



Women's Artistic Gymnastics Operations Manual

Last update: February 26, 2025

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1. Generalities

This document is to be read in conjunction with the following documents,

- Gymnastics BC [Complaint Management Handbook](#)
- Gymnastics BC [Coaching Education Operations Manual](#)
- Gymnastics BC [Registration Handbook](#)
- Gymnastics BC [Team BC Handbook](#)
- Gymnastics BC [WAG Qualification Criteria](#)
- Gymnastics Canada [WAG Technical Regulations](#)

1.1 Program Objectives

Board Policy

The Gymnastics BC (GymBC) Women's Artistic Gymnastics (WAG) Program's goals and objectives are to,

- a) Coordinate and supervise technical aspects of the provincial, national, and international gymnastics events where GymBC participates.
- b) Determine technical rules and procedures as they are applied in the Province of BC, in respect with Gymnastics Canada (GymCan) and FIG rules.
- c) Organize competitions, clinics, training camps, and seminars to aid in the development of our athletes, coaches, and officials.

1.2 Screening Policy

Board Policy

A comprehensive screening policy is in place. The full policy and summary chart can be found [here](#).

Additionally, individuals who are not actively competing, coaching, judging, volunteering, medical personnel and/or events organizers may not be on the field of play. This includes friends and family.

1.3 WAG Technical Committee

Board Policy

The WAG Technical Committee (WTC) is composed of up to nine (9) voting members and up to two (2) non-voting members. No more than two (2) voting members can be from any one (1) club.

- Chairperson; is also a member of the GymBC Board of Directors (2 year term, even years)
- Vice Chair (1 year term)
- Provincial Judging Chair (2 year term, uneven years, at the Annual Judges' Meeting)
- Athlete Representative (1 year term)
- HP Representative (1 year term)
- CCP Representative (1 year term)
- Xcel Representative (1 year term)
- Two (2) Members-at-Large (1 year term)
- GymBC Women's Program Manager (non-voting)
- GymBC Provincial Performance Advisor (non-voting)

Please see the GymBC [Technical Committee\(s\) Framework and Terms of Reference](#) document for additional details.

1.4 Technical Assembly

Board Policy

The GymBC WAG Program Technical Assembly will provide the WAG community with information regarding upcoming events/projects, report on the past year and hold elections for the WTC.

The WAG Judging Committee may hold an Annual Judges' Meeting, for all WAG judges, to provide this group with the necessary information for upcoming events, report on the past year and elect the Judging Chairperson every two years (uneven years).

1.5 Integrated Performance System (IPS)

3rd Party

Gymnastics has been identified by viaSport and by the Canadian Sport Institute Pacific (CSI-P) as a *targeted sport*; this means gymnastics is a sport in which there is a strong potential for BC athletes to be named to National Teams. GymBC

programs benefit from funding used to improve programming that benefits all national-level athletes, in addition to providing specialized services to the list of targeted athletes and targeted coaches.

The list of targeted athletes is determined following Canadian Championships. GymCan may, from time to time, identify NT members at different time of the year. These athletes will be added to the BC targeted list once identified by GymCan. The list is in effect from September 1 to August 31.

The targeted athlete list selection criteria can be found by selecting Gymnastics BC [here](#) on the CSI-P website.

1.6 Awards

WTC Rule

GymBC hosts an annual event to recognize many community members, usually in the fall. The available award list and criteria is published each year prior to June 1.

Recipients are selected based on their achievements through the event year starting after Canadian Championships and ending with Canadian Championships. GymBC staff compiles a list of draft recipients and presents it to the WTC for ratification.

Further information regarding GymBC Awards can be found [here](#).

2. Athletes

2.1 Amateur Status

Board Policy

All athletes competing in a GymBC sanctioned event must abide by the regulations of GymBC, GymCan, FIG, and the International Olympic Committee governing amateur status.

2.2 GymBC Membership

Board Policy

An athlete must be registered in the appropriate category and be in good standing to participate in GymBC sanctioned events. It is each club's responsibility to ensure that their athletes are registered in the correct levels and categories by the set deadlines as determined by the GymBC staff.

Interclub categories fall under "Gymnastics for All".

2.3 Competition Attire

WTC Rule

In all WAG Competitions in BC, gymnasts will in general principle follow the FIG Code of Points regulations in section 2.3.2 related to attire/appearance. The following are modifications and reminders related to those regulations:

- a) Non-transparent bodysuit with or without sleeves (see FIG Code of Points section 2.3.2 for specifics about the bodysuit);
- b) Undergarments may not be intentionally visible and break the line of the bodysuit, clear straps are permitted;
- c) Optional leg coverings are allowed at all BC competitions at all levels. They must be form-fitting. They may be plain black (minimal manufacturer's logo is permitted) or match the competition bodysuit. They must cover the bodysuit and can be of any length that does not go past the ankles. The leg coverings are optional and not part of the club or team uniform;
- d) Hair should be secured away from the face so as not to obscure vision of the apparatus;

- e) Handguards, body bandages, and wrist wraps are permitted; they must be securely fastened, in good repair and should not detract from the aesthetics of the performance. Tape, bandages and braces can be of any colour, except in the HP program where they must be beige or skin-coloured (this is different outside BC);
- f) They must refrain from wearing hip or other padding; Padding can be considered as a protector such as sponge on hips and ankles and is not allowed. Wristbands worn on the ankles to protect the heels are acceptable if not too large.
- g) Elastic waistbands traditionally worn as training aids are incorrect attire.
- h) No jewelry, except medical or religious bracelets and/or stud earring(s). Athletes may wear any number of stud earrings in any part of their ears. Facial piercings do not have to be removed in BC only. Stud type facial jewelry may be left in place and hoop and/or dangly type jewelry must be covered with tape or bandage.
- i) Members of a team must wear identical uniforms for team competitions.

