



Trampoline Gymnastics Operations Manual

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1. Generalities

This document is to be read in conjunction with the following documents;

- Gymnastics BC [Complaint Management Handbook](#)
- Gymnastics BC [Coaching Education Operations Manual](#)
- Gymnastics BC [Committee Policies and Procedures](#)
- Gymnastics BC [Registration Handbook](#)
- Gymnastics BC [Team BC Handbook](#)
- Gymnastics BC [Screening Policy](#)
- Gymnastics [Canada TG Canadian Pathways](#)
- Gymnastics [Canada TG Competition Requirements](#)
- FIG TG [Code of Points](#)

1.1 Program Objectives

- Coordinate and supervise technical aspects of the provincial, national and international trampoline gymnastics events where GymBC participate
- Determine technical rules and procedures as they are applied in the Province of BC, in respect with GymCan and FIG rules
- Organize competitions, clinics, training camps, and seminars to aid in the development of TG athletes, coaches, and officials

1.2 TG Technical Committee (TGTC)

The TG Technical Committee (TGTC) is composed of seven (7) voting members and 2 non-voting members.

The following position will be elected **during the TG Assembly** in EVEN YEARS:

- Chair (**designated TGTC nominee to the GymBC Board of Directors by virtue of being elected TGTC Chair**)
- Provincial Judging Chair
- Athlete Representative (1-year term)
- 2 Members at Large, who may be assigned a portfolio by the committee (1-year term)

The following positions will be elected **during the TG Assembly** in ODD YEARS;

- Vice Chair, who may be appointed to the Technical Leadership Working Group
- Provincial Coaching Chair
- Athlete Representative (1-year term)
- 2 Members at Large, who may be assigned a portfolio by the committee (1-year term)

The following are NON voting members of the TGTC:

- GymBC TG Program Manager
- GymBC Provincial Performance Advisor

Further information regarding the Trampoline Technical Committee may be found in [Committee Policies and Procedures](#) document.

1.3 Integrated Performance System (IPS)

Gymnastics has been recognized by viaSport and by the Canadian Sport Institute Pacific (CSI-P) as a *targeted sport*; this means gymnastics is a sport in which there is a strong potential for BC athletes to be named to National Teams. GymBC programs benefit from Enhanced Excellence Funding (EEF) to improve programming for national-level athletes while targeted athletes and coaches receive access to specialized services in pursuit of national and international podiums.

The list of targeted athletes is determined after Canadian Championships, by September 30th, and considers an athlete's performance during the prior season. In some categories/instances, National Team members are identified by GymCan at a different time of the year. The athletes awaiting National Team status will be put on the targeted list with the mention *to be confirmed*. Confirmation is made by GymCan directly with CSI. The list is in effect from September 1 to August 31.

The targeted athlete list selection criteria can be found by selecting Gymnastics BC [here](#) on the CSI-P website.

1.4 Training Camps

The trampoline program has two streams of training camps: provincial and national/high performance. Athletes wishing to attend a training camp may be asked to be accompanied by their regular, primary coach. Should that coach not be

able to attend, that athlete's secondary coach – who is familiar with the athlete's training program – may attend instead.

Athletes and coaches are encouraged to contact the TG Program Manager for information on upcoming camps.

1.4.1 Provincial Level Training Camps

Provincial training camps are open to all athletes in provincial level 1, 2, 3, 4 or as specified in the camp invitation and registration package. At these camps, athletes will focus on a specific element of the Trampoline program as identified in the invitation and registration package.

1.4.2 National & High-Performance Camps

National and high-performance camps are open to all athletes in national **Novice, Junior and Senior; Levels 5, 6 and 7**. Priority may be given to targeted athletes. At these camps, athletes will focus on a specific element of the Trampoline program as identified in the invitation and registration package.

2. Athletes

2.1 Amateur Status

All athletes competing in a GymBC sanctioned event must abide by the regulations of GymBC, GymCan, FIG and the International Olympic Committee governing amateur status.

2.2 GymBC Membership

An athlete must be registered in the appropriate category and be in good standing to participate in GymBC sanctioned events. It is each club's responsibility to ensure that its athletes are registered in the correct levels and categories by the set deadlines as determined by the GymBC. More information regarding membership and registration may be found in the [Registration Handbook](#).

All Provincial Levels 1-4, National **Novice, Junior and Senior; Levels 5, 6 and 7** categories are considered competitive.

Trampoline CanJump program Levels 1-12 are considered developmental.

If an athlete participates in a GymBC sanctioned event without being registered as a competitive member, the athletes' club will be fined.

2.2.1 Moving to BC from another Province

Canadian athletes moving from another province during a competitive season may represent their new club at any provincial event. It is the club's responsibility to register the member(s) appropriately and within the required deadlines. Membership is non-transferable between provinces.

2.2.2 Athletes Transferring Clubs

Please refer to the GymBC [Registration Handbook](#) for complete details.

2.3 Athlete Competitive Attire

All athletes must dress in their club's current team competitive attire for all preliminary rounds of competition at all GymBC sanctioned competitions in BC, unless prior approval from the TGTC has been given. Any/all athletes not dressed in their clubs' current team competitive attire will receive a dress code violation as per the TG Canadian Competition requirements.

In all TG competitions in BC, participants will, in general principle, follow the [FIG Code](#) of Points regulations related to attire/appearance. The following are reminders related to those regulations:

Men

- Sleeveless or short sleeves singlet
- Gym shorts or trousers
 - Length of shorts must not be longer than mid-thigh.
- White trampoline shoes and/or foot covering OR of the same colour as the competition longs

Women

- Leotard or unitard with or without sleeves (must be skin tight)

- Long tights may be worn (must be skin tight)
- Trampoline shoes and/or white foot covering

Shorts

- Gym shorts may be worn (must be part of the uniform)
- Must not be longer than mid-thigh
- Must be skin-tight
- The shorts can either be the same colour as the leotard or black (should coordinate with the leotard)
- Athletes who choose to wear shorts from the same Club or Province must all have the same brand
- No obvious logos
- Province/Club athletes can either choose to wear shorts or no shorts (not all the athletes of the same Club or Province are required to choose the same) for Individual Competition.

Synchro – the pair must match and either choose to both either wear or not wear shorts.

Team Events (i.e., Team Finals at BC Championships/Canadian Championships)

- Provincial teams must match and choose to all either wear shorts or wear no shorts.
- Athletes participating in any/all teams event(s) must be dressed in identical team competitive attire during all preliminary rounds of competition. Failure to do so will result in the team being disqualified from any/all TEAM EVENTS.

Competition Footwear

- White footwear is mandatory for TR and DMT
- TU may compete barefoot

Inclusivity:

All competitors must be dressed in the CURRENT club's team competitive attire. All GCG rules apply for proper attire for all preliminary competition. Athletes may wear either male or female CLUB TEAM uniform.

Athletes in L1 and L2 may petition to wear a t-shirt for sensory purposes. This rule does not apply to Western Canada Cup.

2.3.1 Jewelry

No jewelry may be worn by competitors, spotters or coaches acting as spotters. Taping of jewelry is not adequate. Medic alert bracelets as well as Blood Glucose Sensors can be worn but must be taped.

2.3.2 Warm Up

When warm up is conducted in the competition gym all competitors and coaches must dress in competition attire or equivalent.

2.3.3 GymCan Events

At Elite Canada, athletes must wear their club competition attire in Preliminaries.

At Canadian Championships, athletes must wear their provincial competition attire in preliminaries. Full details may be found in the GymCan Canadian Competition requirements [here](#).

2.4 Funding - Athletes

2.4.1 Athlete Assistance Program (AAP) - Trampoline

Athletes who meet the requirements below may apply to receive AAP funding from GymBC. AAP funding will be processed in the fall, based on the [National Team Ranking list](#), published by GymCan in January of that year. **This funding allocation is designed to recognize athletes who have achieved national accolades, national team status, and/or international assignments:**

2.4.1.1 Requirements

To qualify for the Athlete Assistance Program, the athlete must;

- Be in good standing with GymBC
- Be registered to compete in the current competitive year
- Fill out and return the completed AAP application form
- Attend the preceding BC Championships as a Competitor, Judge or Coach
- Take part in a demonstration with full or partial routines/passes
- Have competed and ranked at the preceding Canadian Championships
- Be properly attired in club or team BC uniform as per GymBC and/or GymCan regulations at interprovincial events

- Agree to support and participate in all initiatives of GymBC programming (i.e., attend Technical Committee designated camps, attempt to qualify for appropriate Team BC events, etc.)
- Athletes accepting AAP funding agree to abide by the Team BC Code of Conduct or otherwise be subject to funding repercussions. Injured athletes at the time of BC Championships must still participate in some capacity to be eligible for AAP funding.

