

2026 Western Canada Cup

Co-Hosted by Prince George Gymnastics and Gymnastics BC

Event Bulletin #3



EVENT INFORMATION

May 8-10, 2026

Kin Centre Arena (KIN 1) - 2187 Ospika Blvd S, Prince George, BC, V2N 0E1

[Event Website](#) - Bulletins, schedules, event information will consistently be updated on the event website

HOST CONTACT INFORMATION

Prince George Gymnastics Club

120-4175 18th Ave, Prince George, BC V2N 0G7

Lindsay Timmermans

Event Host

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Carolyn Emon

Event Host

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Gymnastics BC

268-828 West 8th Avenue, Vancouver BC, V5Z 1E2

Aidan Muth

Communications and Events Manager

events@gymbc.org

(604) 333-3490

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TG Program Manager

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(604) 333-3496 ext. 7,3

MEDIA INFORMATION

Social Media

Instagram: @gymnasticsbc || @pggymnastics1

Facebook: Gymnastics BC || Prince George Gymnastics

Please Use Hashtags: #2026WesternCanadaCup #GymBCxPGG

Media Contact

For press releases, news coverage, and other media inquiries, please email: communications@gymbc.org.

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ADMINISTRATIVE INFORMATION

Eligibility

All athletes registered for the 2026 Western Canada Cup must be in good standing with their PTSO.

Payment of Fees

Payment is due upon registering and can be made by:

- **Credit card** (contact GymBC; transaction fees apply)
- **E-transfer** to accounting@gymbc.org (include details in the memo)
- **Cheque**, payable to *Gymnastics BC*

Withdrawals, Event Scratches, & Refund Requests

To withdrawal and request a refund, complete the [Withdrawal Form](#). Refunds will be processed **after** the competition.

- A **\$15** administration fee will be withheld from all refunds. *A medical note is required.*
- No refunds will be issued after **May 7, 2026**, except under special circumstances approved by GymBC.
- Refunds will only be given for withdrawals from the entire competition. Event scratches must be submitted through the Withdrawal form.

Corrections/Level Changes

Corrections or level changes must be submitted via the [Official Corrections/Level Changes Form](#). No fee applies within four (4) days of registration; a \$10 fee per change applies after five (5) days.

Club/PTSO Declaration of Compliance

To participate, each club or Provincial/Territorial Sport Organization (PTSO) must submit a signed [Declaration of Compliance](#) form by **May 1, 2026**. Any questions about the details of the form may be sent to events@gymbc.org.

Important Deadlines At-A-Glance

May 1, 2026	Club/PTSO Declaration of Compliance due
May 7, 2026	Deadline to submit a request for a refund

Event Information Mailing List

Parents, athletes, and coaches can subscribe to the [2026 Western Canada Cup Email List](#) to stay up to date with event information. Participating clubs and PTSO's will continue to receive all event information directly.

Results

Results will be consistently posted during the event on [Sportzsoft](#).

Venue Information

The Kin Centre Arena is attached to the CN Centre. [Click here](#) for various information of what the KIN Centre Arena offers.

Transportation Information

Teams are responsible for their own ground transportation. The LOC recommends the following companies.

Paxton Shuttle Service	www.paxtonshuttle.com (250) 563-3850 admin@paxtonshuttle.com
First Student (School Busses)	Get a Quote Online (989) 882-1150 firstcharter@firstgroup.com

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Accommodations



Hotel	Prince George Lodge
Address	1790 Hwy 97 S, Prince George, BC, V2L 5L3
Phone	(250) 564-7100
Room Type & Rate	Standard 2 Queen at \$149.95/night
Booking Deadline	April 23, 2026
Reservations	Call (250) 564-7100 and mention the 2026 Western Canada Cup

Hotel	Treasure Cove Prince George
Address	2005 Hwy 97 S, Prince George, BC, V2N 7A3
Phone	(250) 614-9111
Room Type & Rate	Standard 2 Queen/Single King at \$159.95/night
Booking Deadline	April 23, 2026
Reservations	Call (250) 614-9111 and mention the 2026 Western Canada Cup

Medical Services

Qualified medical professionals will be on-site throughout all competition hours and will be stationed at the First Aid area.

Hospitality

A hospitality room will be provided for coaches, judges, chaperones and team managers.