Attire exemption requests must be sent to the WTC for consideration. Exemptions are not automatically granted.

2.4 Funding

WTC Rule Based on Board Approved Budget

2.4.1 Athlete Assistance Program (AAP)

Athletes who meet the requirements below may receive AAP funding. AAP funding is processed in the fall.

2.4.1.1 Requirements

To qualify for the Athlete Assistance Program, the athlete must,

- a) be in good standing with GymBC;
- b) be registered to compete in the current competitive year;
- c) fill out and return the completed AAP application form;
- d) attend the preceding BC Championships in one of the following ways:
 - a. compete
 - b. judge
 - c. coach
 - d. take part in a demonstration with full or partial routines
 - e. volunteer

- e) be properly attired in club or Team BC uniform as per GymBC and GymCan regulations at provincial and interprovincial events;
- f) have competed and ranked at the preceding Canadian Championships, Western Canadian Championships, and/or Canada Games; and
- g) agree to support and participate in all initiatives of GymBC programming (e.g., attend Technical Committee designated camps, attempt to qualify for appropriate Team BC events, etc.).
- h) If eligible, complete the CAC SafeSport module;
- i) Complete True Sport 101.

Athletes accepting AAP funding agree to abide by the Team BC Code of Conduct or otherwise be subject to funding repercussions. Injured athletes at the time of BC Championships must still participate in some capacity to be eligible for AAP funding.

2.4.1.2 Appeal Process

In the event an athlete wishes to dispute the AAP selection process they may ask, in writing, the Technical Committee to review their decision.

2.4.1.3 Absentee Requests

All exemption requests must be submitted to the WTC 14 days prior to any BC Championships. Reasonable exemptions may include athletes assigned by GymCan for an international assignment or injury. Athletes who are approved for exemption must make themselves available to fulfill another obligation such as a special appearance on behalf of GymBC.

2.4.1.4 Grouping

The amount of funding available in a given year will determine which groups will receive funding. None of the groups are guaranteed funding and funding will be equal for all athletes in a given group. Generally speaking, the philosophy is to fund as many groups as possible, while maintaining tiered amounts.

HP Novice, Junior and Senior athletes are ranked according combined scores from Day 1 and Day 2 at Canadian Championships or Day 2 or 3 at Canada Games. Open athletes are ranked according to Day 1 at Canadian Championships and slotted into HP results depending on their birthyear (i.e. If an Open athlete born in 2005 scores a 15.1 on beam which would've won the SR category, they would be slotted into Group 1). Ties created because of this ranking are not broken. L9 and 10 athletes are ranked according to Day 2 at Canadian Championships or Day 2 or 3 at Canada

Games. Medical petitions for Canadian Championships and/or Canada Games will not be accepted.

- Group 1:** Senior HP AA 1-12 or apparatus medalist
Junior HP AA 1-6 or apparatus medalist
Novice HP AA 1-3 or apparatus medalist
AA 1-3 or Apparatus medalist at Canada Games
- Group 2:** Senior HP AA 13-18 or apparatus 4-8
Junior HP AA 7-12 or apparatus 4-8
Novice HP AA 4-8 or apparatus 4-8
L9 (both are groups) AA 1-3 or apparatus medalist
L10 (both age groups) AA 1-3 or apparatus medalist
- Group 3:** Junior HP AA 13-18
Novice HP AA 9-12
L9 (both age groups) AA 4-6
L10 (both age groups) AA 4-6
~~Aspire Youth AA 1-3 at Westerns~~
- Group 4:** Senior HP AA 19-24
Junior HP AA 19-24
Novice HP AA 13-20
L9 (both age groups) AA 7-12 or apparatus 4-10
L10 (both age groups) AA 7-12 or apparatus 4-10
~~Aspire Youth apparatus medalist at Westerns~~
- Group 5:** All remaining HP & Open
L9 (both age groups) AA 13-20
L10 (both age groups) AA 13-20

2.4.2 Team BC Members

Funding for athletes is linked to their participation in mandatory activities.

2.4.2.1 Canadian Championships (CC) & Western Canadian Championships (WCC)

For Canadian Championships and Westerns, GymBC establishes its budget at the beginning of the season. GymBC will pay 100% of the cost for the staff (Chef, Managers and Chaperones) and judges. GymBC will provide a set amount of

funding for the Team/Assistant Coaches. GymBC will also pay for other expenses like van rental. The remainder of the GymBC budget will be split between the participating disciplines. There are three possible funding schemes for these events: all athletes are funded equally, or athletes' funding is tier based (the best athletes receive more funding), or athletes are self-funded. The preparation camp for the respective championship event is a mandatory activity to receive funding.

