



2024-25
ANNUAL REPORT





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Gymnastics is for **EVERYONE.**

Established in 1969, Gymnastics BC (GymBC) is a non-profit organization that delivers competitive and recreational programs for the sport of gymnastics in British Columbia. We are responsible for the governance, promotion, and development of gymnastics in BC. We are dedicated providing exceptional support and services to our members and to making gymnastics an accessible sport for all.

This report provides an overview of the organization's achievements and activities throughout each year.

Technical highlights, events, statistical information on membership and participant numbers are as of membership year end, August 31, 2025.

Message from the Board of Director's Chair

As we look back on another remarkable year for gymnastics in British Columbia, I want to extend my heartfelt thanks to every athlete, coach, judge, club leader, club staff, and volunteer who contributes to our vibrant community. Your passion and commitment continue to elevate our sport and inspire the next generation of gymnasts.

Under the leadership of our CEO, Jennifer Keith, GymBC has continued to strengthen its foundation and move forward with renewed focus and purpose. Together, we have built momentum across all disciplines, delivering successful events and developing programs, as we celebrate full participation across the province.

This year also brought outstanding international success, with BC athletes, coaches, and judges representing Canada on the world stage — including at the Paris 2024 Olympic Games. These achievements reflect the dedication, expertise, and spirit of excellence that define our community.

Our commitment to Safe Sport and inclusion remains central to everything we do. The launch of the GymBC Pride Logo and the distribution of “Everyone Belongs in Gymnastics” banners to clubs across the province are important steps in celebrating diversity and ensuring every participant feels valued and supported.

On behalf of the GymBC Board of Directors, I extend our gratitude to our members, staff, and partners for your professionalism, collaboration, and continued dedication to our shared vision. Together, we are creating a stronger, safer, and more inclusive gymnastics community for all.

Sincerely,



Chantelle Yates
Board Chair, GymBC

Message from the Chief Executive Officer

As we reflect on the past year, I am incredibly proud of how far Gymnastics BC has come. Not only in strengthening our operations, but in deepening our connection with our members and community across the province.

This year marked an important period of organizational growth and renewal. Through our participation in viaSport's Operational Enhancement Initiative, GymBC undertook a comprehensive review of our governance and operations. The resulting Findings and Recommendations Report, [now available to all members](#), provides a clear roadmap for continued improvement in accountability, transparency, and alignment with leading governance practices.

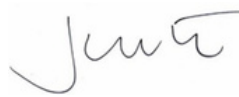
Building on this foundation, GymBC is expanding opportunities for member engagement, including recruitment for the Nominations Committee and the Diversity, Equity & Inclusion (DEI) Committee. These committees will play an important role in supporting stronger representation and advancing inclusive and equitable governance across our organization.

We are now actively engaged in developing GymBC's next Strategic Plan, which will guide the future direction of gymnastics in BC. Through surveys, interviews, and workshops, members across all disciplines and regions are contributing their voices to help shape our collective priorities for the years ahead.

I am proud of the collaboration and commitment shown by our clubs, staff, coaches, judges, and volunteers. Together, we are creating safer, more inclusive, and more connected spaces for athletes to grow and thrive.

Thank you for your continued partnership and belief in our shared vision. The progress we have made this year lays the groundwork for an even stronger future — one defined by excellence, integrity, and belonging.

Sincerely,



Jennifer Keith

Chief Executive Officer, GymBC

Meet the GymBC Team



Meet our dedicated team of professionals who have contributed their expertise, passion, and collaboration to drive our success.

