	2,033

# MEN'S ARTISTIC GYMNASTICS (MAG)

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## MAG YEAR AT A GLANCE

GymBC held a successful virtual provincial championship, along with 3 other virtual competitions this season.

Due to COVID-19, no training camps took place.

## ATHLETE, COACH AND JUDGE DEVELOPMENT

### Health Care/Sport Science

GymBC's current initiative with CSI Pacific is pending approval of the WAG/MAG/TG Gold Medal Pathway/Podium Pathway documents.

### Coach Development

GymBC hosted two webinars:

- Flop Skills on Pommel Horse by Alexander Pozdniakov; and
- Developing a MAG Program by Michael D. Hood, PMP

### Judge Development

- A couple of MAG judges took the online Entry Level Course and participated in virtual shadow judging season.
- Several BC F.I.G. judges attended the virtual Technical Trials and Elite Canada.
- Virtual competitions in BC were well attended by BC judges of all levels.

## MAG REGISTRATION NUMBERS

	PROVINCIAL 1-5	NATIONAL OPEN/ELITE	TOTAL
2018-19	228	56	284
2019-20	210	56	266
2020-21	152	46	198



# TRAMPOLINE GYMNASTICS HIGHLIGHTS

## 2019 WORLD AGE GROUP CHAMPIONSHIPS

GABBY FLYNN - GOLD MEDAL

JASMINE PARHAR - 5TH PLACE

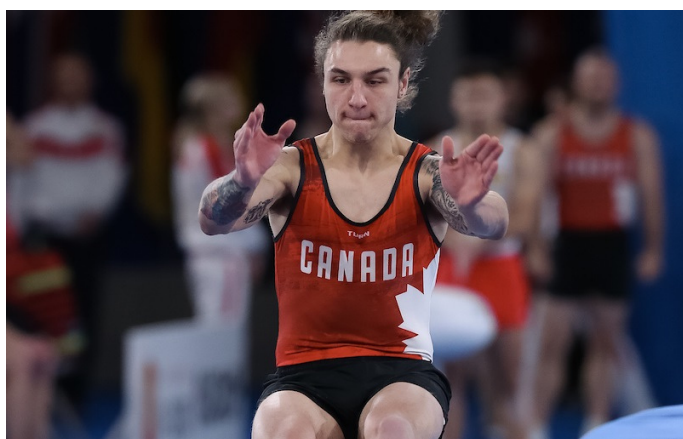


*Photo Courtesy of Graham Dodd*

## 2019 WORLD CHAMPIONSHIPS

MARIO BRUNO - 4TH, DMT

SAMANTHA SMITH - 7TH, TR



*Photo Courtesy of Ricardo Bufolin/Gymnastics Canada*

# 56

NUMBER OF MEDALS PRESENTED  
TO TG BC ATHLETES AT THE  
VIRTUAL WESTERN CANADA CUP



*Photo Courtesy of John Cheng/Gymnastics Canada*

## 2020 TOKYO OLYMPIC GAMES

SAMANTHA SMITH

CURT DEWOLFF, COACH

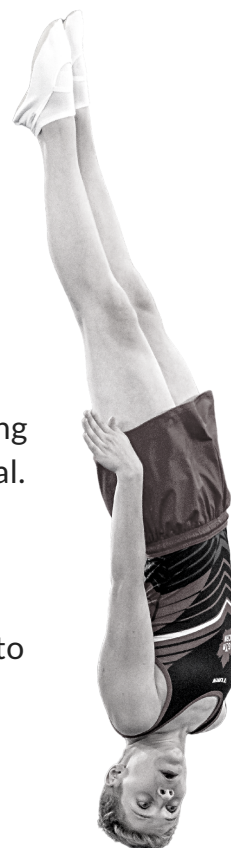


*Photo Courtesy of John Cheng/Gymnastics Canada*

# TRAMPOLINE GYMNASTICS

## TG YEAR AT A GLANCE

- As part of GymBC's ongoing commitment to promote safety and prioritize the health and well-being of our members, TG is extremely pleased to have officially implemented the CanJump program.
- Member clubs hosted four virtual TG competitions this season including two mobility events, GBC Championships and the Ogopogo Invitational. Members also competed at two GymCan technical trials, Western Canada Cup, Elite Canada and Canadian Championships.
- GymBC is so proud of Samantha Smith's many accomplishments and achievements which lead to her and coach Curt Dewolff being named to the Canadian Olympic Team.