2.4.2.2 Team BC Members Living Outside the Lower Mainland

Athletes, coaches or mission staff living outside the Lower Mainland may be reimbursed, reasonable costs, if they need to travel for identified Team BC training camps or for the competition in which Team BC is competing at. It is the responsibility of the athlete's club and coaches to contact GymBC and make the necessary arrangements. All expenses must be approved by GymBC staff a minimum of 14 days before the activity.

2.4.2.3 Other Competition Funding (non-CC or WCC)

Financial assistance may be available to enable coaches, gymnasts and judges to attend an identified competition to gain valuable team competition experience above and beyond Westerns and Canadians Championships. This funding is not available in CWG years. The WTC will determine the event where Team BC will be competing.

If competition opportunities are not available in a given year, the WTC may opt to send selected athletes to identified training camps, based on results at BC Championships.

General rules:

- The WTC will determine the competition or camp the team will attend.
- The WTC will determine the selection process (for example, results at BC Championships).
- Athletes and Coaches will represent Team BC and will need to wear the Team BC bodysuit and tracksuits.
- Athletes and coaches will be registered by GymBC.
- Unless prior arrangements are made, the clubs will be in charge of booking flights and accommodation for coaches and athletes and applying for reimbursement if available.
- No chaperoning financial support is provided by GymBC.
- Gymnasts from different clubs may travel together or choose to meet at the event for competition/camp.

- All gymnasts are required to travel with a designated chaperone or team coaches.

2.4.3 Additional Funding

2.4.3.1 HP Development

High Performance athletes and their coaches can request funding from GymBC for non-funded / cost shared GymCan activities such as training camps, trials or international competitions. Athletes/coaches can apply for every eligible activity.

Individuals who request funding must completed the [application form](#) and submit their receipts by May 15th each year. It is the responsibility of the individual to provide correct and complete information, not WTC to collect it. Payments / reimbursements will be processed by GymBC in June. Athletes/coaches must be in good standing with GymBC to be eligible.

Amounts reimbursed will be based on the list of priorities below. Priority #1 will be paid out completely before consideration is given to priority #2, and so on. If there are not enough funds remaining to pay the maximum amount, each individual in that priority group will be reduced by the same amount.

HP Development Funding Priorities:

Priority #1	International Competitions (outside Canada). These are international assignments where athletes have been invited by GymCan to represent Canada on a self-funded basis: 50% of flight and accommodation to a maximum of \$800.
Priority #2	International Assignment Preparation Camps (outside BC). Not funded or partially funded by GymCan: 50% of flight and accommodation (not already met under Priority #1) to a maximum of \$500.
Priority #3	GymCan National Training Camps (outside BC, including Hopefuls Camps, excluding Aspire Camps) not funded or partially funded by GymCan: 50% of flight and accommodation, to a maximum of \$300.
Priority #4	International competitions (inside or outside Canada). These are international competitions where athletes have been approved by GymCan or GymBC and will represent Team BC or their club: Up to 50% of flight and accommodation to a maximum of \$500.
Priority #5	Elite Canada - remaining money - if any - is divided equally between athletes who competed at Elite Canada, are named to the HP stream and remain in the HP stream for the remainder of the season. Athletes who are named to HP stream through petition only are not eligible for funding for this priority.

Priority #6	Registration fees (outside BC) – remaining money – if any (in years when Elite Canada is hosted in BC) – is used to reimburse camp and/or competition registration fees provided that athletes were invited to participate by GymCan.
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2.4.3.2 Aspire Camps

This funding may be available for Aspire and CCP coaches and athletes who attend GymCan camps. Applications will be considered by the WTC on a case-by-case basis. Priority will go to CSI-targeted athletes, camps outside BC, as well as by level and rank if necessary. Individuals who request funding must complete the [application form](#) and submit their receipts by May 15 each year. It is the responsibility of the individual to provide correct and complete information, not WTC to collect it. Payments / reimbursements will be processed by GymBC in June.

2.4.3.3 Excellence Funding

A total of three (3) grants of \$500 (\$250 to the coach, \$250 to the athlete) will be awarded to the top BC athletes at the Canadian Championships. The grant money will be sent to the club and is to be split 50/50 between the athlete and their personal coach(es). If less than three (3) athletes meet the required (listed) standard, the money is not awarded to any other athlete. Ties are not broken. Excellence Funding is processed in June.

Open athletes are ranked according to Day 1 at Canadian Championships and slotted into HP results depending on their birthyear (i.e. If an Open athlete born in 2005 scores a 15.1 on beam which would've won the SR category, they would be slotted into Priority 22). Ties created because of this ranking are also not broken.