Chair	Chantelle Yates	CEO	Jennifer Keith
Vice-Chair	Livia Lau	Sport Safety Officer	Justin Schubert
Director of Finance	Jennifer Lyster	Senior Manager of Membership & Finance	Catherine Dubinsky
Director-at-Large	Jennifer Coimbra	Senior Manager of Development	Leanne James
Director-at-Large	Kyna Fletcher	Communications & Events Manager	Aidan Muth
WAG Chair	Jesse Jakins	Coach & Judge Development Lead	Bobbie Worrall
MAG Chair	Michael Hood	WAG Program Manager	Momona Komagata
TG Chair	Jill Drake	MAG Program Manager	Thorstein Fischer
GFA Chair	Catou Tyler	TG Program Manager	Sandra Poelzer (end Jun. 2025)
Zone 1 Chair	Cristina Gillrie	Administrative & TG Program Manager	Jennah Paron (start Oct. 2025)
Zone 2 Chair	Heather Ivanitz	Recreation Program Manager	Taphatna Duncan
Zone 3 Chair	Kris Krunick	Team BC Uniforms Logistics Coordinator	Kerrie Turner
Zone 4 Chair	Bobbie Worrall	Equipment Logistics Coordinator	Michelle Ricks
Zone 5 Chair	Currently Vacant	Equipment Technicians	Garry Ricks Innocent Eragbhe Chris Sheremeta Thorstein Fischer Jake Maxim Trevor Nagy Blake Mould
Zone 6 Chair	Lucas Tiefenbach		
Zone 7 Chair	Lara Collingwood		
Zone 8 Chair	Chantelle Yates		
WAG PPA	Jared Goad		
MAG PPA	Richard Ikeda		
TG PPA	Jason Burnett		

GymBC Membership Statistics



Discover how GymBC's growing membership continues to represent a vibrant and inclusive gymnastics community across the province.

Membership Overview

70
MEMBER CLUBS

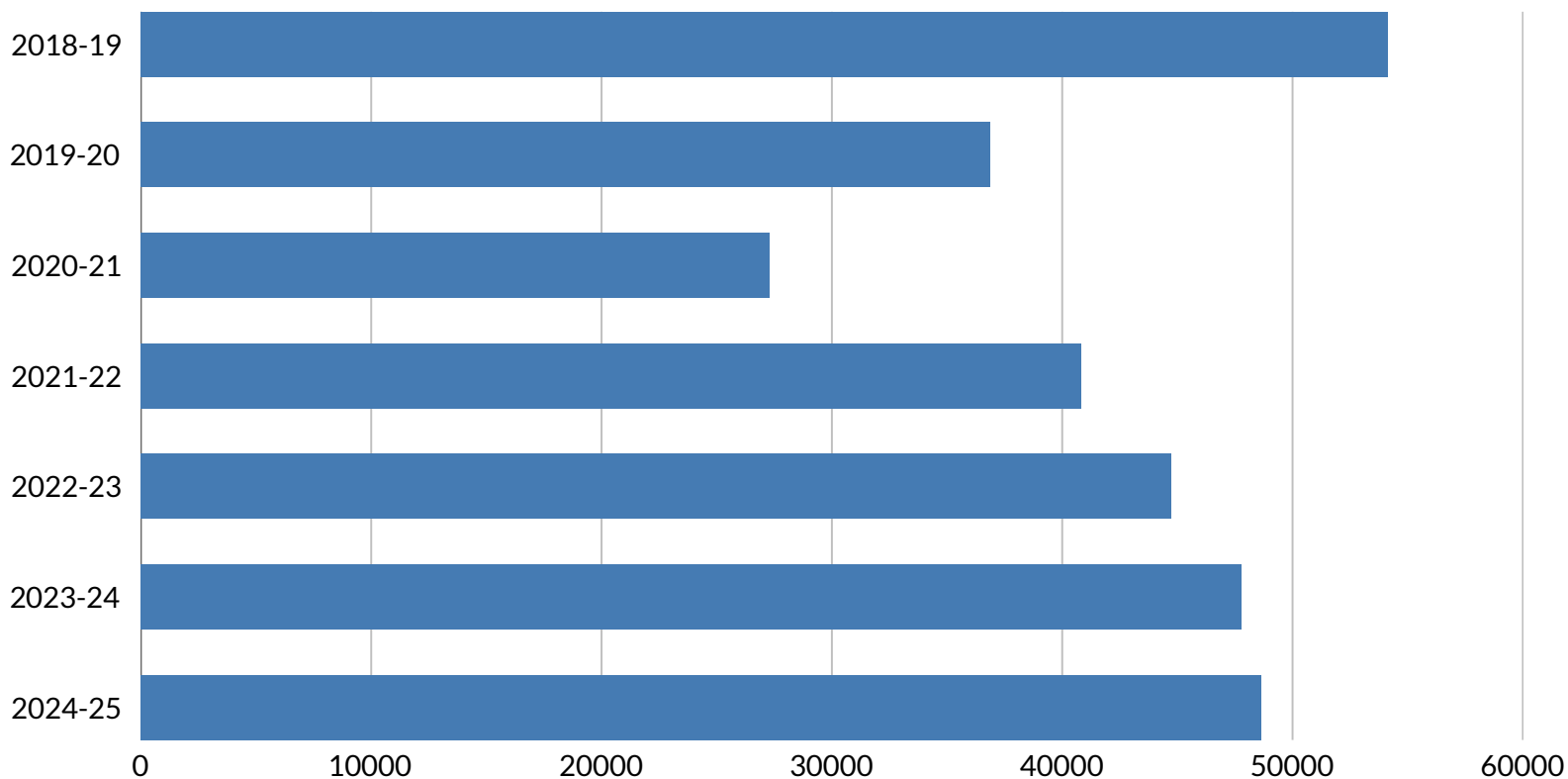


2023-24 to 2024-25

48,643
TOTAL UNIQUE
INDIVIDUALS



2023-24 to 2024-25



Membership At-A-Glance

RECREATIONAL ATHLETES (43,980)

- Artistic: 36,279
- Trampoline: 3,240
- Artistic Casual: 6,179
- Trampoline Casual: 2
- Interclub: 704
- Acrobatic: 67
- Parkour: 719
- Adaptive/Inclusive: 95
- Masters/Adult: 55

COACHES & JUDGES (1,477)

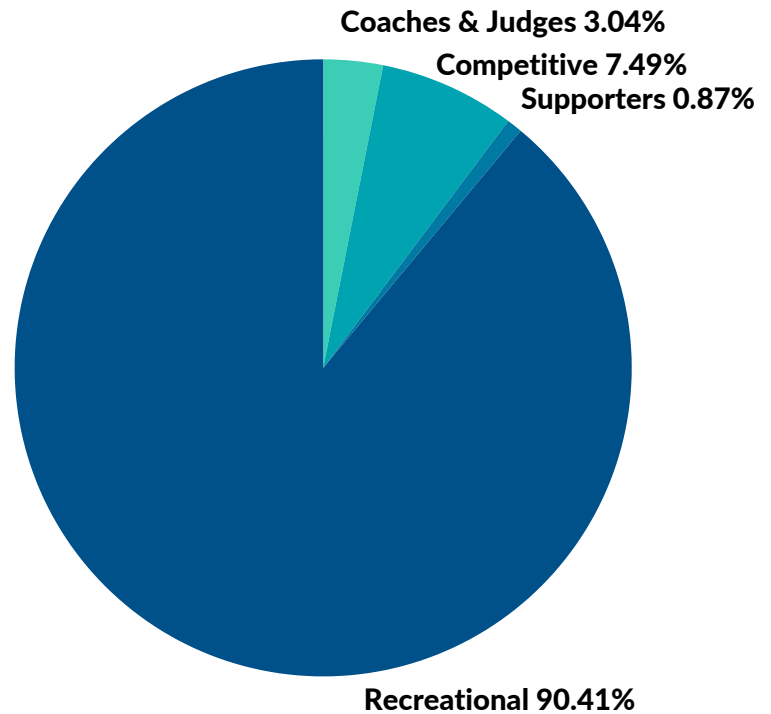
- AG Recreational Coach: 941
- TG Recreational Coach: 104
- GFA Pre-CIT Coach: 106
- MAG Coach: 53
- WAG Coach: 372
- TG Coach: 52
- Acrobatic Coach: 14
- MAG Judge: 21
- WAG Judge: 101
- TG Judge: 35

COMPETITIVE ATHLETES (3,641)

- MAG: 227
- WAG: 3,092
- TG: 299
- ACRO: 39

SUPPORTERS (423)

- Board of Directors & Volunteers: 296
- Club Staff: 95
- Other: 54



Note: Because some individuals are registered in more than one role and/or category, the numbers for each of the bullets do not add up to the total amount for each role/category. The role/category totals are the unique number of individuals registered in that role/category. Similarly, the pie chart percentages do not add up to exactly 100% for the same reason.

Membership By Program

Category	2023-24	2024-25
Xcel Bronze	518	557
Xcel Silver	536	646
Xcel Gold	335	397
Xcel Platinum	81	117
Xcel Diamond	14	20
CCP 1	198	173
CCP 2	322	243
CCP 3	231	228
CCP 4	125	127
CCP 5	46	61
CCP 6	212	191
CCP 7	152	157
CCP 8	75	96
CCP 9	54	42
CCP 10	27	20
WAG Aspire	0	0
WAG Open	0	7
WAG HP	13	14
Provincial 1	74	85

Category	2023-24	2024-25
Provincial 2	35	25
Provincial 3	45	38
Provincial 4	24	21
Provincial 5	5	5
National Open	17	14
MAG Aspire	6	3
MAG Junior	18	18
MAG Senior	9	16
MAG Undeclared	0	2
TG Competitive	288	299
Artistic Recreational	35,165	36,279
TG Recreational	3,703	3,240
Artistic Casual	6,135	6,179
TG Casual	7	2
Recreational Acro	112	67
Interclub Performance	672	705
Recreational Parkour	500	719
Adaptive/Inclusive	88	95



Highlighting GymBC's ongoing growth through innovation, partnerships, and enhanced event experiences that strengthen our organization and community.

Gymnastics BC Development

Development Highlights



PARTNERSHIPS & FUNDING

- Secured grants from Discover Surrey and Sport Surrey to support the 2025 Artistic and Trampoline GymBC Championships.
- Formed a new strategic partnership with Lululemon and initiated discussions with Evergreen Hospitality Group.
- Built valuable relationships with municipal partners during the Canadian Gymnaestrada bid process, positioning GymBC for future large-scale hosting opportunities.



EVENT BRANDING & PRESENTATION

- Initiated a rebrand of GymBC Championship events, creating consistent event titles and elevating the visual identity of Provincial Championships.
- Successfully launched live streaming for GymBC events, expanding access and engagement across the province.



COMMUNITY RECOGNITION

- Celebrated GymBC's strong presence at the 2025 Sport BC Awards, with eight nominations resulting in six finalists and four award recipients.

Development

Operational Enhancement Initiative



GymBC participated in viaSport's Operational Enhancement Initiative (OEI) to strengthen governance, transparency, and organizational sustainability. The review provided clear recommendations to guide GymBC's growth and alignment with leading practices in sport management. GymBC is currently taking action in addressing the findings of the report. The [full report is available here](#).

Focus Areas

1. Organizational Priorities – Defining long-term goals and focus areas
2. Standards of Practice – Strengthening systems and policies
3. Leading Practices – Aligning with provincial and national expectations
4. Sport Culture Index – Understanding community culture and engagement

Key Pillars Reviewed

- Strategic Planning – Aligning GymBC's next Strategic Plan with findings and member feedback
- Governance & Board Structure – Clarifying roles, election processes, and board-staff boundaries
- Human Resources – Establishing staff performance metrics and CEO evaluation systems
- Financial Planning – Updating policies and enhancing transparency in budgeting and reporting
- Risk Management – Developing a comprehensive Risk Policy and Registry
- Safe & Inclusive Environments – Continuing Safe Sport and DEI work across all operations
- Program Evaluation – Building stronger member feedback loops for continuous improvement

GymBC's Organizational Priorities

1. Harness the *passion* of our community.
2. Support *good governance* at all levels of the sport.
3. Advance a *culture of belonging* through diversity, equity, and inclusion.
4. Guide aligned *strategic planning* for the future.

Member Takeaways

- ✓ Stronger and more inclusive governance.
- ✓ Clearer direction through aligned strategic planning.
- ✓ Better support for clubs and volunteers.
- ✓ More transparent and accountable operations.
- ✓ Continued commitment to safe, inclusive sport environments.

Safe Sport & Risk Management

Strengthening our commitment to athlete safety, education, and well-being through proactive initiatives and risk management practices.

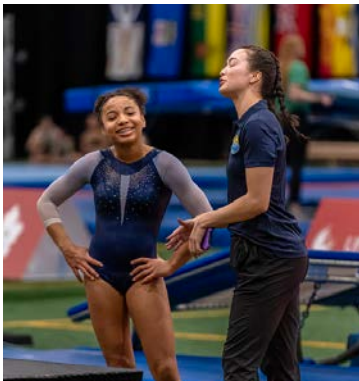


Safe Sport Highlights



PROFESSIONAL DEVELOPMENT

- Invested conflict management training to help clubs address and resolve issues early, reducing escalation to formal complaints.
- The initiative has led to noticeably fewer concerns and complaints reaching the third-party level in Q3 and Q4.



COMPLAINT MANAGEMENT

- Activated the ITP Sport Agreement, ensuring complaints referred to ITP are handled efficiently, in a timely manner, and with improved satisfaction among all parties.



RISK MANAGEMENT

- Initiated development of a Risk Register, with ongoing collaboration between senior staff and insurance partner EQUA to strengthen proactive risk management across GymBC operations.

Coaching and Judging

Supporting the ongoing growth, education, and excellence of BC's coaching and judging communities through training, collaboration, and leadership.



Coaching & Judging Highlights



COACHING DEVELOPMENT

- Continued implementation of the annual course calendar, supporting clubs in scheduling training and onboarding new coaches.
- Delivered six Learning Facilitator education sessions, resulting in 15 new facilitators across seven zones, expanding provincial coaching capacity.
- Offered consistent coaching courses across all streams, including the first-ever Comp 2 TG and Comp 3 TG courses in BC.
- Launched the Fitter for Life Educational Video as a new self-guided resource for coaches.
- Hosted the 2nd annual GymBC Pro-D Day and offered free or discounted NCCP courses during National Coaches Week.
- Expanded professional development opportunities through partnerships with USAG, Sport for Life, and others, covering diverse topics from coach ethics to engaging Indigenous communities.



JUDGING DEVELOPMENT

- Supported both MAG and WAG Judges Cups, including the second-ever MAG Judges Cup.
- Partnered with Zone Chairs and the WAG Judging Committee to deliver seven virtual continuing education sessions.
- Facilitated 17 judging courses (2 MAG, 15 WAG) with a combined 239 participants, continuing to strengthen BC's judging community.

Course Summary

Course Name	Number of Courses	Number of Participants	% Change Since 2023-24
Foundations Intro	32	358	-11%
Foundations Artistic	31	340	2%
Foundations Active Start	8	75	-27%
Foundations Trampoline	24	203	15%
Foundations Theory	20	325	-4%
Comp 1 Theory	6	91	7%
Comp 1 WAG	8	102	-5%
Comp 1 MAG	4	26	15%
Comp 1 TG	3	35	-3%
Comp 2 WAG	3	33	74%
Comp 2 MAG	1	2	-60%
Comp 2 TG	1	5	N/A
Comp 2 Planning	1	17	N/A
Comp 3 WAG	0	0	N/A
Comp 3 MAG	1	2	N/A
Comp 3 TG	1	9	N/A
Comp 3 Planning	1	1	N/A



Delta Gymnaestrada 2025

2025 GymBC Award Winner "Gymnaestrada Team of the Year." Delta Seniors & Legends | Delta Gymnastics Society

GymBC GFA PROGRAM

*Celebrating participation,
creativity, and inclusion
through programs and
events that make
gymnastics accessible and
enjoyable for everyone.*

GFA Program Highlights



2025 WESTERN GYMNAESTRADA

- Co-hosted by Pacific Rim Gymnastics and GymBC in Ucluelet, the event welcomed 335 athletes and 48 coaches under the theme “Island Escape.”
- Featured 7 workshops, an optional adjudicated session with 8 teams, and was recognized as a True Sport event celebrating fairness, inclusion, and fun.
- The event received overwhelmingly positive feedback, setting the stage for the 2026 BC Gymnaestrada, themed “World in Motion.”