2.4.1.2 Groupings

The amount of funding available in a given year will determine which groups will receive funding. None of the groups are guaranteed funding and funding will be equal for all athletes in a given group. GymBC will be responsible for determining the funding options for each of the selected athletes. The TGTC will determine (by vote) the amount to be given.

Medical petitions for Canadian Championships (CC) and/or Canada Games (CG) will not be accepted.

GROUP 1: Senior National Trampoline Team Member – ranked 1-8

- Based on the NT ranking as published by GymCan in January.

GROUP 2: Junior OR Development National Team – ranked 1-4

- Based on the NT ranking as published by GymCan in January.

GROUP 3: Senior OR Junior Trampoline competitor

- Not ranked
- Athlete has attended an international event which was identified by the GymCan High Performance Director, for which they have competed in the FINALS round. **OR**
- Athlete has placed in the **TOP SIX** at the most recent Canadian Championships.

Group 4: LEVEL 7 Trampoline Competitor Aged 17+

- Athletes have placed in the TOP SIX at the most recent Canadian Championships

GROUP 5: ESPOIR (L6 14U / 15-16) Trampoline Competitor

- Athletes have place in the TOP SIX at the most recent Canadian Championships

GROUP 6: Novice (L5 14U / 15-16) Trampoline Competitor

- Athletes have placed in the TOP THREE at the most recent Canadian Championships

Athletes will be placed into Groups 1 to 3 based on the GymCan national team ranking list as published in by the GymCan TG Program Manager in January.

Note: Should there be a need for a deciding factor, each nominee would be given points equivalent to those awarded to each placement for the annual athlete's awards. Those with the highest points will be given priority on the Nomination list.

2.4.1.3 Appeal Process

In the event an athlete wishes to dispute the AAP selection process they may ask, in writing, the Technical Committee to review their decision.

2.4.1.4 Absentee Requests

All exemption requests must be submitted to the TGTC no less than 14 days prior to any BC Championships event. Reasonable exemptions may include athletes assigned by GymCan for an international assignment or injury. Athletes who are approved for exemption must make themselves available to fulfill another obligation such as a special appearance on behalf of GymBC.

2.4.2 High Performance/National Funding

Formerly known as Tiered funding, HP and National Funding may be offered annually by GymBC. **This funding allocation is designed to recognize athletes for consistent excellence through the entirety of the competition season.** When offered it will adhere to the following requirements:

- Flat Funding - everyone will receive the same amount
- Achievement Based – funding will be given to the top two BC athletes, in each discipline, in their respective level, based on their performance at:
 - Results are measured from the best of 2 Provincial cups, Elite Canada, and/or BC Championships. Athletes must attend **TBC** number of events in order to be eligible for funding.
 - IF an athlete is absent from one or more of the required events, due to an international assignment, the international score will replace their score.
 - Levels included are: L5-7, Novice, Junior, Senior, for TRI, TRS, DMT, TUM

Level	HP/National Funding Distribution					
	TR	TR	DMT	DMT	TU	TU
Senior	1 st	2 nd	1 st	2 nd	1 st	2 nd
Junior	1 st	2 nd	1 st	2 nd	1 st	2 nd
Novice	1 st	2 nd	1 st	2 nd	1 st	2 nd
L7	1 st	2 nd	1 st	2 nd	1 st	2 nd
L6	1 st	2 nd	1 st	2 nd	1 st	2 nd
L5	1 st	2 nd	1 st	2 nd	1 st	2 nd

Funding will be sent to clubs after the event. The following restrictions apply to receiving funding:

- Funding will be based on the total amount available from GymBC. Clubs and coaches will be notified as soon as this information is known.
- Athletes who do not meet the minimum standards will not be eligible to receive any GymBC funding
 - Minimum standards: Attendance at 2 cups, Elite Canada, and BC Championships.
- Hard costs include, but are not limited to; registration, GymCan surcharges, accommodation and meals, ground transportation, additional support staff or judges. Transportation costs will NOT be included in the funding allocation and will be the responsibility of each athlete.

For additional information refer to the Gymnastics Canadian Pathways document and the GymBC [Travel Policy](#).

2.4.3 Performance (Excellence) Funding – Canadian Championships – **NEW method**

In recognition of excellence, four (4) grants will be awarded to the top performing TG athletes from BC based on that season's Canadian Championships results. **This funding allocation is designed to recognize athletes who have achieved top results at Canadian Championships.** All funds will be distributed to the respective athlete's club based on the following criteria:

- A total of \$2,000 in funding will be distributed with each discipline – Trampoline (TR), Double Mini Trampoline (DMT), Tumbling (TU), and Trampoline Synchro (TR-S) – receiving one award.

- All eligible athlete will receive an equitable distribution of the Performance Funding based on the individual results as prioritized in the matrix below. Team competition will not be considered.
- Should multiple athletes from the same discipline have the same result (e.g., a female and male Senior gold medalist in TU), both athletes/teams will receive funding.
- If NO athlete meets the required standard in a discipline, funds will not be awarded, and may be allocated to athletes in the other discipline at the discretion of the TGTC.

Performance Funding Priority Matrix								
Priority	TR	Placement	DMT	Placement	TU	Placement	TR-S	Placement
1	Senior	1 st – 3 rd	Senior	1 st – 3 rd	Senior	1 st – 3 rd	Senior	1 st – 3 rd
2	Junior	1 st – 3 rd	Junior	1 st – 3 rd	Junior	1 st – 3 rd	Junior	1 st – 3 rd
3	Novice	1 st – 3 rd	Novice	1 st – 3 rd	Novice	1 st – 3 rd	Novice	1 st – 3 rd
4	L7	1 st – 3 rd	L7	1 st – 3 rd	L7	1 st – 3 rd	L6	1 st – 3 rd
5	L6	1 st – 2 nd	L6	1 st – 2 nd	L6	1 st – 2 nd		
6	L5	1 st	L5	1 st	L5	1 st		

2.4.4 Additional Funding for Athletes

2.4.4.1 International Competitions

Additional funding MAY be available to athletes for international GymCan assignments and national training camps. This funding MAY be available on a case-by-case basis. Any athlete wishing to apply for funding must submit their request (or have their coach submit their request) in writing to GymBC. An intent to participate should be submitted as soon as possible and must include the event name, dates and approximate costs. This must be followed by a confirmation of participation when it has been confirmed by GymCan. All receipts must be submitted to the GymBC TG Program Manager. If no receipts are provided, then no funding will be disbursed.

2.4.4.2 Western Canada Cup

Funding for the Western Canada Cup may be offered by GymBC. When offered it will adhere to one of the following schemes:

- Flat Funding – all Team BC athletes receive the same amount
- Self Funded – no funding is provided to those athletes attending when representing their personal club(s)

Funding will be reflected on the invoice sent to clubs after the event.

2.5 External Sport Credit Program for Students

The BC education system provides an opportunity for athletes who are elementary and high school-aged to earn credits toward their high school graduation depending on their depth of involvement in gymnastics. GymBC administers this program for the government.

Letters of *External Credit* achievement will be automatically generated from the GymBC office for the following team involvement achievements,

Grade 10 credits	Zone Team participants at BC Winter Games (AG Only)
Grade 11 credits	Team BC participants at Western Canada Cup
Grade 12 credits	Team BC participant at Canadian Championships Team BC participant at Canada Winter Games

Students can expect to receive a letter (or letters) for their accomplishment sometime between January and/or May of the year following the season of competition. Letters are sent **ONLY** for the first year of achievement. The athlete/student must bring a copy of the letter to their high school counsellor upon receipt.

Students who have achieved a certain level as a competitive athlete, coach, or judge may also be eligible for external sport credit. GymBC will send a letter to students who have achieved the standard and request a letter from the GymBC External Credits Coordinator.

For more information, please visit the [Government of BC](#) website.

3. Coaches

3.1 Minimum Certification

More information regarding the coaching certification requirements can be found [here](#).

3.2 Safe Sport Requirements

More information for the coaching safe sport requirements can be found [here](#).

3.3 Dress Code

Coaches and spotters **MUST** be dressed appropriately according to the GymBC and GymCan Guidelines;

Club or GymBC Events

(Provincial Cups, BC Championships, **Western Canada Cup** and/or Elite Canada)

- CLUB t-shirt / polo
- CLUB track jacket
- Pants/shorts of choice, no additional logos
- Appropriate indoor sports footwear (sneakers/runners – no flip flops)
- No hats, midriff tops ripped or torn clothing or similar

Team BC Events

(Canadian Championships)

- Team BC t-shirt/polo
- Team BC jacket
- Pants/shorts of choice, no additional logos
- No hats, shorts, midriff tops, ripped or torn clothing or similar

Team BC attire may ONLY be worn at Team BC events. Coaches dressed inappropriately will receive a warning from the Competition Head Judge, head of delegation, team manager, or host club. The coach will have 30 minutes to comply; if the situation is not corrected after 30 minutes, a penalty may be applied.

3.4 Behaviour

At all times, Coaches should abide by the [GymBC Code of Conduct](#) and the responsibilities and obligations outlined therein and;

During a competition:

- Attend the technical meeting and collaborate with the organizing committee, judges and other coaches – as required - for the warm up, for the march-in and for the award ceremonies.
- **Supervise, and remain with** their athletes as long as they are on the training or competition floor.

- Be able to perform required physical responsibilities safely and effectively; coaches are advised to refrain from spotting and physically assisting athletes when personal injury affects, or may affect, the coach's strength, mobility, or reaction time.
- Respect all participants. Show sportsmanship, personal and professional integrity.
- Abide at all times by FIG and GymCan rules, NCCP Code of Ethics and the GymBC Code of Ethics

Towards the officials, a coach should:

- Respect their work and try to promote good communication.
- Address the Competition Head Judge (CJP) of the event, if he/she has any questions about his/her athlete. In the case of a disagreement, the coach must remain calm and polite and address his/her concerns in a respectful manner.

3.5 Funding

3.5.1 Team BC Coaches

Funding for coaches is linked to their participation in mandatory activities. These mandatory activities are listed in each section below.

3.5.1.1 Canadian Championships

Mandatory Activity: Canadians Preparation Camp

Assistance for the Canadian Championships preparation camp, for selected team coaches, MAY be offered through the TG Technical Committee. It is mandatory for all selected Team BC coaches to attend the Canadians preparation camp. If for any reason a selected Team Coach is UNABLE to attend, a letter of explanation must be forwarded to the TGTC within 10 days prior to the preparation camp. Approval to be absent MUST be given by the TGTC Chair.

3.5.2 International Competitions & National Training Camps

Assistance MAY be available to coaches for international GymCan assignments and national training camps. **Consideration for** funding is on a case-by-case basis. Any coach wishing to apply for funding must submit their request in writing to GymBC. An intent to participate should be submitted as soon as possible and must include

the event name, dates, and approximate costs. This must be followed by a confirmation of participation when it has been confirmed by GymCan. All receipts must be submitted to the GymBC TG Program Manager. If no receipts are provided, then no funding will be disbursed. The further in advance that notice is given will result in a greater chance of receiving funding.

4. Competition Structure

4.1 Confirmation of Competitive Categories

All athletes must register with GymBC by the required deadline of the current competitive season. Athletes wishing to participate in any sanctioned GymBC competitive event must register in one of the following categories by the required deadline(s):

Provincial Level*: For athletes competing in Level 1, Level 2, Level 3 and Level 4

National Level*: For athlete competing in Novice, Junior and Senior; Level 5, Level 6, Level 7

The categories described below Figure 1.0 apply to all individual trampoline, double mini, tumbling and synchronized trampoline events.

At all BC Provincial Cups and BC Championships;

- The men and women compete separately UNLESS otherwise indicated on the official event registration form.

NOTE: CanJump Events

- Provincial Level 1 and Level 2 athletes are permitted to participate in a CanJump zone event as well as BC Provincial Cups.
- Athletes **MUST** be registered with GymBC as competitive athletes.

Figure 1.0: TG Competitive Categories

EVENTS	CATEGORY	DISCIPLINE	AGE REQUIREMENT	MOBILITY REQUIREMENTS / NOTES
NATIONAL/HIGH-PERFORMANCE STREAM	BC PROVINCIAL CUPS	Senior	TR / DMT / TU	17yrs Must meet SR mobility requirements in L6, JR or L7 to enter
			TR-S	17yrs One athlete in the pair must be TR-I SR. Open to JR and L7 if paired with a TR-I SR
		Level 7	All	17yrs Must meet L7 mobility requirements in L5 to enter. Move from L6 OR JR at age 17.
		Junior	All	13-16yrs Must meet JR mobility requirements in L6 to enter. If an athlete over the age of 13 does not meet Jr mobility requirements, they will be moved to L5
			All	13-16yrs Must meet L6 mobility requirements in L5 to enter.
		Level 6	TR / DMT / TU	11y (Rec. 13yrs) Must meet L6 mobility requirements in L5 to enter.
			TR-S	11y (Rec. 13yrs) One athlete in the pair must be TR-I L6, JR OR L7. Open to TR-I L5 if paired with a TR-I L6, JR OR L7. Senior TR-I athletes not eligible
		Novice	TR / DMT / TU	10-14yrs Must meet L5 mobility requirements in L4 to Enter.
			TR-S TR-S Open (Mixed)	10-14yrs Both athletes must meet L5 mobility requirements in TR-I to enter. Open to TR-I L5 athletes only. Open (Mixed) Synchro – Level 5 rules Athletes may participate in only 1 of Female, Male OR Mixed. Please note that athletes must compete in the Female or Male category to be named to a SYN National team or to be named to an International Assignment
		Level 5	All	15+ Must meet L5 mobility requirements in L4 to Enter.
		Level 4	All	8yrs May only move to L5 if mobility requirements are met in L4
		Level 3	All	8yrs
PROVINCIAL STREAM	Interclub Zone Events	Level 2	All	8yrs L1 and L2: Can participate in Interclub Zone events AND BC Provincial Cups. Evaluation: Levels program rules. Awards allowed Evaluators at Zone Events: 1 or 2 judges
		Level 1	All	8yrs
	Interclub Zone Events	CanJump Level 8-12	All	6yrs CanJump (interclub): Zone events only (OR in-club evaluations)
		CanJump Level 4-7	All	6yrs Zone Events are open to Interclub Artistic and Trampoline
		CanJump Level 1-3	All	6yrs Evaluation: CanJump Program. Awards allowed Evaluators: 1 judge or coach
	Interclub Zone Events	CanJump Level 8-12	All	6yrs CanJump (interclub): Zone events only (OR in-club evaluations)
		CanJump Level 4-7	All	6yrs Zone Events are open to Interclub Artistic and Trampoline
		CanJump Level 1-3	All	6yrs Evaluation: CanJump Program. Awards allowed Evaluators: 1 judge or coach

4.2 Age Splits

***Age restrictions, recommended age splits and requirements are in place for all levels. Age splits should remain consistent through the competitive season, unless presented with unforeseen circumstances.**

MAX: 25 athletes in a level category – if a level has more than 25 athletes in the same gender, it will trigger an age split. Age splits in Level 1 should create evenly distributed groups without creating Age Split that is less than 3 athletes. Suggested age splits can be found below:

	AGE SPLITS FOR 2026		
	TRA	DMT	TUM
Level 1 women	9U / 10-11 / 12+	9U / 10-11 / 12+	11U / 12+
Level 1 men	NONE	NONE	NONE
Level 2 women	12U / 13+	12U / 13+	NONE
Level 2 men	NONE	NONE	NONE
Level 3 women	14U / 15+	NONE	NONE
Level 3 men	NONE	NONE	NONE
Level 4 women	NONE	NONE	NONE
Level 4 men	NONE	NONE	NONE
Level 5	NONE	NONE	NONE
Junior	NONE	NONE	NONE
Level 6	NONE	NONE	NONE
Level 7	NONE	N/A	N/A
Senior	NONE	NONE	NONE
	** No Age Splits on Synchronized Trampoline		

4.3 Development Program - CanJump

Athletes registered as recreational (Gymnastics for All), interclub and/or CanJump must upgrade to the competitive levels in order to take part in any GymBC sanctioned provincial cup and/or BC Championships.

Please check the Gymnastics for All Program Manager for additional information.

CanJump is a development Trampoline Gymnastics program designed for athletes aged six year and older. This program includes a 12-level achievement system for trampoline, double mini and tumbling. It also contains progressions for fundamental skills (four levels), physical preparation (12 levels) and evaluation/progress sheets.

CanJump Levels 1 to 12

The assessment tools built into the CanJump program will be used to expand the trampoline program activities by providing competition opportunities to CanJump participants of all levels. Clubs will be able to host Interclub Trampoline competitions to complete CanJump evaluations.

These Interclub competitions serve many purposes, including but not limited to:

- providing valuable competition experience to young trampoline participants
- providing a fun competition experience for artistic participants who would like to get assessed on trampoline
- providing opportunities for less experienced coaches to access ongoing and apt coach education, and to share safe training strategies. This will in turn help mitigate the risk of trampoline activities.

Interclub competitions are meant to be in-club hosted activities (no need to rent a facility), and include more than one club. More information regarding the coaching certification requirements can be found [here](#).

NOTE: **GymBC mandates** the use of the CanJump program in all GBC members clubs. All participants using trampoline devices (whether they are registered as artistic or trampoline) will be required to follow the CanJump program.

4.4 Program Objectives

4.4.1 TG Disciplines

The pathway consists of four disciplines:

- Individual Trampoline (TR-I)
- Double Mini Trampoline (DMT)
- Tumbling (TU)
- Synchronized Trampoline (TR-S)

4.4.2 TG Canadian Pathway - Provincial Level Program

The TG Canadian Pathways Provincial Program is under the jurisdiction of GymCan.

There are four competitive categories for individual trampoline, double mini and tumbling and synchronized trampoline:

- Level 1, Level 2, Level 3, Level 4, Level 5

- Age restrictions, recommended age splits and requirements are in place for all levels as outlined in Figure 1.0 TG Canadian Pathways – National/HP Program

The TG Canadian Pathways National Program is under the jurisdiction of GymCan and the International Gymnastics Federation (FIG).

There are three competitive categories for individual trampoline, double mini, tumbling, and synchronized trampoline:

- Novice – ages 10-14
- Junior – ages 13-16
- Senior – ages 17 and over
- Level 6 – ages 11 and over
- Level 7 – ages 17 and over

Age restrictions, recommended age splits and requirements are in place for all events and levels as outlined in Figure 1.0.

Full details for the GymCan Canadian Pathways competition structure can be found [here](#).

4.4.3 Age Groups

The determining age for an age group competition or category is December 31st of the year in which the competition is held. Athletes may not compete in an age category younger than their age group.

Novice: In order to meet the GymCan definition of Novice, athletes must be a maximum of 13 years of age in the year of the competition. Athletes cannot have participated in any Junior event at any FIG international competition

Junior: In order to meet the FIG definition of Junior, athletes must be a minimum of 13 years and a maximum of 16 years of age in the year of the competition. Athletes cannot have participated in any senior event at any FIG international competition.

Senior: In order to meet the FIG definition of Senior, athletes must be a minimum of 17 years of age in the year of the competition. Athletes must meet the senior mobility requirements in L-6 (Espoir), Junior or L-7(open) to enter.

4.4.4 Confirmation of Competitive Categories

Each competitor may enter one individual competition level per discipline at any sanctioned GymBC competition. Initial placement of an athlete into a competitive level in any discipline and advancement of an athlete from level to level shall be the decision of the coach and athlete. Once an athlete has competed in a level in any particular discipline, he/she may not compete at a lower level in that discipline.

All athletes listed on the official competition entry form must be properly registered as a competitive athlete with GymBC prior to the competition deadline. Fines for unregistered athletes will be levied against the related club. Unregistered athletes will not be allowed to compete until all fines have been paid and the athlete is properly registered as competitive athletes with GymBC.

For all BC Provincial Cups, failure to register athletes in the correct category and/or age group will result in the athlete being ineligible for qualification.

4.4.5 Mobility

Once an athlete has competed in a level in any particular discipline, that athlete may not compete at a lower level in that discipline. Petitions due to extenuating circumstances must be presented to the TGTC prior to the registration deadline of the first BC Provincial Cup.

Additional information regarding athlete mobility and GymCan event eligibility can be found in the GymCan Canadian Pathways document [here](#).

4.4.6 GymCan National Teams

4.4.6.1 General Eligibility

Athletes competing in the Novice, Junior, L7, or Senior category will appear on the ranking list. Only athletes on the National Team Ranking List are eligible:

Individual TR and Synchro	Individual DMT and TU
- to be named to the Senior, Junior and Development National Teams - to participate as a Canadian Team Member in FIG World Cups, World Championships or other FIG sanctioned events	- to be named to the Senior, Junior and Development National Teams. - to participate as a Canadian Team Member in FIG World Cups, World Championships or other FIG sanctioned events.

- | | |
|---|--|
| <ul style="list-style-type: none"> to be nominated for Sport Canada Athlete Assistance Program Carding for individual trampoline only. | |
|---|--|

GymCan officially names the current year's National Team in January of each competitive year.

Exceptions may be granted for athletes fulfilling all requirements coming from a lower category and for competitions involving team events. In some exceptional cases, athletes who are not a member of the National Team may be invited to participate at World Cups or any other international events by the National Team Director (NTD)/Program Manager (PM) and National Team Advisors (NTA).

4.4.6.2 National Team Size

Discipline	Senior		Development Team (17-21y)		Junior	
	Women	Men	Women	Men	Women	Men
IND. TR, DMT, TU	8	8	4	4	4	4

5. Provincial Events

5.1 Sanctioning

GymBC member clubs who wish to host a GymBC sanctioned competitive event must complete and submit a [Sanctioned Event Application Form](#) to GymBC by the required deadline.

Only complete applications, with payment included, will be considered. Applications made by email with no form and/or insufficient payment will not be processed.

5.2 Equipment Rental

Gymnastics BC member clubs may rent the GymBC / Spieth America equipment for their club competitions. Gymnastics BC does not rent equipment to non-members.

If you would like to rent GymBC equipment for your event, please submit an [Gymnastics BC Equipment Rental Agreement](#) to GymBC with your Sanctioned Event Application. A \$1,500 deposit is required with all equipment rental applications.

Equipment rentals for **Sanctioned GymBC TG Events** may include: Judging Laptops, Scoring Chromebooks, Tablets, Display monitors, Internet routers, etc. Please contact tg@gymbc.org with any questions regarding technology equipment rentals

5.3 General Competition Guidelines

5.3.1 BC Provincial Cups & BC Championships

The TG BC Hosting handbook is under review for 2026. GymBC encourages all competition hosts to review the [GymCan Competition rules](#) and the following documents:

- GymCan [TG Canadian Pathways](#)
- FIG TRA Code of Points 2025-2028 (Valid through Dec 31, 2028)
- Appendix to Codes of Points (COP)
- Technical Regulations 2025 - Section 1 – General Regulations
- Technical Regulations 2025 - Section 4 – Special Regulations for Trampoline Gymnastics
- FIG Apparatus Norms - Section 2.4 Trampoline Gymnastics
- FIG General Judges' Rules - Cycle 2025-2028 (Valid through Dec 31, 2028)
- FIG TRA Specific Judges Rules 2025-2028 (Valid through Dec 31, 2025)

Please refer to the [FIG website](#) for up-to-date document.

5.3.1.1 Eligibility and Categories

All athletes registered in the following categories are eligible to compete in the events marked in the table below.

Category	Level		BC Cups	BC Champs
Individual Provincial Level –	L1		✓	✓
	L2		✓	✓
	L3		✓	✓
	L4		✓	✓
Individual National Level –	Novice	L5	✓	✓
	Junior	L6	✓	✓
	Senior	L7	✓	✓

Synchro Provincial Level	L1			✓
	L2			✓
	L3			✓
	L4			✓
Synchro National Level	Novice	L5		
	Junior	L6	✓	✓
	Senior	L7	✓	✓

Athletes must attend a minimum of one (1) Provincial cup AND Provincial Championships in the current competitive season to be eligible for Team BC selection to the Western Canada Cup and Canadian Championships.

5.3.1.2 Virtual Competition

In 2026, coaches are permitted to petition for virtual competition, in the event that their athlete cannot attend a Provincial Cup. The addition of virtual competition petition has been permitted for 2026, exclusively, due to the absence of a 3rd Provincial Cup. The final deadline to petition for virtual competition is **March 2nd, 2026**. Petitions will not be accepted for BC Championships, 2026.

Upon submitting a petition to the GymBC TG Program Manager tg@gymbc.org the petition will be reviewed promptly by the technical committee and voted on, anonymously by all voting members.

If approved, the club/athlete will be required to pay the competition registration fee, for the competition they are replacing, virtually.

5.3.1.3 Schedule

A schedule will be drawn up by the LOC, with the guidance of December 2025 approved TGTC Schedule Template. To View this template, please contact tg@gymbc.org

5.3.1.4 Awards

Level		BC Cups	BC Champs
Individual Events	Provincial L1-L4	1 st – 10 th	1 st – 10 th
	L5, Novice-Senior	1 st – 6 th	1 st – 6 th

5.3.1.5 Athletes Unable to Attend BC Championships

HP athletes unable to attend BC Championships must present a request for exemption to the TGTC no less than 14 days prior to BC Championships. Reasonable exemptions may include athletes assigned by GymCan for an

international assignment. Athletes who are approved for exemption must make themselves available to compete or demonstrate at one of the other trial competitions in that season or fulfill another obligation such as a special appearance on behalf of GymBC at special event, etc. The TGTC may grant exceptions in some years due to competition schedules and locations.

5.3.1.6 All Around Awards – BC Championships

The All Around Awards will be awarded to an athlete who competes in trampoline, double mini and tumbling. The preliminary scores from trampoline, double mini and tumbling will be added together. An athlete will only be eligible in the category of their highest level of competition. For example: an athlete who is competing in National trampoline, level 3 double mini and level 4 tumbling is only eligible for the All-Around National level category.

Synchro Events	Provincial L1-L4	-	1 st – 10 th
	L5, Novice -Senior	-	1 st – 6 th
All Around	Provincial L1-L4	-	1 st – 6 th
	L5, Novice-Senior	-	1 st – 6 th

* Medals are awarded for 1st – 3rd place and ribbons for 4th place and lower.

5.3.1.7 Team Final Awards

Team Event – medals (max 4 people per team)

Team Trampoline: 1st – 3rd place

Team Double Mini: 1st – 3rd place

Team Tumbling: 1st – 3rd place

Team All Around: 1st place (keeper plaque only)

6. Team BC

6.1 Definition of a Team BC Event

Team BC events will include any competition where GymBC assists financially or coordinates team travel or identifies a team that will represent BC. It includes competitions such as:

- Canadian Championships (CC)

- Western Canada Cup (WCC)
- Canada Winter Games (CWG)
- Any other meets where GymBC assists financially or coordinates team travel or identifies a team which will represent BC

NOTE: Team BC is not to be confused with the BC Games Society Team BC which is used only for Canada Games and is its own entity separate from GymBC.

6.2 Athlete Selection

For full details of Team BC athlete and coach eligibility and selection to the Western Canada Cup and Canadian Championships, please refer to the [Team BC Selection](#) handbook.

6.2.1 Eligibility

For all events, the following requirements must be met:

- Athletes must fulfill the athlete eligibility requirements outlined in the [Athlete Eligibility Policy](#).
- Athletes must be registered in good standing with GymBC.
- Athletes must register with the host organizing committee of the trial's competition within the set deadline and in the appropriate category. It is the club's responsibility to register the athletes in the correct category.
- Athletes must have met the GymCan mobility requirements to enter the category in order to be eligible to compete at Canadian Championships.
- Level 4 athletes will be eligible to represent Team BC as outlined in the GymCan Pathways.

6.2.2 Injuries

Upon selection for Team BC, and in the event of an injury, members must immediately notify GymBC in writing of any injury which has one of the following effects;

- Prevents the athlete from performing routines/passes for more than five (5) consecutive training days
- Prevents the athlete from performing routines/passes within seven (7) days prior to the departure for the competition
- Requires them to wear a cast

The TGTC may request that the athlete verify routines prior to leaving for the competition. The athlete will need to demonstrate that they can perform routines/passes with comparable difficult and execution for the routines/passes they performed to earn a position on the team. The TGTC may remove the athlete from the team if the athlete is not able to perform routines/passes to that level.

If a club fails to report an injury, the club may be required to pay all costs associated with the athlete's competition, including their portion of the expenses for coaches and team managers.

6.2.3 Western Canada Cup – Club Attendance

6.2.3.1 Athlete Eligibility

Athletes wishing to attend the Western Canada Cup as CLUB athletes must:

- Be registered and in good standing with GymBC
- Provincial Level 2-5
- Compete at a minimum of one (1) BC Provincial Cup OR BC Championships
- Meet the TGTC minimum qualifying standard ONCE per discipline
- Must be registered with the host organizing committee within the set deadline
- Club athletes who have met the minimum qualifying standards once will be eligible to compete in all provincial levels events for which they would normally compete

The TGTC will review the minimum qualifying standards each year to consider adjustments where/when needed. The standards to be eligible to represent their own club will be published prior to the upcoming season.

6.2.3.2 Categories

Trampoline	Provincial Level 1 (12+), 2, 3, 4, 5
Double Mini	Provincial Level 1 (12+), 2, 3, 4, 5
Tumbling	Provincial Level 1 (12+), 2, 3, 4, 5
Synchro	Provincial Level 1 (12+), 2, 3, 4, 5

6.2.3.3 All Around Awards

Provincial Level 2 are NOT eligible for the Western Canada Cup All Around.

To be eligible for the All-Around Award athletes must compete in Level 3 and/or Level 4, Level 5 in trampoline, double mini and tumbling.

6.2.3.4 Team Final

Club athletes are not eligible to compete in the Team Finals. This event is open to the four (4) provincial teams ONLY.

6.2.4 Western Canada Cup – TEAM BC – UNDER REVIEW

For complete details on Team BC eligibility, please refer to the [Team BC Selection Guide](#).

The BC contingent to the Western Canada Cup (WCC) shall consist of two (2) Team BC Coaches, twelve (12) athletes (four from each discipline) and one (1) Team Chaperon/Coordinator. The required number of judges will be selected based on the requirements as determined by the Westerns Canada Cup Committee (WCCC) in conjunction with GymBC and the TGTC Judging Chair.

6.2.4.1 Athlete Eligibility

Athletes wishing to attend the Western Canada Cup as Team BC athletes must:

- Be registered and in good standing with GymBC
- Provincial Level 1, 2, 3, 4, and/or 5

The TGTC will review the Team BC qualifying standards each year to consider adjustments where/when needed. The standards to be eligible to represent Team BC will be published prior to the upcoming competition season.

6.2.4.2 Categories:

Trampoline	Provincial Level 3, 4, 5
Double Mini	Provincial Level 3, 4, 5
Tumbling	Provincial Level 3, 4, 5
Synchro	Provincial Level 3, 4 **

**All synchronized teams shall be registered by and compete for their individual clubs. Club competition attire is required. **

6.2.4.3 All Around Awards

To be eligible for the All-Around Award athletes must compete in Level 3 and/or Level 4 in trampoline, double mini and tumbling.

6.2.4.4 Team Final

The event Team Final will be comprised of the four (4) Provincial teams only.

6.2.5 Team BC Coach

Prior to the selection meeting, clubs will be asked to name eligible coaches who wish to be considered as Team BC coaches to the Western Canada Cup.

Coaches of Trampoline and Double Mini must be fully certified at a Minimum of NCCP 2 Trampoline. Tumbling coaches may be fully certified NCCP Level 2 Artistic or Trampoline.

The combined certification of the two coaches selected must provide the capabilities to coach all three disciplines. For example;

- First selected coach is certified TR/DMT
- Second selected coach must be certified to also coach TU

6.2.6 Support Staff & Judges

Support Staff

- One (1) Team Chaperon/Coordinator

Judges

Please refer to the **Western Canada Cup Policy and Procedures Manual** for full details.

- All provinces must provide qualified judges for the competition. The number of judges required is 23 plus 1 qualified local judge to be available in case a replacement is needed. This will be adjusted if extra panels are required.
- The minimum qualification to be able to judge at WCC is P3.
- The Judging Chairperson of the Host Province will inform the other Provincial Judging Chairs of how many judges they are required to bring. This will be based on the number of athletes attending in the prior 2 years.
- The list of the above judges, and their qualifications, must be submitted by the Judging Chair of each province, as part of the entry forms.

6.3 Team BC to Canadian Championships

For full details for Team BC athlete and coach eligibility and selection to the Canadian Championships, please refer to the [Team BC Selection handbook](#).

For full details on the organization of all participants to Canadian Championships, please refer to the [Team BC Handbook](#).

6.3.1 Athlete Eligibility

Athletes must attend a minimum of 1 Provincial Cup and/or Provincial Championships in the current competitive season to be eligible to attend Canadian Championships. Any petitions to attend Canadian Championships (medical petitions only) must be approved and submitted to GymCan by the PTO for **Novice** to Senior. All petitions for Junior and Senior National Team Members can be sent directly to GymCan.

Please refer to the GymCan Canadian Pathways document and the Canadian Competition regulations for the complete eligibility requirements.

6.3.2 Categories

Trampoline	Novice through Senior; L5-L7
Double Mini	Novice through Senior; L5-L7
Tumbling	Novice through Senior; L5-L7
Synchro	Novice through Senior; L5-L7

Team BC Coaches to Canadian Championships – **UNDER REVIEW**

Coaches will be selected according to the number of athletes from their clubs who have met the requirements to attend Canadian Championships by the end of BC Championships OR the last provincial cup. Clubs whose athletes MOBILIZE after BC Championships OR the last provincial will not be counted in their club's eligibility numbers.

By the BC Championships registration deadline, clubs will be asked to submit the coaches' names they would like to be eligible for selection as a team coach(s) for Canadian Championships. Only those coaches listed on the GymBC BC Championships registration form will be considered eligible.

Coaches listed on the registration form **MUST** be Level 3 certified, and the primary or secondary/assistant coach of the clubs' athletes as shown on the event entry form.

6.3.3 Support Staff – **UNDER REVIEW**

WHEN organized by GymBC

- One (1) manager
- Approx. 6 chaperones (or as determined by the TGTC in order to meet the Safe Sport requirements).

- Applications will be opened in January
- Consideration must be given for gender representation (i.e., Male and female chaperones)
- Applicants will be verified as per the TGTC selection policy
- Team BC Coaches as per the TG Canadian Championships selection policy
 - Selection of funded Team BC coaches will be completed NO later than one (1) week prior to the event registration deadline.

WHEN organized by each registered club

- One (1) Head of Delegation
 - Applications will be opened in January
 - Applicants will be verified as per the TGTC selection policy
- Team BC Coaches as per the Canadian Championships selection policy
 - Selection of funded Team BC coaches will be completed NO later than one (1) week prior to the event registration deadline.

6.3.4 Judges

All judges must be National or FIG ranked judges. Provinces are responsible for sending the minimum number of judges outlined in the official workplan or finding a replacement judge to act on their behalf.

6.3.5 Elite Canada

6.3.5.1 Eligibility

Athletes competing at Elite Canada are representing their club, not Team BC. Clubs are responsible for organizing, but not limited to, registration, travel, accommodations, meals and ground transportation.

6.3.5.2 Categories

Trampoline	Level 5 through Senior
Double Mini	Level 5 through Senior
Tumbling	Level 5 through Senior
Synchro	Level 5, Open/Mixed, Level 6, Senior

6.3.5.3 Judges

All judges must be National or FIG ranked judges. Provinces are responsible for sending the minimum number of judges outlined in the official workplan or finding a replacement judge to act on their behalf.

A judging cost share of ~\$50 will be charged to all athletes attending Elite Canada. This is to off-set the high costs of meeting the judging needs set out by GymCan.

GymBC will invoice each registration club directly, based on the number athletes that are registration on the official registration form on the registration deadline.

6.3.6 Canada Winter Games

The Canada Winter Games are a powerful, nation-building event that promotes unity, cultural understanding and diversity. The Games are held every two years, alternating between summer and winter. As part of the gymnastics events, trampoline will be competed as part of the winter program.

Please consult the [Canada Games Council's Technical Package](#), created in conjunction with GymCan.

The TGTC will determine and provide the selection process for Canada Winter Games no later than September of the Canada Games competitive season.

6.3.7 International Competitions

Please refer to the GymCan technical documents for the full selection process for events such as:

- Olympic Games
- World Championships
- World Age Group Competitions
- FIG World Cup series
- Pan American Championships / Pan Am Games
- World Games
- Junior Olympic Games
- Indo Pacific Championships

7. Judges

7.1 Judges Rules of Selection

7.1.1 Domestic Events

Domestic events are defined as, but not limited to:

EVENT	CERTIFICATION	FUNDING
Western Canada Cup	Provincial 3 or Higher	GymBC (Team BC)
Elite Canada	National or FIG	GymBC (GymCan selected FIG)
Canadian Championships	National or FIG	GymBC (GymCan selected FIG)

Please refer to the [TG Team BC Selection policy](#) for complete details

7.1.2 International Events

Judges' selection for international events are under the jurisdiction of GymCan and the National Judging Chairperson.

Trampoline judges must be available for all sessions meaning the same judge cannot be sent for both TRA and DMT or for DMT and TUM. In the event there are more judges wishing to attend than the required number(s), those FIG judges invited by GymCan will be given first priority.

It is expected that all judges spend time at the competition during warm-ups and training days.

International events are defined as, but not limited to:

- Olympic Games
- World Championships
- World Age Group Competitions
- FIG World Cup series
- Pan American Championships / Pan Am Games
- World Games
- Junior Olympic Games

- Indo Pacific Championships

Funding for these events will be confirmed by GymCan at the time of selection.

7.2 Judging Course Eligibility

Current or past competitive athletes must be a minimum of 15 years old during the year they take the Entry Level course.

All others interested in judging must be a minimum of 16 years old during the year they take the Entry Level course. The TGTC Judging Chairperson has jurisdiction to permit an individual under 15 years old to take the course.

All persons who register to take a course, must register with GymBC at the time of the course registration. All certified judges must be registered with GymBC prior to the event deadline for which they are scheduled to judge.

7.3 Judges Responsibilities & Rules of Conduct

All officials must recognize that a respect for the sport of gymnastics is necessary in order for young athletes to reach their potential. Officials embody the standards that the sport places on the athlete, so it is of the utmost importance that their knowledge and conduct are consistent with this self-disciplined and demanding sport. The code set forth herein and voluntarily subscribed to by officials in BC is a formal recognition of this common goal.

- Shall be a registered member in good standing with GymBC
- All judges must comply with the GymCan safe sport initiatives.
- Shall be thoroughly familiar with the rules and judging requirements appropriate to their certification level
- May NOT judge at events which are not sanctioned by GymBC
- Must be prepared with all necessary materials to perform their judging duties
- Shall not criticize or speak to coaches, team affiliates or parents on behalf of other officials' judgments or decisions
- Shall not judge the level/age category at which they are also a competing athlete
- Shall treat athletes, coaches, fellow judges, volunteers and spectators with respect and consideration at all times
- Shall be a cooperative member of their assigned panels

- Shall officiate in an unbiased manner
- Shall act professionally and demonstrate support of GymBC
- Shall maintain the highest standard of ethical conduct and personal professional integrity.
- Shall keep their judging knowledge current, through reasonable means, including clinics, videos and club visitations.
- Shall appear in standard uniform at the competition site, on time for the judges' meeting or 1 hour prior to the competition if a meeting is not scheduled. This rule also applies to spare or alternate judges at a meet.