Priority	Category	Rank	Priority	Category	Rank
1	HP Senior	1AA	21	HP Junior	6AA
2	HP Senior	2AA	22	HP Senior	1AF
3	HP Senior	3AA	23	HP Senior	2AF
4	HP Junior	1AA	24	HP Senior	3AF
5	HP Junior	2AA	25	HP Junior	1AF
6	HP Junior	3AA	26	HP Junior	2AF
7	HP Novice	1AA	27	HP Junior	3AF
8	HP Novice	2AA	28	HP Novice	4AA
9	HP Novice	3AA	29	HP Novice	5AA
10	L10 (both age groups)	1AA	30	HP Novice	6AA
11	L10 (both age groups)	2AA	31	HP Novice	1AF
12	L10 (both age groups)	3AA	32	HP Novice	2AF

13	L9 (both age groups)	1AA	33	HP Novice	3AF
14	L9 (both age groups)	2AA	34	L10 (both age groups)	1AF
15	L9 (both age groups)	3AA	35	L10 (both age groups)	2AF
16	HP Senior	4AA	36	L10 (both age groups)	3AF
17	HP Senior	5AA	37	L9 (both age groups)	1AF
18	HP Senior	6AA	38	L9 (both age groups)	2AF
19	HP Junior	4AA	39	L9 (both age groups)	3AF
20	HP Junior	5AA			

2.5 External Sport Credit Program for Students

3rd Party

The BC education system provides an opportunity for athletes who are elementary and high school-aged to earn credits toward their high school graduation depending on their depth of involvement in gymnastics. Gymnastics BC administers this program for the government.

Letters of *External Credit* achievement will be automatically generated from the Gymnastics BC office for the following team involvement achievement.

Grade 10 Credits	• Zone Team participant at BC Games
Grade 11 Credits	• Team BC participant at Western Canadian Championships
Grade 12 Credits	• Team BC participant at Canadian Championships
	• Team BC participant at Canada Games

Students can expect to receive a letter (or letters) for their accomplishment in June of the season of competition. Letters are sent only for the first year of achievement. Be sure a copy of the letter is taken to your high school counsellor upon receipt. For more information on this program, please visit the [Government of BC](#) website.

Students who have achieved a certain level as a competitive coach, or judge may also be eligible for external sport credit. The coach or judge must meet the minimum criteria and provide proof of completion to GymBC. These credits will not be automatically generated. More information for coaches [here](#) and for judges [here](#).

3. Coaches

3.1 Generalities

Board Policy

The following is a brief summary, please refer to the GymBC Coaching Operations Manual for complete information.

To coach any gymnastics discipline, a person must:

- be registered with GymBC as a coach
- meet the GymBC Screening Policy:
 - complete the screening requirement (Police Record Check), as per BC Provincial Law. This is different than the current GymCan requirements
 - complete the “Respect in Sport” online program
 - complete the Making Ethical Decisions (MED) online program
- hold the minimal NCCP level required according to the athletes training under their supervision
- follow the GymBC and GymCan Code of Conducts

3.2 Dress Code

GymBC Operations

For safety reasons and in order to maintain a professional image, coaches are required to abide by the regulations for attire while on the competition floor during warm-up and competition:

- appropriate team/club uniform;
- t-shirt, polo shirt or training jacket; indoor sport footwear;
- no hats, sandals, slippers, shorts, crop tops, tank tops, jeans, ripped or torn clothing or similar.

Coaches dressed inappropriately will receive a warning from the Competition Head Judge. The coach will have 30 minutes to comply.

Attire exemption requests must be sent to the WTC for consideration. Exemptions are not automatically granted.

3.3 Coach Presence

WTC Rule

Clubs may not, under any circumstances, send their athletes to a GymBC sanctioned competition or training camp without an adequate number of coaches present. The number of coaches per club and session is highly dependent on the number and level of athletes from said club and the number of rotations the athletes are split into. If the club is unable to send a coach/enough coaches, arrangements must be made, in writing, with as much notice as possible with another club and the athletes' guardians.

3.4 Chartered Professional Coach

3rd Party

"The Coaching Association of Canada (CAC) grants the official designation of Chartered Professional Coach (ChPC) and the status of Registered Coach to professionals in the field of coaching in Canada. The CAC promotes the profession of coaching and the important role of coaches in the success and effectiveness of sport programs. The program also regulates coaching and protects the public interest by ensuring its coaches abide by the highest standard of professional and ethical conduct." More information on the program [here](#).

There is a yearly fee to be recognized as a Chartered Professional Coach. Coaches on the Targeted List may submit that expense by May 15th of each year by emailing the receipt to wag@gymbc.org. GymBC will reimburse an equal amount to all submitters. The reimbursement amount may vary from year to year, but will never exceed the amount paid by each individual.

4. Competitive Structure

4.1 Switching Categories

WTC Rule

All competitive levels must be confirmed with GymBC by March 1 of the current competitive season. An athlete may not change levels after this deadline for GymBC events or club invitational. All athletes will be allowed to change categories after BC Championships.