ASSISTING & GUIDING CLINIC

- Launched the Assisting and Guiding Clinic, piloted in Surrey and Duncan before expanding to Vancouver.
- Trained 9 Co-Course Conductors and 66 coaches to improve hands-on coaching techniques and participant safety.
- Moving forward, the clinic will be available to clubs province-wide, expanding in-house training capacity.



Showcasing the achievements, development, and leadership of BC's WAG community at the provincial, national, and international levels.

GymBC WAG PROGRAM

WAG Program Highlights



PERFORMANCE & REPRESENTATION

- Shallon Olsen and Sydney travelled to the Paris 2024 Olympic Games along with coach Dorina Stan on assignment from GymCan. Shallon qualified to and competed in her 3rd consecutive Olympic vault apparatus finals.
- Andrée Montreuil served as Canada's sole WAG judge at the Olympics
- BC athletes achieved exceptional results nationally, earning 51 medals at Western Canadian Championships and 16 medals at Canadian Championships.
- National team representation included Shallon Olsen and Sydney Turner (Senior National), Aaliyah DeSousa (Senior Development), and Emily Kim and Clara Fretwell (Espoir).



PROGRAM DEVELOPMENT

- Introduced the LEAD initiative to enhance athlete leadership and engagement.
- Participated in GymCan's National Open Program, with 7 BC athletes selected.
- Organized 5 training camps, 4 offering IST services.
- Covered Canadian Championships registration fees for all WAG athletes.
- Delivered 14 workshops and clinics to support coach education.
- Offered 15 judging courses and 7 continuing education sessions through the WJC.
- Celebrated 5 judges who attained or renewed their FIG Brevet.
- Continued the Judges Cup, providing valuable feedback and funding for judging initiatives.
- Hosted the annual WAG Summit with the strongest attendance since the pandemic.

GymBC MAG Program

Showcasing the achievements, development, and excellence of BC's MAG community at the provincial, national, and international levels.



MAG Program Highlights



PERFORMANCE & REPRESENTATION

- Zachary Clay represented Team Canada at the Paris 2024 Olympic Games, where the team made history by qualifying for the Team Final for the first time.
- Two BC teams of 6 junior athletes competed at the Grizzly Classic in Alberta as part of Canada Games preparation, earning 1st place against Alberta and Ontario. GymCan fielded a team of all BC juniors to compete against USA and Mexico.
- BC athletes earned 39 individual medals and 6 team medals at the Western Canadian Championships, 25 individual and 1 team medal at the Canadian Championships, and 28 individual medals at Elite Canada.
- Kai Iwaasa represented Canada at the DTB Pokal in Stuttgart, Germany.