Equipment

2 Trampolines, 1 Double Mini Trampoline, 1 Tumbling Track (Spieth America)

Event Photography

The official Western Canada Cup event photographer is Cakewalk Media! GymBC is excited to announce that all event photos will be available to competitors for free. A link will be distributed to participating groups following the event.

Accreditation

All athletes, coaches, judges, and team managers/chaperones are required to wear their event accreditation tag while at the venue. Individuals without an event pass will not be permitted onto the Field of Play. Accreditation can be picked up at the front desk upon arrival and provides access to the full event.

Opening Ceremonies

Opening Ceremonies will take place on **Friday, May 8 at 16:15**. All participants who have arrived in Prince George by this time are expected to attend.

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Merchandise

The official event merchandise provider is Victory Shirts. Apparel will be available for purchase on-site, including hoodies, tees, quarter-zips, joggers, and more!

Airbound Trampoline Shoes

[Airbound Trampoline Shoes](#) is selling shoes via pre-order only! Place your order by **Friday, May 1 at 11:59 p.m.** and use promo code WESTERNS to have your shoes delivered to the event with no shipping fee. Orders must be picked up onsite.

Admissions

Admission tickets are available to purchase at the door. Cash, debit, and credit card are accepted.

Ticket Type	Day Pass	Weekend Pass
Adult (18+)	\$20	\$40
Child/Senior	\$15	\$30
Children 5 and under	Free	Free
Family of 4	\$50	\$100

Live Stream

GymBC is excited to be livestreaming the 2026 Western Canada Cup! Livestream information will be available for purchase and viewing on [HomeTeam Network](#).

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ATHLETE INFORMATION

Categories

Event	Levels
Trampoline	L1 12+, L2, L3, L4, L5
Double Mini Trampoline	L1 12+, L2, L3, L4, L5
Tumbling	L1 12+, L2, L3, L4, L5
Synchronized Trampoline	L1 12+, L2, L3, L4, L5

Awards

Type	Awards
Individual	Medals 1-3, Ribbons 4-10, AA 1-6 *L1 & L2 athletes not eligible for AA
Team Awards	TRA(& SYNCH), DMT, TUM 1-3, AA, 1-3, AA Team 1 st (Grand Aggregate Trophy)

Attire

Athletes must adhere to their PTSO's & GymCan's competition attire standards while on the competition floor.

Tie-Breaking

There will be no ties. Athletes will automatically be ranked according to the [GymCan Competition Regulations](#).

COACH INFORMATION

Eligibility

All coaches registered for the 2026 Western Canada Cup must be in good standing with their PTSO. Coaches must hold NCCP Competition 1 (Comp 1) certification to coach Levels 1–2. Coaches must hold NCCP Competition 2 (Comp 2) certification to coach Levels 3–4. Coaches must hold NCCP Competition 3 (Comp 3) certification to coach Level 5. If you are in need of an exemption, please contact your PSO.

Coaches Group Chat

Coaches who provide a mobile phone number during registration will be added to a WhatsApp community group for on-site announcements and updates from event organizers. Team Managers or any other delegate can contact events@gymbc.org with their information if they wish to also be added to the community group. There will also be a QR code to join onsite.

JUDGE INFORMATION

Each province is expected to submit its allocated number of judges, as outlined in the Western Canada Cup Policies & Procedures Manual, and to assign its highest-certified and/or most experienced judges whenever possible. Judge submissions must be sent to tg@gymbc.org. If a province is unable to meet its assigned quota, it must contact tg@gymbc.org to determine whether the requirements can be fulfilled using judges from the host province. Failure to provide the required number of judges, or for confirmed judges to attend, will result in a \$500 fine per missing judge, levied against the province.

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FINALIZED COMPETITION SCHEDULE

The competition schedule is available through your Sportzsoft Account.

Time	TRA	TUM	DMT	TRS	
Judges Meeting, Coaches Meeting, Run & Stretch (No Equipment)					
7:50 - 8:20					
8:30 - 9:00	L2W 14U Flight 1		L1W 13+		
9:00 - 9:45	L2W 14U Flight 2		L3W 15+ Flight 1		
9:45 - 10:15	L2W 14U Flight 3		L3W 15+ Flight 2		
10:15 - 11:15	L4M Flight 1		L3W 14U Flight 1		
11:15 - 12:00	L4M Flight 2		L3W 14U Flight 2		
LUNCH BREAK					
12:00 - 12:30					
12:30 - 13:00	L2W 15+ Flight 1		L1M & L1W 12yrs Flight 1		
13:00 - 13:30	L2W 15+ Flight 2		L1W 12yrs Flight 2		
13:30 - 14:15	L1/L2 Men		L5W & L5M Flight 1		
14:15 - 15:30	L4W Flight 1		L5M Flight 2		
15:30 - 16:15	L4W Flight 2		L2M		
OPENING CEREMONIES					
16:15 - 16:45					
16:45 - 17:15					
DINNER BREAK					
17:15 - 17:45		L3W Flight 1		2 Touch L1 Flight 1	
		COMPETE L1 Flight 1			
17:45 - 18:00		L3W Flight 2		2 Touch L2 Flight 1	
		COMPETE L2 Flight 1			
18:00 - 18:30		L3M & L4M		2 Touch L2 Flight 2	
	COMPETE L2 Flight 2				
18:30 - 19:00	L4W Flight 1	2 Touch L3 Flight 1			
	COMPETE L3 Flight 1				
19:00 - 19:30	L4W Flight 2	2 Touch L3 Flight 2			
	COMPETE L3				
Day 2 - Saturday May 9th, 2026					
Time	TRA	TUM	DMT	TRS	
Run & Stretch (No Equipment)					
8:00 - 8:30					
8:30 - 9:30	L3W 15+ Flight 1		L2W 15+ Flight 1		
9:30 - 10:15	L3W 15+ Flight 2		L1 W 12yrs		L2W 15+ Flight 2
10:15 - 11:15	L3W 14U Flight 1		L1W 13+ Flight 1		L4M
11:15 - 12:00	L3W 14U Flight 2		L1W 13+ Flight 2		L2W 14U Flight 1
12:00 - 12:45	L3M Flight 1		L5 Women		L2W 14U Flight 2
12:45 - 13:15	L3M Flight 2	L3M	L2W 14U Flight 3		
LUNCH BREAK					
13:15 - 13:45					
13:45 - 14:15	L1W 13+ Flight 1	L5W	L3M Flight 1		
14:15 - 14:30	L1W 13+ Flight 2	L2W 12U	L3M Flight 2		
14:30 - 15:00	L1W 12yrs Flight 1	L2W 13+	L4W Flight 1		
15:00 - 15:30	L1W 12yrs Flight 2		L4W Flight 2		
15:30 - 16:00			L4W Flight 3		
16:00 - 16:30				2 Touch L4 Flight 1	
				COMPETE L4 Flight 1	
16:30 - 17:00				2 Touch L4 Flight 2	
	COMPETE L4 Flight 2				
DINNER BREAK					
17:00 - 17:30					
17:30 - 18:00	L1W 12yr Finals	L4W Finals	L3W 14U Final		
18:00 - 18:30	L1W 13+ Finals	L4M Finals	L3W 15+ Final		
18:30 - 19:00	L1M/L2M Finals	L3W Finals	L3M Final		
19:00 - 19:30	L2W 14U Finals	L3M Finals	L1W 12yr Final		
19:30 - 20:00	L2W 15+ Finals	L5W/L5M Finals	L1W 13+ Final		
20:00 - 20:30			L5W Final		
Day 3 - Sunday May 10th, 2026					
Time	TRA	TUM	DMT	TRS	
General Warm-Up					
8:15 - 8:45					
8:45 - 9:15	L4W Final		L1M/L2M Final		
9:15 - 9:45	L4M Final		L1M/L2M Final		L2W 14U Final
9:45 - 10:15	L3W 14U Final		L2W 12U Final		L2W 15+ Final
10:15 - 11:00	L3W 15+ Final		L2W 13+ Final		L5M Final
11:00 - 11:45	L3M Final		L1W 12yr Fina		L4W 14U Final
11:45 - 12:00		L1W 13+ Final	L4W 15+ Final		
12:00 - 12:30			L4M Final		
LUNCH BREAK					
12:30 - 13:15					
13:15 - 13:45	Team BC / SK		Team MB/AB		
13:45 - 14:20	Team MB/AB	Team BC/SK			
14:20 - 14:55		Team MB/AB	Team BC/SK		