There are four exceptions to this rule,

- a) **Elite Canada:** if a gymnast competes at Elite Canada, and is not subsequently identified by GymCan on the High Performance List, they will be allowed to move to the CCP L9 or L10 category.
- b) **BC Winter Games:** athletes from lower levels may move up to L7 to fill zone teams for BCWG and revert back to their original level without petition.
- c) **Western Canadian Championships and Canadian Championships:** gymnasts who want to qualify for Westerns or Canadian Championships must be registered in the appropriate category by the first trial to WCC or CC (or March 1, whichever is first). Once an athlete has competed in a trial event, they are locked into that category up to and including BC Championships (or a final trial meet that may take place after BC Championships).
- d) **Xcel:** Xcel athletes may move upwards within the Xcel stream at anytime. Once an Xcel athlete has competed, they may move downwards ONE level within the Xcel stream. Should they wish to move downwards by 2 or more levels, they must petition to the WTC. Petitions are not necessarily granted and will be considered on a case-by-case basis.

4.1.1 Changing Categories

4.1.1.1 Upwards

Athletes should follow the normal progression going from lower level (CCP L3, for example) towards higher level categories (CCP L4, for example).

Prior to March 1 and after BC Championships, athletes may compete in any level, as long as their choice of category follows the normal progression from their previous year's category. For example, if an athlete was registered in L3 during the

previous season, they are not authorized to compete or register as a L2 during the following season; they must register and compete in at least the L3 category.

4.1.1.2 Downwards

Any athlete that wants to register in a category that would not follow the normal progression from year to year (downward) must submit a written request to the WTC with as much notice as possible. This also includes competitions after June 1. Requests are not automatically granted and are determined on a case-by-case basis.

4.1.1.3 Between Xcel & CCP

Xcel to CCP: Xcel athletes may move to the CCP stream at anytime during the competitive season (first to last GymBC sanctioned event) without restriction. Athletes moving after March 1 will not be eligible to attend BC Championships.

CCP to Xcel: CCP athletes may move to the Xcel stream at anytime during the season. This move is level restricted as follows:

- CCP 1-2 → Bronze+
- CCP 3 → Silver+
- CCP 4-5 → Gold+
- CCP 6-7 → Platinum+
- CCP 8+ → Diamond

Prior to March 1 and after BC Championships, athletes may simultaneously compete in the CCP and Xcel streams. This means that a gymnast could compete twice within the same competition provided they have paid the registration fee twice (i.e. Xcel Bronze and CCP2). However, athletes may not simultaneously compete in two different categories within the same stream. This rule does not apply to any other stream.

4.1.2 Age Groups

Athletes may not compete in an age category younger or older than their competitive age group. For trial events, failure to register an athlete in their correct category and/or age group will result in the athlete's disqualification from the trial event.

4.2 BC Provincial Structure

WTC Rule

BC Program	Canadian Program		High Performance	
Xcel Program	Canadian Competitive Program (CCP)		FIG & Canadian Models	
	Level 10 2010-2013 2009 & older	Optional	HP Senior 2009 and older	High Performance
	Level 9 2011-2014 2010 & older		HP Junior 2010-2011	
			HP Novice 2011-2014	
Diamond 2015 & older	Level 8 2017 & older	Optional	FIG National Open 2011 & older	Development Stream
Platinum 2015 & older	Level 7 2018 & older		Aspire Youth 2 (Advanced) 2013-2016	
	Level 6 2019 & older		Aspire Youth 1 (Entry) 2013-2016	
Gold 2018 & older	Level 5 2019 & older	Compulsory	Aspire GEM 2015-2018	
Silver 2018 & older	Level 4 2019 & older		L1-2 (all ages) + L3-5 (2019 & younger): must use Gold, Silver, Bronze awards system.	
Bronze 2018 & older	Level 3 2019 & older			
	Level 2 2020 & older			
	Level 1 2020 & older			

Xcel Program 2022-2026: The USAG “Black” binder can be purchased on the USA Gymnastics website (item 3105) at <http://usagym.sportgraphics.biz/>. Only the Gold, Silver, Bronze, Platinum and Diamond divisions are in place in BC. Details can be found in the [BC CCP Charts & Xcel Program](#).

Development Program Compulsory 2021-2029: The USAG “Green” binder can be purchased on the USA Gymnastics Website (item 9106) at <http://usagym.sportgraphics.biz/>. Details can be found in the [BC CCP Charts and Xcel Program](#).

Development Program Optional 2022-2026: The USAG “Navy” binder can be purchased on the USA Gymnastics Website (item 3117) at

<http://usagym.sportgraphics.biz/>. Details can be found in the [BC CCP Charts and Xcel Program](#).

Aspire Stream: The GymCan manual for Aspire is available [here](#).

High Performance (HP) + Canadian Competitive Program (CCP): The GymCan manual for HP and CCP is available [here](#).

4.2.1 Age Calculation

Age is calculated by the birth year subtracted from the year on January 1 of the competition season. Athletes born January 1 to December 31 of the same year are considered the same age.

4.3 Program Objectives

4.3.1 Canadian Competitive Program

GymCan Rule

The CCP is similar to the USAG Development Program (formerly JO) with a few differences/adjustments. The program allows for upward mobility through 10 levels based on the 10.0 scoring system. The first 5 levels consist of compulsory routines which emphasize the clean performance of basic elements with specific technical criteria. Levels 6 to 10 compete optional routines.