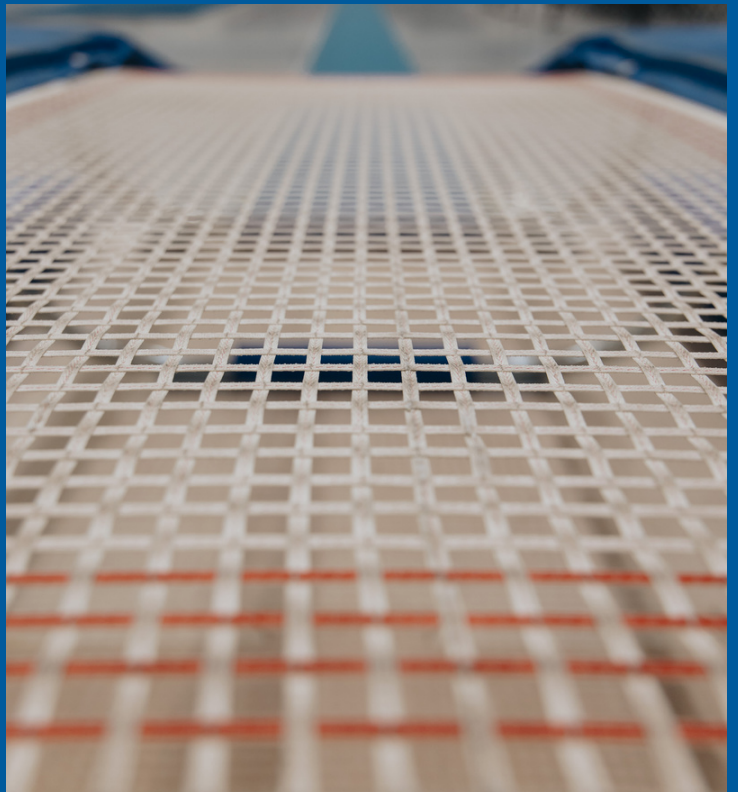


PROGRAM DEVELOPMENT

- Hosted the Virtual Judges' Cup, serving as both Elite Screening and a valuable feedback platform for athletes and coaches.
- Delivered 4 provincial training camps (3 in the Lower Mainland, 1 on Vancouver Island); Vancouver Phoenix Gymnastics earned the Challenge Cup Series title.
- Hosted 2 elite camps, including a three-day session with guest clinician Markos Baikas from Saskatchewan.
- John Carroll attended the FIG Intercontinental Course in Lausanne; Todd Sader, Chris Sheremeta, Mike J. Hood, and Thorstein Fischer completed the FIG International Course in Atlanta — all judges successfully passed.
- Chris Sheremeta judged at the World Challenge Cup in Hungary, and Mike J. Hood judged at the Senior Pan American Championships in Panama.

GymBC TG Program

Showcasing the achievements, development, and excellence of BC's TG community at the provincial, national, and international levels.



TG Program Highlights



PERFORMANCE & REPRESENTATION

- 11 BC athletes named to the Senior National Team, 3 to the Junior National Team, and 3 to the National Developmental Team.
- BC athletes captured 15 gold medals at Elite Canada, hosted in Kamloops — a well-attended and highly successful event.
- The Aviva Cup marked the start of the competition season and ran smoothly with strong BC participation.
- Continued representation of BC athletes at national and international levels, reinforcing the province's leadership in trampoline gymnastics.



PROGRAM DEVELOPMENT

- Hosted the annual Provincial HP Camp in Whistler with 27 athletes and 5 coaches from across BC.
- Delivered engaging sessions with clinicians Antoine Vallieres (Quebec) and Mario Bruno (BC).
- The TG Mini Summit (evening format) was well received, with representation from every TG club in the province.
- TG coaches and judges continued to engage in GymBC's cross-discipline professional development and education opportunities.

GymBC EVENTS



*Highlighting the events
that unite athletes,
coaches, and clubs across
BC to celebrate
achievement, connection,
and community.*

GymBC Events Overview



2024 GymBC Awards & Scholarships Celebration

- Celebrated the achievements of athletes, coaches, judges, and volunteers with over 150 attendees at the Element Vancouver Metrotown Hotel.



2024 GymBC Annual General Meeting

- Hosted virtually, providing members with a voice in relation to key organizational and governance activities and updates.



2025 Artistic & Trampoline GymBC Championships

- Co-hosted by Flip City Gymnastics Club, this event brought together over 1,000 athletes, coaches, and judges for three days of competition



2025 Xcel GymBC Championships

- Co-hosted by Langley Gymnastics Foundation, marking the first-ever Xcel Championships in BC with over 1,000 participants.



2025 Compulsory GymBC Championships

- Co-hosted by Langley Gymnastics Foundation, featuring more than 400 participants from across BC in an energetic two-day event.



2025 Western Gymnaestrada

- Co-hosted by Pacific Rim Gymnastics in Ucluelet, welcoming over 350 athletes and coaches under the theme "Island Escape."



Celebrating visibility and inclusion
through new initiatives and
enhanced communication across
GymBC's digital platforms and
events.

GymBC COMMUNICATIONS

GymBC Communications HIGHLIGHTS

5,495
Instagram Followers

↑ **10%**

2,900
Facebook Followers

↑ **3.4%**



Launched the GymBC Pride Logo, celebrating inclusion and representation across the gymnastics community. As part of this initiative, “Everyone Belongs in Gymnastics” banners were distributed to clubs throughout BC to promote belonging and visibility within our sport.

Increased GymBC’s social media presence at events, with enhanced live coverage and recognition – including posting All-Around winners from provincial championships.



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