## ATHLETE, COACH AND JUDGE DEVELOPMENT

### Health Care/Sport Science

- GymBC's current initiatives with CSI Pacific is pending approval of the WAG/MAG/TG Gold Medal Pathways/Podium Pathways documents.
- TG athletes and coaches were able to participate in several webinar initiatives with presenters Sarah Gairdner, Jason Burnett and Austin White.

### Coach Development

- TG was pleased to present an educational webinar for recreational coaches to introduce the CanJump program. A video skills and teaching tool has now been completed.

### Judge Development

- TG judges were able to keep in touch through a number of virtual information and webinar sessions presented by the TG Provincial Judging chair as well as the National Judging chair.
- Virtual competitions were extremely well supported by BC judges.
- BC provided more than 20 judges for the GymCan tech trials, Western Canada Cup, Elite Canada and Canadian Championships.

## TG REGISTRATION NUMBERS

	PROVINCIAL MEN			PROVINCIAL WOMEN			NATIONAL MEN			NATIONAL WOMEN			TOTAL
	TRAMPOLINE	DMT	TU	TRAMPOLINE	DMT	TU	TRAMPOLINE	DMT	TU	TRAMPOLINE	DMT	TU	
2018-19	49	47	7	115	111	64	21	21	2	31	35	5	508
2019-20	51	47	17	109	47	17	21	26	2	22	32	5	396
2020-21	37	31	4	84	52	20	12	7	-	12	23	2	284

*Please note: The above numbers may not represent the actual number of registered competitive TG athletes, as some athletes participate in more than one event.*



# SAFESPORT AND RISK MANAGEMENT

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In recent years, risk management has become an essential part of every organization's operational priorities in the sport sector. In the 2020-2021 season, GymBC increased its commitment to risk management strategies and initiatives. GymBC's staff and committees focused on:

- COVID-19 support for clubs,
- Insurance
- Safe Sport

Outcomes included GymBC providing members with leadership, direction, provincial policies, written updates and five webinars.

## SAFE SPORT

In an effort to provide a safer experience to GymBC individual members, GymBC is taking actions to support clubs and establish processes to make Gymnastics safer. These include:

- New policies that have been approved as a part of GymBC's new Complaint Management Handbook. These policies outline GymBC's commitment to maintain safe environments, expectations of member conduct, complaint management processes, and travel expectations.
- To communicate clearly about Safe Sport issues, GymBC's website now includes a Safe Sport tab that has current resources and information.
- GymBC is also contributing to the Safe Sport movement through leadership. We have had representation on viaSport's Safe Sport working group for the last 18 months. This group is aiming to align multiple complaint management systems as well as the Canadian and BC Universal Codes of Conduct for Maltreatment in Sport.

## SUPPORTING MEMBER CLUBS THROUGH THE IMPACT OF COVID-19

GymBC helped member clubs to navigate the dynamic requirements imposed by the BC Provincial Government with its Return to Sport Documents. This included facilitating 16 competitions in a season where most sports were only able to complete drills and skills activities.

Moving forward, GymBC is committed to continue supporting member clubs with the most current information about COVID-19 requirements to maintain safe environments for its community.

## INSURANCE COVERAGE

By switching insurance companies, GymBC was successful in obtaining more insurance coverage than previous seasons, including:

- \$10 Million in coverage for the Commercial General Liability policy (without increasing membership fees).
- Increased coverage for bodily injury claims incurred on trampoline devices during recreational activities to \$10 Million (up from \$500 K for the previous 3 years).
- The reintroduction of public access programming (Birthday Parties, Drop-Ins, and Field Trips) with new rules to manage the risk of trampoline devices in these settings.



# SOCIAL MEDIA STATS



2367

Facebook  
likes



1500

Twitter  
followers



3900

Instagram  
followers



20K+

Website  
visitors

# PARTNERSHIPS

GYMNASTICS BC WOULD LIKE TO THANK THE  
FOLLOWING PARTNERS FOR THEIR SUPPORT:



