

EVENT PROGRAM



May 3, 2026
Richmond Olympic Oval





WELCOME!

On behalf of Gymnastics BC and Delta Gymnastics Society, welcome to the 2026 BC Gymnaestrada: World in Motion! Gymnaestrada is the largest Gymnastics For All event, offering a unique opportunity to celebrate movement and physical activity in a non-competitive, inclusive environment. It embodies the true values of the Gymnastics For All and Active for Life philosophies of sport and recreation – promoting participation, inspiring joy in movement, and showcasing the development of every participant.

Participants from across BC have gathered at the Richmond Olympic Oval for this event, recognized as the largest recreational gymnastics celebration in the province. The performances you are about to see highlight the fun and excitement of movement, as participants share their physical, technical, and creative abilities.

For some, this event is also a stepping stone toward the Canadian Gymnaestrada this summer in Regina, Saskatchewan, and ultimately the World Gymnaestrada in Lisbon, Portugal, in 2027!

PARTICIPATING CLUBS

- Arbutus Gymnastics Club
- Bowen Island Gymnastics Club
- Britannia Gymnastics Club
- Club Aviva
- Delta Gymnastics Society
- Duncan Dynamics Gymnastics Club
- Gymsense Gymnastics
- Illusions Rhythmic Gymnastics
- Lions Pride Gymnastics Academy
- Pacific Shore Gymnastics
- South Cariboo Rhythmic Gymnastics
- TAG Sports Centre
- Twisters Gymnastics
- White Rock Gymnastics Athletics Society
- Whistler Gymnastics
- Whistler-Pemberton

WELCOME!



I am delighted to extend my warmest welcome to the 2026 BC Gymnaestrada in Richmond, BC! We are thrilled to co-host this vibrant celebration of movement and community in partnership with Delta Gymnastics Society, whose creativity, dedication, and commitment to inclusive programming make them a valued part of our community. We are incredibly grateful for the outstanding efforts of our host club, whose energy and vision have brought this event to life.

Since 1969, Gymnastics BC has worked to grow and support gymnastics throughout the province. The BC Gymnaestrada reflects the heart of Gymnastics For All – a space where participants of all ages, abilities, and backgrounds come together to perform, connect, and celebrate the joy of movement.

For many, this may be their first opportunity to perform outside of their home club. For others, it may be a key step on the path to larger events like the Canadian Gymnaestrada this summer, or the World Gymnaestrada in 2027. No matter where you are on your journey, we hope this weekend is filled with fun, inspiration, and lasting memories.

An event of this scale would not be possible without the generous support of our local community, volunteers, and sponsors. Your contributions help promote healthy, active living and create meaningful experiences for participants across BC and beyond.

To all the performers: we wish you the very best and hope you enjoy every moment – your hard work and passion shine through. To the coaches and choreographers: thank you for your commitment to creating inclusive, engaging, and memorable performances. And to the families, friends, and fans: thank you for supporting the spirit of Gymnastics For All and helping make this event so special.

Sincerely,

A handwritten signature in black ink that reads "Chantelle Yates". The signature is written in a cursive, flowing style.

Chantelle Yates, GymBC Chair

Gymnastics BC

We are a non-profit organization that delivers competitive and recreational programs for the sport of gymnastics in British Columbia. We are responsible for the governance, promotion, and development of gymnastics in BC and are dedicated to making gymnastics an accessible sport for all.

ESTABLISHED IN 1969, WE ARE COMMITTED TO PROVIDING EXCEPTIONAL SUPPORT AND SERVICES TO OUR MEMBER CLUBS.



Delta Gymnastics

For decades, Delta Gymnastics Society has been a place where athletes grow, confidence is built, and community comes to life.

This event is a celebration of movement, creativity, and the true spirit of gymnastics—Gymnastics for All. At Delta Gymnastics, we believe in supporting every participant, at every stage, and creating an environment where everyone can belong, grow, and thrive.

WE ARE HONOURED TO CO-HOST THE 2026 BC GYMNAESTRADA; RIGHT HERE IN RICHMOND, BC!



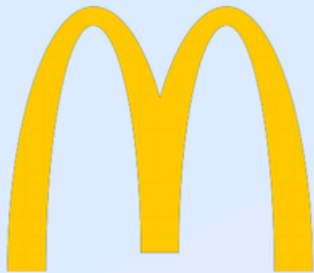


Thank You to Our Amazing Sponsors!

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Gift of Flight Raffle!

DRAW DATE: MAY 3, 2026
TICKETS CLOSE: 2:30 PM
\$15 PER TICKET OR 2/\$25!
[CLICK HERE TO PURCHASE!](#)

Win one roundtrip flight for two guests to any regularly scheduled and marketed WestJet destination!*

*No cash value, fees, taxes, surcharges not included, blackout dates and restrictions apply.
Gaming Event License #171621



SUNDAY MAY 3

Showcase #1

**DOORS OPEN 8:30 AM
MARCH IN: 9:00 AM**

Team BC RG

Lions Pride

Delta Juniors

South Cariboo #1

Pacific Shore

Illusions Novice

South Cariboo #2





SUNDAY MAY 3

Showcase #2

**DOORS OPEN 11:30 AM
MARCH IN: 12:00 PM**

Illusions Provincial

Whistler Gymnastics

Twisters

Whistler-Pemberton

Duncan Dynamics

Whistler-Pemberton Worlds

TAG x WRG





SUNDAY MAY 3

Showcase #3

**DOORS OPEN 2:30 PM
MARCH IN: 3:00 PM**

Britannia

Club Aviva Jr.

White Rock

Arbutus

Club Aviva Sr.

Gym Sense

Bowen Island

Delta Seniors & Legends



SHOWCASE GROUPS

TEAM BC RG



LION'S PRIDE



SHOWCASE GROUPS

DELTA JUNIORS



SOUTH CARIBOO - COLOURS OF LIFE



SHOWCASE GROUPS

PACIFIC SHORE



ILLUSIONS NOVICE TEAM



SHOWCASE GROUPS

SOUTH CARIBOO - DYNAMIC RHYTHM



ILLUSIONS PROVINCIAL TEAM



SHOWCASE GROUPS

WHISTLER GYMNASTICS



TWISTERS GYMNASTICS



SHOWCASE GROUPS

WHISTLER-PEMBERTON



DUNCAN
DYNAMICS



SHOWCASE GROUPS

WHISTLER-PEMBERTON WORLDS TEAM



BRITANNIA GYMNASTICS



SHOWCASE GROUPS

CLUB AVIVA JUNIORS



WHITE ROCK GYMNASTICS



SHOWCASE GROUPS

ARBUTUS CLUB



CLUB AVIVA SENIORS



SHOWCASE GROUPS

GYM SENSE GYMNASTICS



DELTA SENIORS & LEGENDS



SHOWCASE GROUPS

TAG x WRG WORLDS TEAM



BOWEN ISLAND GYMNASTICS