4.3.2 BC Xcel Program

WTC Rule

In BC, only the first 5 divisions of the program are used: Bronze, Silver, Gold, Platinum and Diamond. The program allows for athletes who are looking for a structured and ranked program without the level of difficulty or level of training commitment found in the CCP program. Xcel athletes compete optional routines based on the Xcel Code of Points.

4.3.3 Canadian Aspire Stream

GymCan Rule

The Canadian Aspire Stream has been established to assist in the development of young athletes as they prepare for higher level competition.

“Coach education is of utmost importance and was the foundation upon which we built. Execution and technique are at the forefront of athlete development and

therefore, they are the principles we have used to lay the foundation for the evaluation of skills, and routine construction.”

“We use the term ‘Aspire Stream’ program to encompass all programs outside of CCP that lead up to Junior/Senior HP. The ‘Aspire Stream’ will be the initial starting point for the HP Pathway and will consist of three programs which will be identified as GEM’s, GymCan Youth Program and Novice HP”

4.3.4 Canadian High Performance Program

GymCan Rule

The Canadian High Performance Stream (HP) is the preferred pathway for athletes aspiring towards National Team. It is the pathway that will lead a gymnast towards the pursuit of excellence and achievement of medals at the highest international level.

5. Provincial Events

5.1 Protests

WTC Rule

Protests are not allowed for any categories but coaches may inquire about the score. Audience/coach/personal videos may not be used as part of the inquiries.

5.2 Awards—Tie-Breaking

WTC Rule

There is no tie-breaking rule. If there is a tie, the following position is skipped. For example; if there are two athletes tied for second place, there will be no third place awarded. The next athlete in rank order will receive the fourth-place award.

5.3 BC Championships

WTC Rule

Two (2) separate BC Championships are held for Women's Artistic Gymnastics: Compulsory & Xcel BC Championships and Artistic Gymnastics BC Championships.

5.3.1 Eligibility

Athletes registered in the following categories are eligible to compete in the BC Championships or the GymBC Xcel Challenge:

Xcel B, S, G, P, D	Xcel BC Championships
Compulsory L1-5	Compulsory BC Championships
Optional L6-10	Artistic Gymnastics BC Championships
HP Nov-JR-SR + Open	Artistic Gymnastics BC Championships - Mandatory

Qualification standards, if any, are reviewed by the WTC on a yearly basis and published in the Qualification Criteria document on the GymBC WAG Program page [here](#).

5.3.2 Category Groupings

For Xcel and L1-8, following athlete registration, athletes will be grouped by category and birth year. Each competitive grouping will ideally be approximately 24

athletes. Groupings will not be changed once the official schedule for BC Championships is circulated.

For L9-10, athletes will be split according to the GymCan Technical Regulations, to keep intact the selection process to Canadian Championships.

5.3.3 Competition Order

GymBC is responsible for the schedule, draw and order of passage (OOP). In each rotation, the order drops one place unless all rotations have 8+ athletes, in which case the order will drop by 2.

5.3.4 Awards

5.3.4.1 All Awards

Category	Awards
L1-2	<ul style="list-style-type: none"> Team: Club awards (1-3) for each level. Min 3 athletes per club, all birth years combined. Top 3 scores on each apparatus to count. Medal AA for each individual, gold/silver/bronze ribbon per athlete per apparatus
Xcel L3-10	<ul style="list-style-type: none"> Team: Club awards (1-3) for each level. Min 3 athletes per club, all birth years combined. Top 3 scores on each apparatus to count. All-Around / Apparatus: by category and by competitive age groupings Medal 1-3, ribbon 4-10, plaque AA Champion
L7-10	<ul style="list-style-type: none"> Apparatus Finals: by category, all age groupings combined Medal 1-3, ribbon 4-8 (different than above)
HP & Open	<ul style="list-style-type: none"> No team awards AA competition / Apparatus Finals (JR & SR may be combined, up to the host): by category Medal 1-3, ribbon 4-10, plaque AA Champion (JR & SR may be combined, up to the host):

5.3.4.2 Restrictions

If there is only one competitor in any one (1) category, only an all-around award will be given. If there are two or more competitors, all awards will be given.

5.4 BC Games 3rd Party

BC Winter Games (BCWG; Games) are held every other year, in even-numbered years. Each zone must host Zone Trial before the set deadline. Zones must provide the Provincial Advisor and GymBC staff with their trial procedures by December 15, prior to the Games. It must include,

- the date of the selection meet;
- the tie-breaking procedures;
- the selection process (plus ranking of potential wildcards);
- the selection process for the team coaches and ranking of potential extra staff; and
- the zone's uniform (who is responsible, etc.).

It is each zone's responsibility to ensure a fair process for the selection of athletes and coaches. Each zone must hold trials to determine their team members. Please refer to the BC Games Technical Package.

6. Team BC

6.1 Athlete Selection

WTC Rule

6.1.1 Eligibility

For all trial events, the following requirements must be met:

- Athletes must fulfill the requirements for Team BC membership.
- Athletes must be registered and in good standing with GymBC.
- Athletes must register with the host organizing committee of the trial competition within the set deadline and in the appropriate category (completed forms including payment). It is the club's responsibility to register the athletes in the correct category. Any athlete registered in the wrong category will be excluded from any selection process.
- Please refer to GymBC's [eligibility policy](#).