7.4 Judging Certification Program

PROVINCIAL JUDGING PROGRAM					
At this level, there are five levels of certification for all events (TR-I, DMT, TU, TR-S) Minimum Age: 16yrs					
PROVINCIAL CERTIFICATION	PROV 5	PROV 4	PROV 3	PROV 2	PROV 1
	Judge in Training Prov Level athletes	Written, EX, DD Prov Level L1 - L4 May judge at BC events Only	Written, EX, DD, CJP Prov Level L1- L4 May judge at BC events and possibly WCC	Written, EX, DD, CJP Prov Level L1-L4 May judge at BC events and possibly WCC	Written, EX, DD, CJP Prov Level L1-L4 May judge at BC events and possibly WCC
Upgrade		2 years	2 years	2 years	2 years

NATIONAL JUDGING PROGRAM		
Please refer to the GymCan OFFICIALS FORMALITIES AND MANUAL		
Please contact the TG BC Judging Chair (bcjudgingchair@gmail.com) or the GymBC Coach and Judge Education Coordinator (coaching@gymbc.org) for additional information.		
	NATIONAL 3	NATIONAL 2
	Written, EX, DD, CJP	Written, EX, DD, CJP
		NATIONAL 1
		Written, EX, DD, CJP

7.5 Certification Course Information

COURSE INFORMATION	PROV TRAMPOLINE	PROV DMT	PROV TUM
	PROV TR (part 1)	PROV DMT	PROV Tumbling
Length of Course	5-hours	8-hours	8-hours
	PROV TR (part 2)		
Length of Course	8-hours OR FAST Track for former athletes, coaches or judges certified in other events		
GBC Membership**	Required	Required	Required
Course Fee	\$90 (+GST) \$60 (+GST) for FAST Track	\$60 (+GST)	\$60 (+GST)
Exam	Written, Execution and DD	Written, Execution and DD	Written, Execution and DD
Term	4 yrs.	4 yrs.	4 yrs.
	CJP (L3)	CJP (L3)	CJP (L3)
Length of Course	3.5 hrs.	3.5 hrs.	3 hrs.
Course Fee	\$30 (+GST)	\$30 (+GST)	\$30 (+GST)
	AUDIT	AUDIT	AUDIT
Length of Course			
Course Fee	\$25 (+GST)	\$25 (+GST)	\$25 (+GST)

- CJP Seminars will be held at the discretion of the Provincial Judging Chairperson. Each seminar is 3.5 hours.
- Fees may vary depending on the location and the Course Conductor's honorarium

NOTE: The trampoline course is split into two sessions. Part One will teach skill recognition, FIG Code and how to write a 10-skill routine in FIG Code. Upon completion of Part One, participants are expected to spend the necessary time in the gym practising. Part Two will teach rules and practising execution and difficulty. The test will be given at the conclusion of Part Two. Candidates must complete and pass both parts to become certified as a Provincial Trampoline judge.

	NATIONAL CERTIFICATION	FIG CERTIFICATION
Eligibility (Complete details can be Found in the GymCan Officials Formalities and Manual)	• Candidates who pass the P1-P2 courses and Judged at least 3 events following the successful completion of the courses • NAT Coach who is fully certified L-3 (TG) or Higher • Athlete(s) that have been named to the SR National Team	• NAT 1 Judge with experience judging at eight (8) NAT domestic events and who has Chaired a national panel at an accredited national event • the candidate is required to be recommended by the Judge Chairperson of Canada.

	• Previous NAT or Brevet Judge who lost Accreditation due to being inactive.	• The process may be fast tracked for a FIG 3 Brevet Coach, if they have previously passed the NAT course and examinations and is recommended by the Judge Chairperson of Canada.
Length of the Course	2-3 Days	4+ Days
Course Fees	Fee will be set by GymCan	Fee will be set by GymCan and FIG
Exam	Written, Execution & DD, video exams	Written, Execution & DD
Term	4-years (Based on the Olympic Cycle)	4-years (Based on the Olympic Cycle)

ADDITIONAL INFORMATION	
Gym Observation	All judges are expected to keep his/her judging knowledge current, through reasonable means, including clinics, videos and club visitations.

Honorarium	All judges will receive an honorarium prior to the completion of a competition, based on the judge's level of certification and number of assigned panels. Training facilitators will also receive an honorarium for the time allocated to this task. Refer to item 7.10 for additional details.
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Please contact the GymBC Coach and Judge Education Coordinator (coaching@gymbc.org) for additional information regarding course information.

**Please contact GymBC Membership Services Manager at membership@gymbc.org for additional information regarding the GymBC Membership fees.

7.6 Provincial Judging Courses and Requirements

Provincial Judging Courses and Requirements				
	Provincial 4	Provincial 3	Provincial 2	Provincial 1
Age	Minimum of 16 years on date of course			
Course	Beginner Judging Course		Chair and Advanced Judging Course	
Written Exams	1 - Common Rules & Discipline Specific		1 - Chair Exam	
Video Exams	Execution (L1 to L5)	DD (L1 to L5)	1 - Chair Exam 2 - Execution (L6 to Senior) 3 - DD (L6 to Senior)	1 - National Readiness Exam (only to be taken if candidate wants to take the national exam).
Practical Exams	Shadow Execution	Shadow DD	CJP Mentor	
Exam Passing Marks	Written Exams: 80% Video Exams: 60% Execution, 90% DD Practical Exams: 80% Execution, 95%DD *Execution must be passed. If DD OR Practical Exam is failed, candidate can re-write. If Execution is failed or more than 1 part of the exams, they will need to redo the course. A candidate is only eligible to take the judging course twice (this is retroactive).			
	Provincial 4	Provincial 3	Provincial 2	Provincial 1
Judging Roles at Provincial Competitions	Ex - *Provincial Levels 1&2 HD & TOF - All Levels *Recommended	Ex - Provincial Levels DD - Provincial Levels HD & TOF - All Levels	Ex - L1 to L6 DD - L1 to L6 HD & TOF - All Levels Chair - Provincial Levels	Ex - All Levels DD - All Levels HD & TOF - All Levels Chair - All Levels
Requirments to Upgrade	From P4 to P3: Min 40 P4 Judging Hours Successfully Pass DD Exam	From P3 to P2: Min 40 P3 Judging Hours Min 2 years as a certified Provincial Judge	From P2 to P1: Min 30 hours P2 Judging Hours	From P1 to National: Min 60hours P1 Judging Hours Min 5 years as a certified Provincial Judge
Maintenance Requirements	All judges are required to attend a maintenance clinci annually / as per GymCAN or province request. After being inactive for 2 years a judge will no longer be considered certified, and will be required to register for a beginners course. In order to remain active a judge must judge a minimum of 20 hours over a two year cycle season at Provincial Cups / Championships.			
Fast Track	- Eligible Candidates are current or past National Senior Team Members that have competed within the 2021-2024 or current Cycle. - Candidates must first complete the Beginner Judging Course and complete a minimum of 40 hours of judging (20 hours as P4 and 20 hours as P3), before applying to challenge the P2/P1 exams. They may only challenge the exam once (if they are not successful they must meet all requirements to regular requirement). With a successful passing of P2/P1 exam they will move to the P2 level.			

7.7 Recruitment & Development

It is the responsibility of GymBC member clubs running TG competitive programs to take an active role in the development and recruitment of entry level judges and to work with them to successfully become a judge. When a course is offered in a club's region, clubs are strongly encouraged to send participants.

Clubs should encourage both coaches and age-eligible athletes to become judges.

Provincial judging courses, in general, will be held in the late summer/early fall. National judging courses will be scheduled by GymCan.

7.7.1 Requesting A Course

Clubs wishing to request and/or host a course may contact the TG Provincial Judging Chair, a minimum of two months prior to the desired date. Clubs may also contact the GymBC Coach and Judge Development Lead at coaching@gymbc.org.

7.7.2 Course Registration & Payment

Course registration and payments will be managed and monitored by the GymBC Coach and Judge Development Lead.

Information regarding all scheduled courses will be circulated to the member clubs as well as posted to the GymBC website. Online registration and full payment must be received at the time of registration.

The minimum number of participants is six (6). Courses may be cancelled if the minimum number of participants has not been met. A smaller number may be allowed with approval from the Provincial Judging Chairperson and the course conductor.

7.7.3 Course Refund Policy

Refunds will be managed and monitored by the GymBC Coach and Judge Development Lead.

Please refer to the complete GymBC refund policy [here](#) for complete details

- Notification of withdrawal from a course or clinic must be submitted in writing via email by the course/clinic registration deadline. For example; if the registration deadline is midnight on Friday (one week prior to the event), all withdrawal requests must be submitted by the registration deadline (Friday at midnight) to receive a refund. All refunds are subject to a \$10 administrative fee.
- Refund request submitted between the registration deadline and the course/clinic start date will be eligible for a 50% registration fee refund.

7.8 Unsuccessful Results

A participant who is unsuccessful, may retry the unsuccessful portion of the exam a maximum of two (2) times.

Judges are permitted to complete an exam rewrite no longer than three (3) months after the previous attempt (either three (3) months after the original course or three (3) months after the first rewrite attempt) without taking the complete course.

In such cases where a judge is still unsuccessful, the candidate will be required to complete the full course again. If the candidate is unsuccessful in two parts of the exam in a discipline, the full course must be retaken.

7.9 Entry Level Judges

Following the completion of an entry level course, all successful participants may be asked to shadow judge. No honorarium will be paid for times allocated to shadow judging.

7.10 Judges Attire

All judges must be dressed in appropriate attire:

Men: a navy blazer or jacket, navy pants, white shirt and tie

Women: a navy blazer or jacket, navy skirt or pants, white blouse

The Chair of the Judges panel reserves the right to refuse participation of any judge who fails to comply with the above dress code standards. This may in turn, affect the club's ability to meet the judging ratio requirements.

7.11 Non-Resident Judges

Only FIG Certified judges, who are not Canadian citizens, be will recognized. All other judges will be required to attend courses to become certified to the standards set by GymCan.

7.12 Judges Honorarium & Fines

Rates apply to all registered judges officiating at GymBC sanctioned events including; BC Provincial Cups and BC Championships.

All judges shall receive an honorarium at the completion of the event. It is the Provincial Judging Chairperson's responsibility to provide the LOC with the number of hours completed at each event.

The honorarium pay scale is as follows:

JUDGES EXPERIENCE / LEVEL	2025-26 HOURLY RATE
P3/P4	\$17.85
P1/P2	\$18.25
National 2/3	\$22.30
National 1	\$23.30
FIG	\$27.40
Meet outside of BC ONLY (ALL judges)	\$100/day

The LOC will appoint a person to calculate the honorarium and distribute payments. If a judge has departed early, then the honorarium should be given to a coach or representative of the judge's club.

Judges must be paid either in cash, by cheque or by e-transfer at the end of each meet.

Meals

The LOC must provide a hospitality room for official who are assigned to competition sessions (blocks) which occur directly before and/or after a mealtime (e.g., 7:00-8:30 am, 12:00-1:00 pm, 5:00-6:30 pm). Judges should be notified what the meal plan will be.

If a hospitality room is not provided, a per diem must be given as follows:

Breakfast	\$12
Lunch	\$13
Dinner	\$25
Daily Rate	\$50

In 2026, fines for clubs NOT providing a judge will be waived. This policy applies to in province clubs, AND out of province clubs. If an out-of province club does not provide a judge, it is the responsibility of the Provincial Judging Chair to provide the appropriate coverage.

7.13 Transportation, Accommodation

Transportation & Accommodation are provided by the LOC/Host Club, for each judge, for all GymBC provincial competitions.

7.14 FIG & National Judges Ranking System & Points Allocation

Points will be awarded based on the following level of certification and the type of event for which a judge has participated.

CERTIFICATION	POINTS AWARDED
FIG	5
Nat 1	3
Nat 2	1
Nat 3	1
ASSIGNED ACTIVITY	POINTS AWARDED
International event	2
Domestic event (ie WCC, Elite, CC, BC Cup BC Champs)	1

The chart below is intended as an example only of how judges may gain ranking points which will provide the basis for selection to the Western Canada Cup, Elite Canada and Canadian Championships.

LEVEL OF CERTIFICATION		ASSIGNED EVENTS															
	TR	DMT	TU	WC	WAG	INDO	PAC RIM	PAN AM	World Games	WCC	EC	CC	BC 1 st Cup	BC 2 nd Cup	BC 3 rd Cup	BC Champs	Total
Judge A	5	5	5	2	2	2	2		2		1	1	1	1		1	30
Judge B		5	5	2	2	2	2			1	1	1	1			1	23

Judge C		3	3		2	2				1	1	1	1			1	15
Judge D			3			2				1	1	1	1	1		1	11
Judge E	1	1	1							1	1	1	1	1		1	9

8. Course Conductors – Judges

8.1 Eligibility

- FIG judge who has attend the Intercontinental course in the current cycle for at least one (1) TG discipline
- Current FIG judge in the discipline of the course given
- Previous experience as a Course Conductor of a Provincial Judge course

NOTE: If it is not possible to fulfill the first criterion (attending the Intercontinental course), a request can be submitted to the Judging Chairperson of Canada for a judge that is a current FIG 3 or higher in the appropriate discipline.

8.2 Responsibilities

The Course Conductor shall be responsible for the following:

- Contacting the host to ensure that the facility is adequate and all transportation and accommodation needs have been arranged (if required)
- Accessing and distributing all course related materials which include;
 - circulating rules to all registered participants prior to the course
 - course manual
 - judging video
 - written test forms
 - GBC expense form
- Return all course related materials to the Provincial Judging Chairperson within 14 days of the completion of the course. This includes:
 - Unused course manuals
 - Judging videos
 - Course payments
 - Written tests

NOTE: if the Course Conductor lives greater than 40km from GymBC, then GymBC is responsible for the delivery of all required materials.

8.3 Host Facilities

The GymBC Coach and Judge Coordinator, in conjunction with the course conductor, will be responsible for securing a suitable facility in order to host the course.

Host facilities must meet the following requirement to be approved:

- A suitable venue, classroom style, in which to host the course
- Adequate tables and chairs
- Provide a large TV
- Demonstrators (if required)

8.4 Accommodations & Meals

GymBC will provide accommodations and meals for course conductors who must travel more than 40km.

A meal per diem will be provided as follows:

Breakfast	Max \$12
Lunch	Max \$13
Dinner	Max \$25
Daily Rate	Max \$50

8.5 Transportation

GymBC will assist those course conductors who live greater than 40km from the host venue with the most cost/time effective mode of transportation.

Mileage will be reimbursed at a rate of \$0.55/km to those course conductors who utilize their own vehicles.

8.6 Honorarium & Expenses

The course conductor must complete the following in order to be reimbursed any expenses including the conductor honorarium;

- Return all course material to the Provincial Judging Chairperson
- Submit the GymBC expense form; including all receipts for any unexpected expenses. GBC does not guarantee reimbursement for items that have not been pre-approved by the Provincial Judging Chairperson.

COURSE	LENGTH OF COURSE	MANUAL COST	HONORARIUM	REGISTRATION (Min / Max)	PARTICIPANT COURSE FEE
Prov Trampoline (Pt 1 & 2)	13 hrs	Included	\$455 (\$35/hr)	6 / open	\$90 (+GST & GBC registration)
Double Mini	8 hrs	Included	\$280 (\$35/hr)	6 / open	\$60 (+GST)
Tumbling	8 hrs	Included	\$240 (\$35/hr)	6 / open	\$60 (+GST)

- CJP Seminars will be held at the discretion of the Provincial Judging Chairperson. Each seminar is 3.5 hours.
- Fees may vary depending on the location and the Course Conductor's honorarium.

8.7 Duties & Responsibilities

It is the responsibility of the course conductor to promote and represent the GymBC/GymCan philosophies. Course conductors found violating or misrepresenting the GBC policies and/or philosophies will be suspended immediately. Reinstatement of any suspensions will be the responsibility of GBC in conjunction with the TG Provincial Judging Chairperson and the TG committee.

8.8 Course Cancellations

The course conductor must notify the TG Provincial Judging Chairperson if unable to perform his/her duties. The course conductor must contact participants to advise of a cancellation and/or rescheduling.