6.1.2 Minimum Scores for Team Selection

Minimum scores ensure athletes who wish to travel as part of Team BC are able to achieve a specific standard of performance at the trial event used for qualification. Some years, the WTC may choose not to use a minimum score for team selection. Official minimum scores are determined prior to the first trial on a yearly basis. The WTC may review the standard and make appropriate adjustments during the competitive season.

Any athlete may request a review to the WTC for consideration. This review may or may not be heard. If they do not meet the minimum traveling score and/or the WTC denies the review, athletes may not attend the event, even at their own expense.

6.1.3 Order of Passage (OOP) for Trials

GymBC is responsible for the draw and the distribution of the OOP prior to each trial event. Clubs will be separated into a maximum of two rotations per level when athlete numbers do not allow for them to stay together in one rotation per level. The order drops by 1 except when all rotations have 8+ athletes, in which case the order will drop by 2.

6.1.4 Injuries

Team BC members (team, HP, wild cards, alternates) must immediately notify GymBC in writing of any condition which has one of the following effects,

- Prevents the athlete from performing routines within seven (7) days prior to the departure for the competition.
- Requires them to wear a cast.
- Prevents the athlete from performing the routines that allowed them to qualify at the required training camp or mock competition when applicable.
- Prior to departure, if an athlete is unable to perform on any apparatus for any reason, the WTC in consultation with the team coach(es) may opt to remove them and the next ranked athlete will become a team member if available and time permits.
- On site, if an athlete is unable to perform for any reason, and they can no longer contribute to the team, they may be
 - removed from the team
 - moved within the line-up as determined by the team coaches.

If a club fails to report any condition as per above, the club may be required to pay all costs associated with the athlete's competition, including their portion of the expenses for coaches and team managers.

6.1.5 Team Preparation Camps

Attendance at the team preparation camp is expected for all athletes, team coaches, judges and staff members attending the corresponding competition. Athletes and coaches who forego the preparation camps may become ineligible for Excellence funding, any 'additional' funding and travel reimbursement if out of lower mainland. Petition are allowed, but not always granted. The WTC will consider on a case by case basis.

6.1.6 Western Canadian Championships

For further information, please consult the Western Canadian Championships Policy Manual.

6.1.6.1 Eligibility

Any athlete wishing to be considered for a position on Team BC for Western Canadian Championships must compete in the identified trial competition, in the

appropriate category. Athletes must be in compliance with the GymBC Eligibility Policy.

6.1.6.2 Categories

- CCP L8 (2 age groups)
- CCP L9 (2 age groups)
- CCP L10 (2 age groups)

6.1.6.3 Selection Procedure

Each fall, the WTC will publish the WAG Qualification Criteria document. There are no petitions for Western Canadian Championships. For all details, please see the yearly [WAG Qualification Criteria](#) document.

6.1.6.4 Coach Numbers & Responsibilities

Please see the [Team BC Handbook](#) for more information on the role and responsibilities of the team coaches.

- All Team coaches, regardless of gender expression, are expected to chaperone and/or assist the support staff throughout the event with their respective teams (ex. during meals, bed time, transport, etc).
- All Team coaches are considered as 'funded'
 - L9: 2 Team coaches per team (1 Team Coach, 1 Assistant Coach).
 - L10: 2 Team coaches per team (1 Team Coach, 1 Assistant Coach).
 - L8: 2 Team coaches per team (1 Team Coach, 1 Assistant Coach).
 - ~~Aspire Youth: 1 Team coach per team~~
- Coaches may not hold more than 1 Team Coach position or 1 Assistant Coach position
- Funding will be to a maximum amount according to the funding available each year.
- Coaches will be selected in priority order of L10SR, L10JR, L9SR, L9JR, L8SR, L8JR, ~~Aspire~~.
- ALL coaches must consult with the PPA on any decisions affecting team competition.
- Independent coaches can travel on a self-funded basis.

6.1.6.5 Staff Selection & Responsibilities

Please see the [Team BC Handbook](#) for more information on the role and responsibilities of the chaperones and managers.

- Chaperones and managers must apply annually via application form
- All Staff members must meet the SafeSport requirements
- One (1) Manager and three (3) Chaperones, one of which must not have coach duties assigned
- WTC may extend an additional chaperone/driver in some years to support the teams sufficiently
- Priority will be given to coaches or staff before parent volunteers

6.1.7 Canadian Championships

For further information, please consult the GymCan [WAG Technical Regulations](#).

6.1.7.1 Categories

- L9 (2 age groups)
- L10 (2 age groups)
- National Open
- HP Novice
- HP JR
- HP SR

6.1.7.2 Selection Process

HP & Open athletes:

- Through their status, participation of HP and Open athletes at Canadian Championships is guaranteed.
- All HP and Open athletes must attend all Team BC activities (training camps) and room with the contingent unless exempted by WTC.
- HP and Open athletes (excluding National Team members) must wear the Team BC body suit for qualifications unless otherwise requested by GymCan.

CCP 9 and 10 athletes:

Each fall, the WTC will publish the WAG Qualification Criteria document. There are no petitions for Canadian Championships. For all details, please see the yearly [WAG Qualification Criteria](#) document.

6.1.7.3 Coach Numbers & Responsibilities

Please see the [Team BC Handbook](#) for more information on the role and responsibilities of the coaches.

- All coaches, regardless of gender expression, are expected to chaperone and/or assist the support staff throughout the event with their respective teams or individual athletes (ex. meal times, transportation, meetings, special events, etc)
- All Team coaches are considered as 'funded'
 - Levels 9 and 10: 2 coaches per team (1 Team Coach, 1 Assistant Coach).
 - HP and Open categories: One funded coach per club for up to 3 HP and/or Open athletes. A second coach may be funded if the club has 4-7 HP and/or Open athletes. A third and final coach may be funded if the club has 8 or more HP and/or Open athletes.
- Coaches may not hold more than 1 Team Coach position or 1 Assistant Coach position.
- Funding will be to a maximum amount according to the funding available each year.
- Coaches will be selected in priority order of L10SR, L10JR, L9SR, L9JR.
- ALL coaches must consult with the PPA on any decisions affecting team competition.
- Independent coaches can travel on a self-funded basis.

6.1.7.4 Staff Selection & Responsibilities

Please see the [Team BC Handbook](#) for more information on the role and responsibilities of the chaperones and managers.

- Chaperones and managers must apply annually via application form
- All Staff members must meet the SafeSport requirements
- Minimum of one (1) Manager and three (3) Chaperones, one of which must not have coaching duties are assigned to Canadian Championships. In the eventuality that the number of HP and Open athletes is 16 or more, a fourth (4th) chaperone may be selected.
- Priority will go to coaches or GymBC staff before parent volunteers

6.1.8 Elite Canada

Athletes competing at Elite Canada are representing their club, not their province. Clubs are responsible for registration, logistics, transportation and accommodations for their athletes and coaches.

6.1.9 Canada Games

Please consult the Canada Games Council's Technical Package, created in conjunction with GymCan.

GymBC and the Technical Committees will determine and provide the selection process for Canada Games no later than September of the Canada Games competitive season.

6.2 Coach Selection

WTC Rule

6.2.1 Points System

Coaches will be selected according to the points they earn for their club from their athletes' placement at the designated trial competition.

The following table shows the relationship between athlete placement and the number of points a club earns.

Athlete's Ranking	Points
1	15
2	12
3	10
4	7
5	5
6	3
7	1

Each club will be placed in ranked order based on its points. For example,

Club A	15 pts.	Ranked 1 st
Club B	12 pts.	Ranked 2 nd
Club C	10 pts.	Ranked 3 rd

- In case of a tie between two clubs, the club whose athlete(s) has the highest rank prevails.
- If the team composition changes, team coaches do not change, unless the team coach does not have any athletes remaining on the team. A coach cannot be a team coach if they do not have an athlete on the team.

- In the event that the team coach does not have any athletes remaining on the team, the team coaches will be re-assigned. All re-assignments will be based on points allocated at the time of the final ranking of athletes after the last trial. For example; if Club A no longer has athletes on the team, the next coach would be from Club B, even if the new team configuration gave more points to Club C.
- The club with the most points will name the primary coach and the club with the second most points will name the assistant coach.

In the event of an independent athlete being selected to a team, the athlete's points will not count toward the selection of coaches, nor will the subsequent positions be adjusted upwards in the ranking lists.

6.2.2 Individual Coaches

Individual coaches are those who have athletes on the team, but have not been named Team or Assistant Team Coach and wish to be accredited for the competition.

- Individual coaches are responsible for their own travel and accommodations unless otherwise arranged with GymBC.
- Individual coaches should attend all training camps and follow the guidelines set out by GymBC.
- Individual coaches must purchase a Team BC uniform. Sharing with another member who is at the same event is not permitted.
- Individual coaches must collaborate with Team BC staff (chef, managers, chaperones, and other coaches).
- Individual coaches must follow the GymBC Code of Conduct.
- Individual coaches are not permitted accreditation at Canada Games (as per the Canada Games Council's Technical Regulations).

7. Officials

7.1 Judges

WJC Rule

All judges must be registered with GymBC prior to being on the Field of Play as a judge or shadow judge. For all rules, procedures and recommendations for judges, please refer to the WAG Judges' Handbook [here](#).

7.2 Judging Assignments

WJC Rule

For all GymBC sanctioned events, judges' assignments (panels) are created by the Zone Judging Chair and/or the Provincial Panel Coordinator with the responsibility ultimately lying with the Women's Judging Committee (WJC). The Zone Judging Chair and/or the Provincial Panel Coordinator will liaise with the host club for any specific needs. However, the host club may not dictate panel assignments.

When enough judges are available, 2 judges per apparatus will be assigned to invitational competitions and 3-4 judges per apparatus will be assigned to trial competitions. The number of judges per apparatus must remain the same for all trials to the same event.

Host clubs are responsible for prompt payment of honorarium and expenses. E-transfer is the preferred method of payment.